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Office Hrs: Monday - Friday, 10 a.m. - 8 p.m. Saturday 10 a.m.- 2 p.m.
NSBEP: R0625

AREAS OF PRACTICE

Abuse: Emotional / Physical / Sexual Adoption Issues Anger Management Anxiety /Depression Attachment Issues Assertiveness / Social Skills Attentional Problems/ADHD Autism / Asperger's Behaviour Problems\ Blended /Step Family Issues Caregiver Stress	Dealing with Disabilities: Physical / Developmental Learning Developmental Pediatrics Diabetes /Obesity (psych. consequences) Family of Origin Issues Health Issues: Acute/Chronic Families of Immigrants & Newcomers Obsessive-Compulsive Parenting	Personality Disorders Rehabilitation: Cognitive (Soc-Emotional) Brain Injury (MVA/Stroke) Separation /Divorce Sleep Disorders (insomnia, apnea) Stress (Psychophysiology) Trauma, PTSD Workplace Issues: Stress / Burnout / Harassment / Career Change
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TREATMENT APPROACH	POPULATION	LANGUAGE
Cognitive-Behavioural	Child <5	Young Adult
Developmental	Child 5-12	Adult
Neuropsychological	Adol. 12-15	Aged ≥ 65
Psycho-Social	Adol. 16-18	Instit/Org
		Russian
		English

ASSESSMENT SERVICES	OTHER
ADD/ADHD (adults & children)	IME
Asperger's /Autism	MVA/ Brain Injury
Attachment	Memory
Behavioural / Emotional	Mental Health Status
Career /Vocational	Neuropsychological
Custody /Access	Pain / RTW
Disabilities:	Parental Capacity
Developmental / Learning	Personality
Dyslexia/ Aphasia	Psychoeducational
Gifted & Bilingual Children	PTSD / Trauma
Intelligence/Cognitive	School Readiness
	Consultations /2nd Opinion
	Workshops
	Referrals for Family Court

PROFILE

I am a developmental psychologist with over 20 years of professional experience. My areas of expertise include comprehensive assessments and treatment for clients with Intellectual and Learning Disabilities, Autism/Asperger's, and with Neuropsychological and Neurodevelopmental deficits as well. In therapy I utilize Cognitive-Behavioral and Developmental approaches. I accept referrals for court and litigation.