



Dr. Patricia A. Gerrior, R. Psych.
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Office Hours: Monday - Thursday, 4 pm - 6:30 pm or by arrangement
NSBEP#: R0246

AREAS OF PRACTICE

Abuse: Emotional / Physical Sexual Adoption issues Anger Management Anxiety Assertiveness / Social Skills Attachment Issues Attentional / ADHD Autism Spectrum Disorder	Behaviour Problems Blended/Step Family Issues Conflict Resolution Depression Eating Disorders Grief / Loss / Bereavement Obsessive-Compulsive Disorder Parenting Issues	Personal Growth / Wellness Phobias / Fears / Panic Relationship Issues Self Esteem Separation / Divorce Sleep Disorders / Problems Stress Management Trauma, PTSD
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ASSESSMENT SERVICES

Cognitive-Behavioural
Family Therapy
Play Therapy

POPULATION

Child <5
Child 5-12
Adolescent 13-15
Adolescent 16-19

ASSESSMENT SERVICES

Behavioural / Emotional/ Mental Health

PROFILE

Dr. Gerrior is a registered psychologist in the province of Nova Scotia. She has more than 20 years experience and training in mental health issues. She has worked extensively with children, adolescents and families in the areas of fears, anxiety, depression, behaviour, relationships, trauma, abuse and autism.

Her approach is primarily cognitive-behavioural, solution-focused and skills-based. She draws from an extensive knowledge of theory and skills to develop interventions that are both meaningful and practical.