



**Dr. Crystal Lowe-Pearce, R. Psych.**  
**Dr. Crystal Lowe-Pearce & Associates**  
**Learning & Development Psychological Services**  
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**NSBEP#: R0649**

#### AREAS OF PRACTICE

Anger Management Anxiety Assertiveness / Social Skills Attentional Issues / ADHD Behaviour Problems: Emotional Regulation	<b>Dealing with Disabilities:</b> Physical / Developmental Learning Gifted / Talented Children Parenting Issues Self-Esteem
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TREATMENT APPROACH	POPULATION
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Developmental Behavioural Cognitive-Behavioural	Child 5-12 Adolescent 12-15 Adolescent 16-18 Young Adult 19-25 Adult >25
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ASSESSMENT SERVICES	OTHER
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ADHD Behavioural / Emotional <b>Disabilities:</b> Developmental / Learning	French Immersion Giftedness Intelligence / Cognitive Psychoeducational Consultations Workshops
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#### PROFILE

Dr. Crystal Lowe-Pearce is a registered psychologist specializing in assessment and intervention with children, adolescents, and young adults. Dr. Lowe-Pearce's graduate training in school psychology and clinical psychology provides her with a unique skill set when working with clients. Dr. Lowe-Pearce specializes in the assessment of Learning Disabilities, ADHD, and Intellectual Disabilities. Assessments have a developmental perspective and provide a comprehensive profile of strengths and weaknesses. Recommendations are provided to address identified areas of need.

Dr. Lowe-Pearce offers intervention in a number of areas including emotional | regulation, executive functioning, social skills, self-esteem, anxiety management, and functional daily living. She also offers behavioural intervention. Using a "coaching approach", Dr. Lowe-Pearce aims to help her clients develop practical strategies that they can apply to everyday life. Dr. Lowe-Pearce has a particular interest in working with children, adolescents, and young adults with developmental disabilities. She has extensive experience working together with families and other professionals to best coordinate client care.

For more information please visit: [www.crystallowepearce.ca](http://www.crystallowepearce.ca)