

Dr. Richard G. MacGillivray, R. Psych.
Genest MacGillivray Psychologists
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Office Hours: Monday - Thursday, 9:30 - 5 p.m.
NSBEP#: R0226 CRHSP#: 03960

AREAS OF PRACTICE

Abuse: Emotional / Physical / Sexual Addictions: Alcohol Anger Management Anxiety Assertiveness / Social Skills Behavioural Problems	Depression /Loneliness Family of Origin Issues Grief/Loss /Bereavement Habit Change Health Issues Obsessive-Compulsive Personality Disorders	Phobias / Fears/ Panic Self-Esteem Separation/ Divorce Sleep Disorders/Problems Stress Management Trauma, PTSD Workplace: Stress/Career
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TREATMENT APPROACH	POPULATION
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Cognitive-Behavioural Dialectical Behaviour Therapy Schema-Focused	Young Adult 19-25 Adult >25 Aged ≥ 65 Institutional /Org
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ASSESSMENT SERVICES	OTHER
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Behavioural / Emotional Career / Vocational Intelligence / Cognitive Legal	Pain: Chronic / Acute Personality PTSD	Consultations Workshops Referrals for Court or Litigation
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PROFILE

Dr. MacGillivray specializes in individual cognitive behavioral therapy, schema therapy and dialectical behavior therapy for adults with generalized anxiety, social anxiety, hypochondriasis, phobias, obsessive compulsive disorder, panic disorder, PTSD, depression, adjustment disorders and personality disorders.

Dr. MacGillivray provides adult psychological assessment services, including psycho-diagnostic and personality assessment, assessment of career and vocational aptitude and interest, and behavioral assessments directed at specific emotional or behavioral problems.

Dr. MacGillivray has experience with assessment and psychotherapy with members of the clergy, armed services and police forces. He has experience in expert testimony and has been qualified as an expert in PTSD by the Supreme Courts of Nova Scotia and New Brunswick.

Dr. MacGillivray is the former president of the Association of Psychologists of Nova Scotia and Chairman of the Nova Scotia Board of Examiners in Psychology. He is active in committee work for NSBEP and APNS and has recently taught a graduate course in professional ethics in the school psychology program at Mount Saint Vincent University. He is licensed to practice as a psychologist in the provinces of Nova Scotia and New Brunswick.