

**Bonnie Waugh, M.A.S.P., R. Psych.**  
**Erica Baker Psychological Services Ltd.**  
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**Office Hours: Monday - Friday, 9 am - 5 pm**  
**NSBEP#: R0691**

#### AREAS OF PRACTICE

Anxiety Assertiveness / Social Skills Attentional Problems / ADHD Behaviour Problems	<b>Dealing with Disabilities:</b> Developmental Learning Depression
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#### POPULATION

Child <5	Young Adult 19-25
Child 5-12	Adult >25
Adolescent 12-15	Aged ≥ 65
Adolescent 16-18	

#### ASSESSMENT SERVICES

ADHD  
 Adult ADHD  
 Behavioural /Emotional

**Disabilities:**  
 Developmental  
 Learning  
 Intelligence / Cognitive

#### OTHER

Consultations  
 Workshops

#### PROFILE

Bonnie is a Registered Psychologist specializing in Psychoeducational Assessment and Psychological Coaching services.

Bonnie provides Psychoeducational Assessment services for children, adolescents, and adults (ages 3 and up) with Learning Disabilities (LD) and Attention-Deficit Hyperactivity Disorder (ADHD). Based on a student's unique profile of learning strengths and needs, as identified in the assessment, Bonnie provides recommendations to advance learning and reduce struggle.

As a Coach, Bonnie has extensive experience with clients diagnosed with ADHD or otherwise experiencing challenges associated with weak executive functioning (e.g., time management, task initiation, prioritization, planning and organization). Coaching involves the identification of the client's challenges, setting definable goals, and taking the needed steps to improve daily living. Individuals struggling to keep organized at school, home, and in the workplace can benefit significantly from her services.

As a School Psychologist, Bonnie has experience in both the public school system as well as at Bridgeway Academy, a school that specializes in the education of students with Learning Disabilities. In both cases, Bonnie was involved in assessment, student programming, and assisting teachers and parents in supporting students within the classroom and at home.

Bonnie has also worked as an independent contractor at Dalhousie University, both assisting students with LD and ADHD in developing learning strategies (Coaching) as well as with identifying accommodations appropriate for university-level study. She has also worked as an independent contractor at Dalhousie University's Department of Continuing Education where she teaches university students study strategies and teaches topics essential for post-secondary success (e.g., time management, avoiding procrastination, learning styles, managing exam anxiety, etc.).

In addition to assessment and coaching services, Bonnie enjoys providing workshops and presentations on topics related to her field.