

**Natasha Buchanan, M.A.S.P., Psychologist (Candidate Register)**

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AREAS OF PRACTICE	ASSESSMENT SERVICES
Assertiveness Issues Attentional Problems/ADHD Behaviour Problems Dealing with Disabilities: Developmental Learning	ADHD Adult ADHD Disabilities: Developmental / Learning Intelligence / Cognitive Psychoeducational

POPULATION	
Child 5-12	Young Adult 19-25
Adolescent 12-15	Adult >25
Adolescent 16-18	

OTHER
Consultations

PROFILE

Natasha completed her Master of Arts degree in School Psychology at Mount Saint Vincent University in 2011. Prior to working as a school psychologist, Natasha worked as both a remedial teacher and tutor for students with learning disabilities and/or behavioural difficulties. Before joining private practice, Natasha worked as a school psychologist within the public school system.

Natasha specializes in consultation, assessment, and intervention to assist individuals with learning difficulties. She offers comprehensive psychoeducational assessment services to children, youth, and adults to explore various concerns relating to learning, behaviour, and attention, and she generates learning plans based on individual strengths and areas of difficulty. Natasha also conducts therapy with children and youth to help foster positive learning experiences. Areas of focus often include school-based anxiety, school refusal, anger management, social skills, and bullying. Natasha's primary goal is to help individuals understand, further develop, and utilize their strengths and, ultimately, learn to their fullest potential.