Dawson Wambolt, M.A., Psychologist (Candidate Register)
Fenwick Psychological and Health Services Inc.
Ste 314, 5595 Fenwick St, Halifax NS B3H 2T9
P: 902-421-7514 F: 902-421-1292
E: fenwick @ns.sympatico.ca www.fenwickhealth.ca
Office Hours: Monday, Tuesday, Thursday, Friday, Daytime and Evening
NSBEP#: C10669

AREAS OF PRACTICE

Abuse: Emotional / Physical / Sexual
Addictions: Substance / Alcohol / Gambling / Sexual / Internet
Anger Management
Anxiety
Assertiveness /Social Skills
Attachment Issues
Caregiver Stress
Conflict Resolution
Depression / Loneliness
Family of Origin Issues
Gender Identity
Grief / Loss / Bereavement
Habit Change
Health Issues: Acute / Chronic / Terminal / Life Threatening
Obsessive Compulsive
Personal Growth/ Wellness
Phobias / Fears / Panic
Relationship Issues
Self Esteem
Separation / Divorce /Infidelity
Sexual: Orientation/ Dysfunction / Sex Therapy
Sleep Disorders/Problems
Stress Management
Trauma, PTSD
Workplace Issues: Stress / Burnout/ Career Retirement / Coaching Bullying / Harassment

TREATMENT APPROACH	POPULATION
Cognitive-Behavioural Integrative	Young Adult 19-25 Adult >25 Aged ≥ 65

ASSESSMENT SERVICES

Behavioural / Emotional
Career / Vocational

PROFILE

Mr. Dawson Wambolt provides counselling services for anxiety, depression, health issues, addiction, grief and loss. His areas of practice also include relationship counselling, counselling related to sexuality, life and career transitions, helping individuals foster a positive sense of self-esteem and increased assertiveness. He has experience with conflict resolution and anger management.

In addition to his work at this clinic, Dawson sits on the Board of Directors for Youth Project and is a guest lecturer at Saint Mary's University. His past experience involves working with individuals with addictions, trauma and chronic health issues. He has specific knowledge in the area of PTSD. Previous to his career in Psychology, Dawson served as an Infantry Officer in the Canadian Forces.

He takes a flexible approach when helping clients meet their goals, but draws primarily upon cognitive-behavioural therapy to guide the process. Dawson offers services in English and is LGBTQ friendly.

For more information , please visit our website www.fenwickhealth.ca