

May 1, 2021

Please be advised that **effective July 1, 2021** the Association of Psychologists of Nova Scotia (APNS) has set the recommended fee for psychological services provided by Psychologists registered with the Nova Scotia Board of Examiners in Psychology at \$210 per hour.

APNS does not regulate the rate charged by Psychologists; however, this figure is offered as a general guideline to assist individual Psychologists in representing themselves to their clients indicating the level of fees that they may be expected to charge.

This guideline is also intended for third-party payers that contract for psychological services, as well as insurers, government policy makers and large businesses, so they may be aware of the rates being charged by Psychologists and may make informed decisions when adjusting their reimbursement rates for psychological services.

This fee increase is based on a review of other psychology association rates across Canada. We also reviewed and compared our rates to those being charged by other mental health professionals in Nova Scotia. The rate was last revised in January 2018.

Please keep in mind that there may be differences in fees depending on the nature of services provided. To that end we have expanded our recommended fee structure to include group, couple, family therapy and assessment, as well as custody and access, legal and forensic assessment.

There may also be regional variation in the fee charged as Psychologists may offer a rate that is higher or lower than this figure in order to accurately reflect the current market value of psychological services being provided in their area.

If you have any questions concerning this rate, please contact the APNS office at 902-422-9183, or email apns@apns.ca.

Sincerely,



Carol M. Shirley, R. Psych.
APNS President

APNS Recommended Rates of Psychologists in Nova Scotia

General Information

- The hourly rates also apply to report preparation, telephone consultations, letter writing and form completion.
- These rates are offered as a general guideline for users of psychological services (corporate, insurers, government, or individuals) as to the level of fees that Psychologists in Nova Scotia may be expected to charge.
- There may be regional variation in the fee charged, as well as differences in fees depending on the nature of services provided.
- Fees for specialized services & treatments not listed on the above schedule may exceed the current recommended guidelines

Recommended Rate Table

Therapy / Assessment	Hourly (50-min.)
Individual, Couple, & Family Therapy	\$210
Assessment	\$210
Group Therapy	\$65/person
Custody/ Access & Legal/ Forensic Assessment	\$330