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AREAS OF PRACTICE

Anger Management	Depression
Anxiety	Family of Origin Issues
Assertiveness Issues	Grief/Loss/Bereavement
Attentional Problems/ADHD	Parenting Issues
Behaviour Problems	Phobias / Fears
Blended / Step Family Issues	Self Esteem
Body Image Issues	Separation / Divorce
Dealing with Disabilities:	Stress Management
Learning	

TREATMENT APPROACH	POPULATION
Cognitive-Behavioural	Child <5 Child 5-12 Adolescent 12-15 Adolescent 16-18

ASSESSMENT SERVICES	OTHER
Behavioural / Emotional Disabilities: Learning	Intelligence /Cognitive Psychoeducational Consultations

PROFILE

Joanna has 18 years experience working with children, adolescents and young adults to assist them in coping with a wide range of emotional and behavioural concerns.