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NSBEP#: R0382 CRHSP#: 05338

AREAS OF PRACTICE

Abuse: Emotional / Physical / Sexual Anxiety Body Image Issues Couple Therapy Depression Eating Disorders Grief / Loss / Bereavement	Habit Change Phobias / Fears/ Panic Relationship Issues Separation / Divorce Sexual: Orientation Dysfunction	Stress Management Workplace Issues: Stress / Burnout / Harassment / Career Change
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TREATMENT APPROACH	POPULATION
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Cognitive-Behavioural	Adolescent 16-18 Young Adult 19-25 Adult >25 Aged ≥ 65
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PROFILE

Nicola has been a clinical psychologist since 1991. Since 1997 she has provided individual and couple therapy in her private practice in Truro. In a comfortable, relaxed, informal atmosphere intervention is developed as a collaborative effort between client and psychologist. Non-professional interests include amateur theatre and gardening.