



Daniel Chorney, Ph.D., R. Psych.
Dr. Daniel Chorney & Associates
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 Office Hours: Monday - Friday, Evening Appointments Available
 NSBEP#: R0672

AREAS OF PRACTICE

Anxiety	Habit Change
Assertiveness /Social Skills	Obsessive-Compulsive
Attentional Problems / ADHD	Parenting Issues
Behaviour Problems	Personal Growth / Wellness
Dealing with Disabilities:	Phobias /Fears / Panic
Learning	Sleep Disorders /Problems
Depression /Loneliness	Stress Management
Grief / Loss / Bereavement	Workplace Stress

TREATMENT APPROACH

POPULATION

Cognitive-Behavioural	Child <5	Adolescent 16-18
Behavioural Therapy	Child 5 -12	Young Adult 19-25
Acceptance and Commitment Therapy	Adolescent 12-15	Adult >25

ASSESSMENT SERVICES

OTHER

ADHD Psychoeducational	Workshops
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PROFILE

Dr. Chorney is a Registered Psychologist who works with children, adolescents, and adults (up to age 55) using an evidence-based approach to both assessment and treatment. Evidence-based practice focuses on using a combination of the best available research and clinical expertise while also keeping in mind each person's unique context, history, and values.

Dr. Chorney has a particular interest in helping individuals across the lifespan overcome anxiety, depression, and insomnia. He has extensive training and clinical experience in the assessment and treatment of obsessive-compulsive disorder (OCD) in young children, adolescents, and adults. Dr. Chorney frequently provides public educational sessions and training workshops on child/adolescent anxiety, including school-refusal behaviors (helping families and schools support children who have stopped attending school for a number of reasons).

Other areas of practice include: childhood behavioral problems (age 10 and under), body-focused repetitive behaviors (trichotillomania), selective mutism, and sleep difficulties in children/adults (falling asleep, staying asleep, or waking early).

Dr. Daniel Chorney & Associates is made up of a number of registered psychologists, each focusing on evidence-based practice for a wide range of concerns. For more information regarding what services are offered and learn more about each of our practitioners, please visit our website at: www.chorneyandassociates.com