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NSBEP#:R0455 CRHSP#: 06058

AREAS OF PRACTICE		
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Abuse: Emotional / Physical / Sexual	Caregiver Stress Conflict Resolution	Phobias / Fears /Panic Relationship Issues
Adoption Issues	Couple Therapy	Self Esteem
Anger Management	Depression	Separation / Divorce
Anxiety	Family of Origin Issues	Stress Management
Attachment Issues	Family Violence Issues	Workplace Issues:
Attentional Problems/ ADHD	Grief / Loss /Bereavement	Stress / Burnout /
Behaviour Problems	Habit Change	Harassment / Career
Blended / Step Family Issues	Parenting	Change
	Personal Growth / Wellness	

TREATMENT APPROACH	POPULATION
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Cognitive-Behavioural EMDR	Child 5-12 Adolescent 12-15 Adolescent 16-18 Young Adult 19-25 Adult 25. Aged ≥65 Family
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ASSESSMENT SERVICES	OTHER
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ADHD/Adult ADHD Behavioural / Emotional Personality	Psychoeducational PTSD
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Consultations Workshops
