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AREAS OF PRACTICE

Anger Management	Challenges Processing	Stress Related Concerns
Anxiety	Information	Self Esteem
Assertiveness /Social Skills	Dealing with Disabilities	Workplace Issues:
Assessment & Consultation	Gambling Issues	Burnout / Career
Attentional Problems/ADHD	Gifted & Talented Children	Change / Career &
Autism Spectrum Disorder	Learning Disabilities	Transition Planning /
(selected aspects)	Mood	Employment Screening
Behaviour Problems	Phobias / Fears /Panic	

TREATMENT APPROACH	POPULATION
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Cognitive-Behavioural

Adolescent 12-15 & 16-19
 Children 6-12;
 Young Adults 20-35
 Services are provided to a wide range
 of individuals and groups, including
 those in Secondary & Post Secondary
 Programs, Policing, Military & Industry

ASSESSMENT SERVICES	OTHER
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Learning Disabilities	Gifted & Talented
ADHD	Intelligence / Cognitive
Autism Spectrum Disorder	Employment Screening for
(selected aspects)	Policing, Military, Fire Svcs &
Behavioural / Emotional	Post Secondary Programs
Career / Vocational	Personality
Disabilities: Developmental	Psychoeducational
	Problem Solving Strategies
	Consultations
	Workshops

PROFILE

Dr. French has been in practice for over 25 years. He completed his doctorate at the University of Alberta and has maintained regular continuing education to support an evidence based practice with a focus in work with adolescents, children and young adults.

His scope of practice includes helping persons in transition, particularly those entering careers and those in secondary and post secondary education. In particular, he works with persons with learning disabilities, selected aspects of Autism Spectrum Disorder, Attention Deficit Hyperactivity Disorder, as well as those whose challenges have led to difficulties coping with the educational and/or legal systems. His approach is primarily cognitive-behavioral and he believes in helping individuals improve their self advocacy, self monitoring and self regulating skills and strategies. Typically, he works with persons in the age range of 6 - 35 who are involved in aspects of career planning/ transition, education or post secondary education, and/or policing, the military or industry.