

Rachel Panton, M.A., R. Psych
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NSBEP#: R0834

AREAS OF PRACTICE

Attentional Problems / ADHD
 Behavioural Problems
Dealing with Disabilities: Learning
 Gifted / Talented Children
 Parenting Issues
Workplace: Coaching /Negotiation

TREATMENT APPROACH	POPULATION	OTHER
Developmental	Child 5-12	Consultations
Behavioural	Adolescent 13-15	
Cognitive-Behavioural	Adolescent 16-18	
	Young Adult 19-25	

ASSESSMENT SERVICES

ADHD	French Immersion
Adult ADHD	Intelligence / Cognitive
Disabilities: Learning	Psychoeducational

PROFILE

Rachel Panton is a Registered Psychologist who specializes in the comprehensive assessment of ADHD, Learning disabilities and their differential diagnoses. Rachel provides these services for school-aged children, adolescents and adults. Rachel graduated from the School Psychology program at Mount Saint Vincent University in 2005. Since that time, Rachel has been working as a Psychologist at the Colchester, East Hants ADHD Clinic in Truro and joined Erica Baker Psychological Services in Halifax in 2011. Within these environments, Rachel has gained extensive experience in the assessment and development of recommendations for complex cases of ADHD and Learning disabilities, as well as co-occurring behavioural and social-emotional challenges. Rachel works in close collaboration with pediatricians, family physicians, teachers and school administrators and strives to help individuals, families, and schools to best understand each individual's unique profile of strengths and needs and to support and advocate for families and individuals across settings.