

Dr. Shelley Goodwin, R. Psych.
Dr. Shelley L. Goodwin Psychological Services Inc.
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 Office Hours: Tuesday & Thurs, 8am - 8 pm
 (Other appointment options may be available depending upon time of year)
 NSBEP#: R0494

AREAS OF PRACTICE

<p>Abuse: Emotional/ Physical/ Sexual</p> <p>Addictions: Substance/ Alcohol</p> <p>Adoption Issues Anger Management Anxiety Assertiveness / Social Skills Attentional Problems/ADHD Autism/PPD Behaviour Problems Blended / Step Family Body Image Issues Caregiver Stress Conflict Resolution Couple Therapy</p>	<p>Dealing with Disabilities: Physical / Developmental / Learning</p> <p>Depression / Loneliness Eating Disorders / Obesity EMDR Therapy Family of Origin Issues Family Violence Gifted / Talented Children Grief / Loss / Bereavement Habit Change</p> <p>Health Issues: Acute/ Chronic/ Terminal/ Life Threatening</p> <p>Obsessive-Compulsive Parenting Issues Personal Growth / Wellness</p>	<p>Pain Management Phobias / Fears /Panic Relationship Issues</p> <p>Rehabilitation: Cognitive / Brain Injury Self Esteem Separation / Divorce/ Infidelity</p> <p>Sexual: Orientation / Dysfunction Sport Psychology Sleep Disorders / Issues Stress Management Trauma, PTSD</p> <p>Workplace Issues: Stress / Burnout / Career / Retirement / Bullying / Harassment</p>
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POPULATION

<p>Child <5 Child 5-12 Adolescent 13-15 Adolescent 16-18</p>	<p>Young Adult 19-25 Adult Aged ≥ 65 Family</p>
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PROFILE

To learn more about the services Shelley offers visit her website:

www.shelleygoodwin.com