



**Lori Parker, M.A., R. Psych.**  
**FPS Fenwick Psychological and Health Services Inc.**  
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**Office Hours: Monday - Thursday, Daytime & Evenings**  
**NSBEP#: R0387**

#### AREAS OF PRACTICE

Anger Management	Depression	Relationship Issues
Anxiety	Family of Origin Issues	Self Esteem
Assertiveness / Social Skills	Grief / Loss / Bereavement	Sleep Disorders/ Problems
Attentional Problems	Habit Change	Stress Management
Behaviour Problems	Infertility Counselling	<b>Workplace Issues:</b>
Conflict Resolution	Obsessive-Compulsive	Stress / Burnout /
<b>Dealing with Disabilities:</b>	Parenting Issues	Career / Retirement
Learning	Personal Growth / Wellness	Bullying/ Harassment
ADHD	Phobias/ Fears / Panic	

#### TREATMENT APPROACH

Cognitive-Behavioural  
Behavioural

#### POPULATION

Child <5  
Child 5-12  
Adolescent 12-15  
Adolescent 16-18  
Young Adult 19-25  
Adult >25  
Family

#### ASSESSMENT SERVICES

ADHD  
Adult ADHD  
Behavioural / Emotional

**Disabilities:** Learning  
Intelligence / Cognitive  
Psychoeducational

#### OTHER

Workshops

#### PROFILE

Ms. Parker completed her M.A. in Psychology in 1990. She provides services to children, adolescents, families and adults. Her areas of practice include: parenting, depression, anxiety, stress, anger management, and infertility counselling. As well, she conducts assessments to address learning, memory, attention and behavioural issues. Her treatment approach is primarily Cognitive-Behavioural. Ms. Parker offers services in English.

For more information please visit our website: [www.fenwickhealth.ca](http://www.fenwickhealth.ca)