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**NSBEP#: R0582**



<b>AREAS OF PRACTICE</b>
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Adoption Issues	Depression / Loneliness	Phobias / Fears/ Panic
Anxiety	Family of Origin Issues	Relationship Issues
Attachment Issues	Family Violence	<b>Rehabilitation:</b> Cognitive /
Attentional Problems / ADHD	Fetal Alcohol Spectrum	Neuropsych / Brain Injury
Behaviour Problems	Disorder (FASD)	Sleep Disorders / Problems
Blended / Step Family	Gifted /Talented Children	Stress Management
<b>Dealing with Disabilities:</b>	Grief / Loss / Bereavement	
Physical / Developmental /	<b>Health issues:</b> Chronic	
Learning	Parenting Issues	

<b>TREATMENT APPROACH</b>	<b>POPULATION</b>
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Cognitive-Behavioural	Child <5	Young Adult 19-25
Solution-focussed	Child 5-12	Adult > 25
Emotion-focussed	Adolescent 13-15	Family
	Adolescent 16-18	

<b>ASSESSMENT SERVICES</b>	<b>OTHER</b>
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ADHD	Insurance	Consultations
ADHD Adult	Intelligence / Cognitive	Workshops in FAS & FASD
Behavioural / Emotional	Legal	Referrals for Court or
<b>Disabilities:</b> Physical /	Neuropsychological	Litigation
Developmental / Learning	Psychoeducational	

<b>PROFILE</b>
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I am a neuropsychologist in Halifax, Nova Scotia. I own and operate a private practice that specializes in the assessment and treatment of children, adolescents, adults, and families. Over the past 15 years I have worked in several major hospitals and community settings in British Columbia, Alberta, Ontario, and Nova Scotia. I am currently a staff neuropsychologist at the IWK Health Centre, a Clinical Associate at Dalhousie University, and on the executive committee of the Association of Psychologists of Nova Scotia (APNS).

As a neuropsychologist, I conduct comprehensive assessments in children and adults who have fetal alcohol spectrum disorder (**FASD**) or fetal alcohol syndrome (**FAS**), traumatic brain injury (**TBI**), attention deficit/ hyperactivity disorder (**ADHD**), and learning disabilities (e.g., dyslexia, school struggles). I also have extensive experience with medical conditions such as stroke, tumour, cerebral palsy, spina bifida, multiple sclerosis, neurofibromatosis, epilepsy, and more.

I routinely conduct independent medical evaluations (IME) and medical-legal assessments for insurance companies, legal professionals, employers, and the worker's compensation board (WCB).

I also provide evidence-based therapy services for those struggling with anxiety (e.g., fears, phobias, worry), depression, grief, behaviour problems, family conflict, and adjusting to changes (e.g., divorce, change of schools).