

PSYCHOLOGIST

A Journal Published by The Association of Psychologists of Nova Scotia

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winter 2021

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Winter 2021

PRESIDENT'S REPORT: Carol Shirley, R.Psych



Carol Shirley, M.A.S.P.
APNS President

On March 11, 2020, I landed in Halifax, returning home after spending five days in Washington D. C. representing Nova Scotia

and APNS at a Leadership Conference. I was inspired by some of the things I heard others were doing and was ready and excited to bring new initiatives to our membership. One could have never predicted what was about to unfold. It's true hindsight is and will always be marked as 2020. It's been "a year" in more ways than one.

COVID has been a major theme, an underlying issue, and a constant influence on every move, and every decision we made and continue to make. It has influenced every aspect of life as we knew and know it. So many changes with no end in sight. People are suffering. Many are isolated, afraid of both the known and unknown. Its effects are pervasive and have been and still are still felt in individuals, families, collectively (cities, provinces and country) and globally. The people in this beautiful Province of Nova Scotia have been pulled together and torn apart by horrific events including, but not limited to, a mass shooting, the crash of a Snowbird jet, a Cyclone helicopter and the sinking of The Chief William Saulis.

These events along with many global events such as the Iran Airplane Bombing, Explosion in the Port of Beirut and the Wild fires in Australia to name a few, have resulted in significant loss and trauma.

The worst of times wrapped in the best of times at some levels perhaps? We have needed to be more aware, to look at our existing structures and to redefine. Families spending time together, time they would not have had otherwise, falling in love again and making big decisions. We have needed to focus on what really matters to us. Social movements such as Black lives Matter, LGBTQ+2, Living conditions and the plight of our Indigenous brothers and sisters have begun to receive the attention needed and deserved to change the fabric of life. We are opening up broader and deeper conversations and a future of behaviors that exemplify unity, global unity.

Personally, I closed my office space three days after arriving home from Washington and have not re-opened. We permanently closed the space in July, sold our primary home and are currently living in our cottage in Tatamagouche. Business is 'online'. I now know what Zoom is and, as much as I appreciate the choice, I'd much prefer the freedoms I took for granted only a year ago.

(Continued on page 2)

APNS CALL FOR NOMINATIONS: EXECUTIVE COMMITTEE

The APNS Nomination and Elections Committee requests that the membership consider submitting nominations for the following positions on the APNS Executive:

- **PRESIDENT-ELECT**
- **MEMBER-AT-LARGE**
- **SECRETARY**
- **STUDENT REPRESENTATIVE**

The person elected to the President-elect position will serve for a three-year term, as President-elect, President and Past-president. The other positions are for a two-year term. Only registered psychologists may be nominated for the President-elect position, however registered and candidate

psychologists are eligible for Secretary and Member-at-large, and graduate student for the Student Rep. If more than one person is nominated for the same position, APNS will hold an election.

If you know anyone who would be a good addition to the Executive please consider nominating them. Download the [Executive Nomination Form](#).

For more information please contact the Chair of the Nominations and Elections Committee Shelley Goodwin: slgoodwin@eastlink.ca

Submitted on behalf of the APNS Nominations & Elections Committee.

APNS CALL FOR NOMINATIONS: HONOURS, AWARDS and BURSARIES

The APNS Nomination & Elections Committee encourages you to submit nominations for the following awards. To submit please download and complete the appropriate form and email to: apns@apns.ca

- [Fellow](#)
- [Lifetime Contribution](#)
- [Outstanding ECP](#)
- [Excellence in Psychology](#)
- [Outstanding Student](#)
- [Community Service by Psychologists](#)
- [Community Service in Mental Health](#)
- [Diversity Bursary](#)

APNS Fellow

This designation honours those members who have made significant and enduring contributions to APNS and have helped shape the Association and have contributed to the development of psychology in Nova Scotia.

Dr. J.A. Charles Hayes Lifetime Contribution

Award honours Dr Charles Hayes, a respected Psychologist whose career may be said to be a model of lifetime commitment. This award recognizes depth and engagement of long-term service and recognizes those who have spent a significant part of their professional lifetime supporting APNS, its member psychologists,

and the profession of psychology at the provincial, national and international level.

Outstanding APNS Early Career Psychologist (ECP) Award highlights the challenges of being an ECP, those in the first 10 years of their psychology career, after graduation from a professional post-graduate psychology program. The recipient is an APNS member who has actively participated in APNS at the committee or Executive level, has used the services of APNS to advance their career in psychology, and who plans to continue a career in psychology in NS.

APNS Excellence in Psychology Award focuses on excellence in the profession of Psychology. The recipient of this award is an APNS member who is in mid-career (~11 to 30 years) who has demonstrated excellence in their professional activities or in their volunteer activities while acting as a Psychologist. The award may be given for work in a broad range of areas, e.g., area of practice (health, forensic, neuropsychology, addictions, assessment); work setting (school, hospital, private practice, teaching, research); population (child, teen, geriatric, couple, diverse groups, first responders, marginalized populations); treatment area (PTSD, pain, grief, workplace, etc.); and peer-related (supervision, mentoring, peer support, consultation, collaboration).

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Reports

APNS CALL FOR NOMINATIONS: HONOURS, AWARDS and BURSARIES

Continued from page 3

Outstanding APNS Student Award highlights the challenges of preparing for a career in psychology at the Masters or Doctoral level. The recipient is an APNS student member who has not previously won this award, has participated in APNS at the committee or Executive level, has actively used the services of APNS and who hopes to pursue a career in psychology in Nova Scotia.

APNS Community Service Award for Psychologists recognizes the contributions of psychologists who do outstanding volunteer service in the community beyond their role as a psychologist. It acknowledges and raises awareness of the important contributions that psychologists make to the greater community. These contributions may include on-going volunteer work or commitment to a specific community or cause, e.g., fostering inclusion, promoting sensitivity and understanding of marginalized populations, poverty and health promotion initiatives.

APNS Community Service Award in Mental Health recognizes the contributions of non-psychologists who have made valuable contributions to the community in a health and wellness setting or through other activities that touch and benefit the greater community by raising awareness or advocating for mental health or wellness issues. Recipients are individuals who work on their own or as part of an organization, or organizations for their programs or initiatives.

APNS Diversity in Psychology Bursary

This \$1,000 Bursary assists Psychology students who identify as being from a diverse population and are in pursuit of post-secondary education in Psychology with a long-term goal of having a more diverse profession. The Selection Committee will evaluate the applications on three factors — financial need, community involvement and career goals. Although all are important, financial need is considered the primary factor, followed by community involvement and career goals.

APNS strives to foster a sense of community among all who identify with psychology by supporting inclusion, equality and celebrating diversity. We welcome applicants who indicate that they identify as Indigenous People, African Nova Scotians and other racially visible persons, persons of the 2SLGBTQIA+ community, persons with disabilities and genders in occupations or positions where they are under-represented.

Submitted on behalf of the APNS Nominations & Elections Committee.



APNS decided to have our usual Holiday Celebration by Zoom. We encouraged everyone to bring a happy story and share some laughter. The screen shot here shows a few of the psychologists who dropped in over the 3 hours. Thanks to all who participated and congratulations to Eileen Donahoe who won the gift card draw.

APNS PSYCHOLOGY MONTH 2021

This year due to COVID we have had to take a different approach to Psychology Month. Since the public libraries are not available for our regular presentations, we are presenting selected webinars on the APNS website.

Here are the webinars we have featured this month:

But I'm Not Tired – Sleep in Childhood

Presented by Dr. Ayala Gorodzinsky, R.Psych.
Posted on the APNS You Tube Channel.

Guided Meditation

Presented by Jeannette Kennedy, R. Psych
Posted on the APNS YouTube Channel

The Pandemic Echo

Presented by Dr Kiran Pure, R. Psych. and
Kathleen Smith, R. Psych.
Posted on the APNS YouTube Channel.

Perfectionism – The Good, the Bad and the Ugly

Presented by Dr. Simon Sherry, R. Psych.
Thanks to Dr. Sherry for allowing us to share his video and to the Dalhousie Faculty Association that originally hosted this talk.

Taming the Survival Instinct

E-Book by Karin Kramer, R. Psych. on her website.

In addition APNS will be kicking off our year-long Public Awareness Campaign promoting Psychology and Psychologists to the public in general and to other targeted groups. This is a social media-based initiative that will present facts and provide answers to some of the common questions we get about Psychology.

We hope you have seen our posts on the webinars and the public awareness messages on the APNS website and through our social media accounts — Twitter, Instagram, Facebook, YouTube, and LinkedIn. See a sample below.

Follow us on social media. We encourage you to visit us on Facebook, Twitter, Instagram, YouTube and LinkedIn. We need you to help get the message out. Here are the links.

- <https://www.facebook.com/AssociationofPsychologistsofNovaScotia>
- <https://twitter.com/apnsPsych>
- <https://www.instagram.com/apnspsych/?hl=en>
- <https://www.youtube.com/channel/UCjpfHHXUzclrEXdDW7iYPVQ>
- <https://www.linkedin.com/company/association-of-psychologists-of-nova-scotia/?viewAsMember=true>



Reports

TWO NANOS SURVEYS: COVID-19 & ACCESS TO PSYCHOLOGICAL SERVICES

With the significant impact COVID is having on the mental health of Nova Scotians, CPA with CPAP and APNS engaged Nanos Research to survey 3,070 Canadians (including over 200 in N.S.) to better understand how they are managing their mental health during COVID and accessing psychological care. Nanos Research conducted a representative online survey between Sept. 25th and Oct. 2nd, 2020. The results were statistically checked and weighted by age and gender using the latest Census information and the sample is geographically stratified to be representative of Canada.

COVID and Mental Health Access

Access to Care

- **65%** of Nova Scotians report that COVID-19 has had a negative (43%) or somewhat negative (22%) impact on the ability of Canadians to access mental health care provided by psychologists.
- At **78%**, the majority of Nova Scotians prefer to receive psychological services face-to-face. National results, however, show that older Canadians (55+) are more likely to say they would prefer to receive services face-to-face (**80%**) than those 35 to 54 (**70%**), and 18 to 34 (**65%**).
- **93%** of Nova Scotians report that they have not accessed psychological services since the pandemic. Across Canada, older Canadians (55+) are less likely to report having accessed services (3%) than those 35 to 54, or 18 to 34 (11% each).
- For those Nova Scotians accessing psychological care during COVID-19 or in the past five years, close to 7 in 10 say they were satisfied (**42%**) or somewhat satisfied (**25%**) with the services.
- **Over 90%** of Nova Scotians would be willing (78%) or somewhat willing (**16%**) to attend if an in-person assessment by a psychologist was needed for stroke, memory loss, brain injury, ADHD, or a learning disorder.

Virtual Care

- With physical/social distancing rules in place, over **70%** of Nova Scotians say they are willing (**47%**) or somewhat willing (**25%**) to use technology to receive mental health care provided by psychology.
- Of **24%** of Nova Scotians who had concerns using technology to receive care provided by psychologists, they identified the following issues: (1) privacy/confidentiality (**7%**); (2) barriers to establishing good communication (**3%**); (3) security/hackers (**2%**); (4) prefer face-to-face (**4%**); (5) impersonal (**2%**); and (6) challenges using technology (**2%**).

Access to Psychological Services

Barriers to Access Care

- **78%** of Canadians report that psychological services costing too much for them to pay for themselves is a very significant (52%) or somewhat significant (26%) barrier.
- **73%** of Canadians say that the services of psychologists are not being covered by provincial/territorial health plans is a very significant (47%) or significant (26%) barrier.
- **68%** of Canadians say wait times to see a psychologist being too long is a very significant (35%) or somewhat significant (33%) barrier.
- **66%** of Canadians say that psychological services not being covered by their employer's health benefit plan is a very significant (40%) or somewhat significant (26%) barrier.
- **46%** of Canadians say that preferring to deal with these problems/disorders on their own is a very significant (16%) or somewhat significant (30%) barrier.
- **39%** of Canadians say not wanting others to know they are seeing a psychologist is a very significant (14%) or somewhat significant (25%) barrier.

Solutions to Improve Access to Care

- Almost 9 out of 10 Canadians (57%) support or somewhat support (31%) improving access to psychologists through the publicly-funded health care system.
- **83%** of Canadians say psychologists working collaboratively with other health professionals, such as a family physician in primary care teams, is a very good idea (50%) or good idea (33%).
- **76%** of Canadians think that better access (more funded mental health care services and higher financial caps) to psychologists through their employer health benefit plan is a very good idea (42%) or good idea (34%).

To access the full reports for NS please download:

COVID and Mental Health Access

<https://apns.ca/wp-content/uploads/2020/12/Nanos-Survey.pdf>

Access to Psychological Services

<https://apns.ca/wp-content/uploads/2020/12/NS-Access-to-Services-CPA-CPAP-Nanos-Survey.pdf>

MEMBER PROFILE: Seth Wahlin-Stern

We want to highlight our members' work. Would you like to tell us about your private practice or the work that you do in the public sector? Contact apns@apns.ca

Seth Wahlin-Stern is an APNS member School Psychologist in the Halifax Regional Municipality who had been working as a School Psychologist since 2011.

School Psychologist

In his current position with the Halifax Regional Centre for Education, Seth supports students with mental health, behaviour, and learning needs. In addition, he presents to school staff including administrative assistants, social workers, school psychologists, teachers and administrators on topics relating to the support of transgender and gender creative students.

In his role as a School Psychologist, Seth speaks to the needs of gender diverse children, helping schools and families enhance their empathy and find appropriate supports. He teaches and trains pre-professional students in the areas of LGBTQ health and gender identity, gender dysphoria, and intersectionality, training that is frequently lacking in pre-professional health training.

Private Practice Psychologist

Seth has recently started offering virtual therapy services in private practice, having joined Smith-Burke Psychology in Fall River. He offers counselling to children and youth around gender identity especially as it relates to school functioning. This includes such issues as coming out, managing gender dysphoria, building resilience, and navigating a transition at school.

Seth blends the knowledge and skills he possesses as a Psychologist with his personal passion and commitment as a community stakeholder. He lends his voice, as a credible and trusted health professional, to a community that is often left out of healthcare and community discussions.

Volunteer

Seth has been an engaged and valuable member of the APNS Diversity Committee Member since it began over three years ago. He has also provided volunteer services to groups such as the *Nova Scotia Rainbow Action Project*, the *Youth Project*, the *Nova Scotia Teacher's Union Equity*

Committee, and the transgender peer support group for adults called '*First Love Yourself*'.

Award Recipient

Seth was recognized as the 2020 recipient of the APNS Community Service award for outstanding volunteer service for the 2LGBTQAI+ community.

Seth has given back to the LGBTQ2AI+ community, particularly those with gender diversity in a vital and needed way. He has, most notably, co-created *First Love Yourself* (FLY), a peer-support group for adults who identify as transgender or gender questioning. FLY offers safe community gathering spaces, special interest groups, medical guest speakers, friendship and connection for those who face isolation and few social supports in the general community and/or their families of origin.

Although similar support services exist for youth in the public health system and community organizations, support for adults who are gender diverse is very limited in Nova Scotia. Like so many grassroots organizations, this support group was inspired by community need, fueled by passion, and brought to fruition through countless hours of tireless volunteer work.



Erica Lundberg presenting Seth with his APNS award at his school.

Reports

NSBEP NOTES: Being A NSBEP Supervisor ~ Dr. Gordon Butler, R. Psych., NSBEP Registrar

While Supervision is an important part of readying a Candidate for independent practice as a psychologist, some Candidates have experienced difficulty in securing an appropriate supervisor.

After a student has met the conditions for registration set out by the Board, including the completion of a Doctoral or Master Program in professional psychology that is acceptable to the Board, they are eligible to be entered onto the NSBEP Candidate Register. During their candidacy period, Candidates complete other requirements that will lead to full licensure, including successful completion of the Exam for the Professional Practice of Psychology (EPPP) and a period of NSBEP approved supervision. For graduates of Master's programs, four years of supervised practice are required. For graduates of Doctoral programs, two years of supervised practice are required. In most cases, a one year Internship or Residency completed by a Doctoral student as part of their training can be credited as one of the two years of supervised practice required by the Board. While there are exceptions, most jurisdictions in Canada and the US require psychologists who are entering the profession to complete a period of supervised practice as part of their initial registration process.

The Board considers Supervision to be a very important component in preparing a psychologist for their work with the public.

The goals of Supervision include helping new psychologists: develop and refine their assessment and intervention skills; integrate with the psychological and general community; recognize areas of competency; and learn to deal with boundary issues, ethical situations and other challenges of professional practice.

The qualifications required for being approved by a NSBEP Registration Committee as a Supervisor are relatively straightforward.

The proposed Supervisor:

- Must have a minimum of one years experience as a fully licensed psychologist (previously two years were required)
- Should have a scope of practice very similar to that of the Candidate that they will supervise
- Cannot be an employer or direct line manager of the Candidate
- Note – there is no longer any restriction on the number of Candidates a Supervisor can supervise (previously, this was restricted to no more than the equivalent of three full time Candidates at any given time)

During supervision, the Candidate and the Supervisor first establish a set of goals (which should be reviewed on a yearly basis). During the supervision period, the Supervisor meets with the Candidate a minimum of 2 hours per month to review the Candidate's progress with the goals and address any issues that have arisen during the Candidate's work. A written report describing the content of the meetings are completed each month and submitted (monthly for the first 6 months, then once every six months after that) to the Board for review. At least once a year, the Supervisor is expected to contact the Candidates Employer for feedback. At least twice a year, there should be a form of direct observation completed (e.g., sitting in on an assessment session, or reviewing a video or audio taped intervention session.) If the Supervision is transferred to another Supervisor, then a Change of Supervision Evaluation Form is submitted. When the Supervision period is completed and the Candidate is ready to proceed to the Oral Exam, a Final Evaluation Form is submitted by the Supervisor.

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NSBEP NOTES: Being A NSBEP Supervisor ~ Dr. Gordon Butler, R. Psych., NSBEP Registrar

(Continued from page 8)

There are many reasons why a psychologist might agree to become a supervisor:

- It may be a part of the scope of their practice or employment position
- They want to give back to the profession – they likely received supervision themselves and would like to pay that forward
- They want to share their knowledge and skills with other psychologists, helping Candidates develop into colleagues with whom they can later consult
- They may be asked by employers to supervise new hires so that they can become registered
- They may see supervision as a way of continuing to develop their own learning and expertise (providing Supervision earns NSBEP Continuing Competency credits)
- They may enjoy the supervision process

There are also many reasons why a psychologist may be reluctant to become a Supervisor:

- They may be interested in providing supervision, but may have never been asked
- Their employer or other work circumstances may prevent them from having the time available to be able to provide supervision
- They may genuinely have no interest in providing supervision
- They do not want to have to commit to a multi-year process
- They may feel that they have had no training or experience in providing supervision and so would have no idea how to do it –they may be worried that they would not be able to provide appropriate supervision

But these may not all be valid reasons.

The most common reason is perhaps the last reason – no training or experience. Fortunately, that has started to change as many graduate programs and clinical training placements have begun to incorporate opportunities for students to gain training and experience in supervision. For many psychologists though, their only experience with supervision may be the supervision they received during their training and candidacy periods. However, this is not a bad place to start, as psychologists can self-reflect to determine what aspects of their own supervision they found helpful and what may have been less helpful and use that as a basis to begin their supervisory work.

NSBEP also has a number of resources in place to assist Supervisors in their task.

- The Supervision Handbook <http://www.nsbep.org/downloads/SupervisionHandbook.pdf>
- The General Guidelines for Supervision Reports http://www.nsbep.org/downloads/GENERAL_GUIDELINES_FOR_SUPERVISION_REPORTS_2019.pdf
- The Examples of Goals of Supervision <http://www.nsbep.org/downloads/ExamplesGoals.pdf>

[These] are intended to provide helpful guidance for Supervisors. With respect to the monthly reports and evaluations, NSBEP provides specific forms to take the guesswork out of what needs to be reported.

Some other things to bear in mind that may make you more comfortable in deciding to offer to be a supervisor:

- The Board is not looking for a specific “supervision style” – the Board recognizes that supervisors may take different approaches to

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Reports

NSBEP NOTES: Being A NSBEP Supervisor ~ Dr. Gordon Butler, R. Psych., NSBEP Registrar

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- supervision and that there is no single “correct” Supervision Style that has to be followed
- Supervisors do not have to commit to up to four years of supervision – they can agree to less
 - The minimum of two hours of supervision required each month need not be at the same time, it can be broken up into two or more sessions during the month
 - The Board realizes that a Supervisor’s life circumstances can change such that they are no longer in a position to continue to supervise and so need to end supervision with a Candidate earlier than expected
 - The Board realizes that some Candidate/Supervisor matches can just be poor fits and will need to be changed
 - When a change in Supervisors is required, policy allows for a transition to the new Supervisor in a seamless way while awaiting Board approval of the new supervision arrangement
 - Some Candidates may opt to have two co-supervisors – in this case each Supervisor would only need to meet for one hour each month or would alternate months
 - Supervisors who are supervising more than one Candidate at a time can complete some of the supervision in a group format, at long as each Candidate receives at least one hour individual supervision a month
 - One supervision session a year can be missed because of exceptional circumstances without penalty to the Candidate
 - During COVID-19, supervision by virtual means is being permitted for all supervision meetings. Prior to COVID-19, two virtual sessions were permitted per year, and the Board has approved extensions to this for unusual situations (e.g., geographical distance).
 - Many candidates who have received supervision have not been charged a fee for

their supervision and when they become supervisors themselves, they also do not charge for supervision. However, charging a fee for supervision is permitted and the Board recognizes that there can be situations where there will be a fee for supervision.

- The monthly reports submitted by Supervisors are regularly reviewed and usually provide the details required by the Board. The most common communications the Supervisor would receive from the Board may be the occasional request for additional information or clarification (particularly around ethical situations), reminders to complete direct observation or employer contact, or they may receive some information that the reviewers believe will assist the Candidate and Supervisor with a situation they have described.

Candidates who are looking for supervisors

are encouraged to approach psychologists directly or to consult with their employer or work colleagues for suggestions. NSBEP maintains a list of psychologists who have indicated a willingness to provide supervision, which it provides to Candidates upon request.

We would like to add to our list of potential supervisors. If you would like to be added to our list, or if you have any questions or suggestions about becoming a NSBEP Supervisor, please contact the NSBEP office at nsbep@nsbep.org.

If you are approached by a candidate to be a potential supervisor, please give it your careful consideration.

COMMITTEE UPDATES

This is a new section of the newsletter where we will provide brief updates of Committee work. We typically provide full committee reports in our Spring newsletter in preparation for the AGM, but committees have 3 or more meetings annually and many topics may be addressed.

Advocacy Committee

The Advocacy Committee continues to meet regularly. Currently they are addressing two separate topics. One is the Public Awareness campaign that we have kicked off to align with Psychology Month mentioned on page 5. The other is a sub-group making preparations for the Nova Scotia election, whenever it is called. The election campaign is developing information pieces on mental health issues relevant to psychologists. These will be sent to candidates from all parties who are running for election. In addition they are preparing information to assist psychologists in engaging their local candidates on the same issues. If you have an interest in advocating for psychology in mental health please contact apns@apns.ca

Cultural Diversity Committee

The Cultural Diversity Committee has been reviewing the priorities from the Brainstorming session for the committee's short- and long-term planning. The Committee is also continuing to call for members with experience as a part of a diverse minority or with experience in working with diverse populations to join our Cultural Diversity Peer Consultant Roster.

Continuing Education (CE) Committee

The CE Committee is in the process of broadening its mandate to provide support for regional and interest groups, however COVID has delayed this process. We expect to survey the membership in spring for input on these and other continuing education and professional development issues.

Private Practice Committee

The next Private Practice Committee meeting is coming up in March.

Post-Disaster Committee

The Committee is looking for new members.

Early Career Psychology (ECP)

Saturday, March 27th -10 a.m.

Oral Exam Information Session

This event will be held virtually. We will provide information and advice for those who are preparing to complete the NSBEP oral exam. Those planning to attend are asked to review the application instructions and information provided by NSBEP ahead of time (see bottom of the page at <https://www.nsbep.org/information-for-registrants/for-candidate-registrants/supervision-processforms/>).

For those who are interested, there will also be an opportunity to practice and receive feedback on the ethical dilemma they plan to present.

Saturday, April 10th - 10 a.m.

EPPP Information Session

This event will be held virtually. It is intended for individuals who are planning to start studying for and/or write the EPPP in the near future. Join us for a session to learn about the exam, receive some study tips, and have the opportunity to ask questions. If there is interest, we can also facilitate the formation of a study group.

Please RSVP for either event by e-mailing ecp.apns@gmail.com. Let us know which event you are interested in, and we will send out the link to connect virtually closer to the date. You can also RSVP on our Facebook page (APNS Early Career Psychology (ECP) Group).

Psychology Month

See page 5.

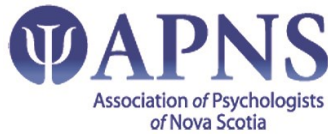
Sit & Chat Bench

We postponed our 2020 Bench event in Kentville. We are eagerly waiting for the COVID restrictions to be removed so we can rebook some time in 2021.

Get involved

We are always looking for new committee members. If you want to find out more about volunteer opportunities at APNS please contact Susan at apns@apns.ca If you are interested in either the Executive or the Nominations Committees, please consider being nominated. See page 3 for the form.

Acknowledgements



Welcomes its Latest Members as of February 25, 2020

Anky Aarts, student	Marcel Peloquin, Ph.D.
Kristina Bradley, Ph.D.	Annie Richard, Ph.D.
Rebecca Burwell, Ph.D.	Carolyn Roy, Ph.D.
Sarah Carlson, MS.Ed.	Douglas Silverman, Psy.D.
Maren Conrad, M.Sc.	Tamara Speth, Ph.D.
Karen Dinsmore, Ph.D.	Annemarie Stigter, M.A.S.P.
Carlotta Heymann, M.A.S.P.	Demetria Tsantilas, M.A.S.P.
Robyn McClure, Ph.D.	Kathleen Walsh, M.A.S.P.
Sarah Newcomb-Anjo, Ph.D.	Petra Woehrl, Ph.D.
Shea O'Bertos, M.Sc.	

We would like to thank the membership for supporting APNS in its efforts to promote the interests of Nova Scotia psychologists through advocacy, continuing education and the support of special interests in the field.

Congratulations to the following who have recently become Registered Psychologists*

Rebecca Burwell, Ph.D.	Fiona Gordon, M.A.
Sarah Carlson, MS.Ed.	Christian Lepage, Ph.D.
Camille Cato, M.A.	Laura Mitchell, M.A.
Melissa Miller, Ph.D.	Douglas Silverman, Psy.D.
Maren Conrad, M.Sc.	Natalie Stratton, Ph.D.
Chelsea da Estrela, Ph.D.	

Congratulations to the following who have recently become Candidates*

Shannon Bedford, Psy.D.	Sarah Newcomb-Anjo, Ph.D.
Christian Hahn, Ph.D.	Annie Richard, Ph.D.
Carlotta Heymann, M.A.S.P.	Demetria Tsantilas, M.A.S.P.
Jennifer Khoury, Ph.D.	Kathleen Walsh, M.A.S.P.
Robyn McClure, Ph.D.	Loriann Williams, Ph.D.

**This information provided by NSBEP as of February 9, 2021*

The advertisements on the following pages are paid placements. APNS does not take responsibility for the content and does not necessarily subscribe to the opinions expressed in these advertisements.



Dr. Daniel Chorney
& Associates | Psychological Services

JOIN OUR TEAM OF PSYCHOLOGISTS

Our practice is committed to providing the highest quality, evidence-based psychological services to children and adults in Halifax. We provide a collaborative and supportive work environment for psychologists so that they can focus on providing effective care to clients.

Psychologists at our practice are provided with the following:

- Competitive compensation/pay
- Six weeks of vacation time and flexible hours (both online and/or in-person)
- A fully furnished office space in central Halifax, Nova Scotia
- Software and tools to provide services online or in-person (paid for by practice)
- Almost 24/7 access to support and consultation from other psychologists within the practice to help support newer psychologists
- Independence to set limits on types of clients treated and your workflow
- Immediate referrals/clients/caseload without you needing to advertise
- Ability to practice independently from home or in-person with flexibility in your work week

We are currently seeking someone with the following qualifications:

- A PhD or PsyD in Psychology (Clinical Psychology or Counselling Psychology)
- A dedication to providing evidence-based psychological treatments

Two positions are currently available – 1) a part-time position (approx. 6-8 billable hours per week) and 2) a full-time position (approximately 15-20+ hrs per week or more if desired). Starting date is very flexible, and daytime, evening, and/or weekend hours are all available (in-person or online via telehealth).

Interested psychologists should contact Dr. Chorney directly by email at drchorney@gmail.com. Please include a brief cover letter (including the names and contact information of two references) and recent curriculum vitae when applying.

For more information about our practice, please visit our website at www.chorneyandassociates.com.

Advertisements

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Seagram and Associates



We are currently looking for a part-time/full-time Registered Psychologist to join a multi-disciplinary, creative, thoughtful and fun team. We want someone who is interested in being a leader within this evolving organization. To us, leadership is collaborative, respectful, and requires excellent listening skills. You will need to be comfortable within a therapeutic, client-centred environment.

GENERAL DESCRIPTION

At Seagram & Associates, we empower our clients with the support and tools they need to enrich their lives, improve their mental health and inspire growth and development – in life, in work, and in relationships. Our collaborative practice is comprised of mental health professionals who help children, youth, adults and families create lasting change and enhanced wellness. The services will be on a contractual basis, with an agreed fee paid per session. The registered psychologist will be required to function as an autonomous mental health practitioner in collaboration with the supervising psychologist. The position may be tailored to varying specialties or experiences. There is work available with both children and adults, individuals and families. Of particular interest is a clinician with experience using any of the following treatment modalities: CBT, EMDR, Cognitive Processing Therapy or Emotion-Focused Therapy.

HOURS: This can be either a part or full-time position, depending on the wishes and availability of the practitioner.

BENEFIT FROM

- Collaborative clinic setting
- Calm and pleasing work environment
- Motivated clients with diverse presenting issues
- No overhead or administrative cost, flexible schedule
- Team meetings that focus on wellness of the clinician
- Opportunity for case consultation/support as needed

DUTIES

- Providing treatment of a variety of mental health issues using evidence-based, trauma informed practice.
- Creating and maintaining patient records and required reports in a timely manner
- Working collaboratively with a clinical supervisor to develop case formulations, identify treatment goals and support client progress in meeting these goals.

QUALIFICATIONS

- Doctoral Degree or Masters' Degree in Clinical Psychology or related field in Psychology (e.g., Counselling Psychology).
- Registered or Candidate Register Psychologist with the Nova Scotia Board of Examiners in Psychology
- Experience and competency working with children & adolescents and/or adults & couples
- Ability to work independently, yet collaboratively
- Ability to utilize empirically-validated, trauma informed practices.
- Excellent interpersonal, communication, and inter-professional team work skills
- Current professional liability insurance.
- Experienced with operating a computer and some ability with MS office

This position is subject to a Criminal Record Check, including Vulnerable Sector Search, an Adult Abuse Registry Check, and a Child Abuse Registry Check.

Please fax, email or send resume to: Dr. Belinda Seagram, 2078 Hwy 1, RR#2, Falmouth, Nova Scotia B0P 1L0

Fax: (902) 472-3273

Phone 902 472-3272

Email: bseagram@seagramassociates.com

CRUX PSYCHOLOGY



Compassion. Science. Results.

We at CRUX Psychology are seeking a psychologist to join our busy and expanding practice. We provide expert therapy and assessment services backed by science and delivered with compassion. We are community-minded, including strong advocacy for some of Nova Scotia's most vulnerable citizens. This position is open to part-time or full-time psychologists whose primary area of practice is within clinical or counselling psychology. You will offer exceptional psychological services related to assessment and treatment. As our caseload greatly exceeds our capacity, we can definitely help establish and build your client base. Hours are flexible and self-determined. Daytime, evening, and/or weekend hours are possible. Telehealth opportunities are available.

Jenni Sherry is the practice manager and leader of CRUX Psychology. She ensures a smooth-running operation by handling the business side of the practice, freeing psychologists to focus on clinical tasks and making the experience at CRUX pleasant for all. Her extensive management and communications background make her a great asset to the practice. Psychologists are also supported by Kaitlin Samson, the full-time office administrator. She takes care of everything from client bookings and appointment preparation to ensuring a clean and comfortable office space. Dr. Simon Sherry is a tenured Professor at Dalhousie University as well as a psychologist at CRUX Psychology. He provides treatment for diverse problems including depression, anxiety, eating disorders, trauma, personality disorders, and perfectionism. His clinical services are grounded in evidence-based practice. For more information about CRUX Psychology, please visit www.cruxpsychology.ca.

This position provides a great opportunity to work in a highly collaborative, supportive, and fast-paced environment in a newly renovated and modern office space on Clyde Street, in the heart of Halifax, Nova Scotia. Halifax is a thriving business hub with a strong creative and entrepreneurial community. The city is young and vibrant with an easy-going east coast culture.

Qualifications:

- Doctoral degree in psychology (clinical or counselling psychology)
- Eligible for registration with Nova Scotia Board of Examiners in Psychology as a registered psychologist or candidate register
- Experience providing assessment and treatment services to adults or adolescents
- Current professional liability insurance
- Able to work independently and as part of a team
- Entrepreneurial mindset
- Pre-employment criminal record and vulnerable sector checks

Hours and Salary:

Flexible hours (including telehealth) and competitive rates.

Contact:

Interested psychologists should contact Jenni Sherry directly at info@cruxpsychology.ca

Please include a cover letter (including contact information for two references) and curriculum vitae when applying. Successful candidates will be contacted for an interview.

Advertisements

The advertisements on the following pages are paid placements. APNS does not take responsibility for the content and does not necessarily subscribe to the opinions expressed in these advertisements.

Dr. S Gerald Psychological Services are presently seeking qualified applicants to work as contract psychologists at our practice. We have immediate opportunities for clinical, school and counselling psychologists to provide services across the lifespan.



Skills in consultation, assessment, diagnosis, and therapeutic intervention for issues such as anxiety, mood disorders, somatization, substance abuse, PTSD, relationship and family problems, learning disorders, and child behavioural problems is essential. Skills and training in standardized assessment methods and therapeutic skills including cognitive behavioural therapy (CBT), behavioural management approaches and intensive short-term dynamic psychotherapy (ISTDP) are desirable. We require excellent communication skills, including oral and written proficiency, and the ability to work within a computerized environment including electronic health information systems and booking.

Professional Environment Offered:

- A beautiful and functional office in the heart of Halifax.
- Overhead costs are covered by a percentage of billed time.
- Assessment materials are included in your overhead costs.
- The ability to set your own hours.
- A very motivated patient population.
- Diverse referrals.

The Qualifications:

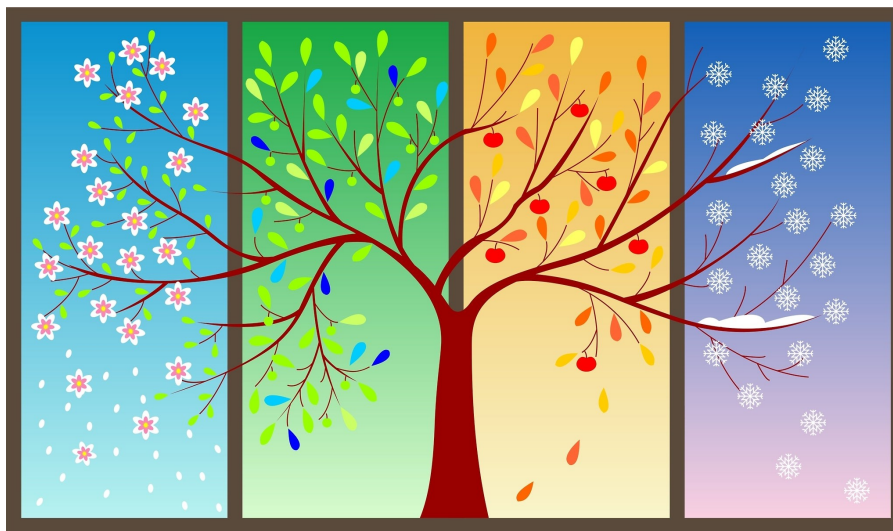
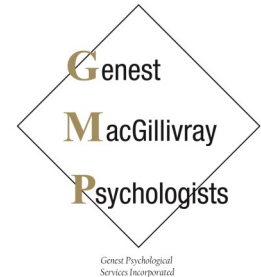
- Registered or Candidate Registered Psychologists with NSBEP.
- Doctoral level is preferred, although Masters applicants will be considered.
- Relevant Degree from an accredited University.
- Post-graduate experience with psychodiagnostic assessment using intensive short-term dynamic psychotherapy.
- Familiarity and comfort with using Macintosh computers.
- Possession of an iPhone or willingness to obtain one.

**For more information please send a PDF CV to Dr. S. Gerald Hann at ghann@hannpsychologicalservices.com
No phone calls please.**

Advertisements

GENEST MACGILLIVRAY PSYCHOLOGISTS

- An opportunity to develop your independent practice within a well-established clinic in Halifax.
- We are an especially collegial group of psychologists working in a highly respected practice.
- We work in a beautiful heritage house, complete with a private garden, in downtown Halifax.
- Our associates set their own hours and can control their own bookings but are also fully supported by administrative staff.
- Associates are normally booked four to six weeks in advance and maintain waiting lists. Ours is a supportive environment for both beginning and established practitioners, offering ongoing, informal, brief consultations, as well as regular opportunities for peer consultation with the group. Mostly because of Covid-19, we have developed an extensive telepsychology practice, which we anticipate will remain as a substantial part of our offerings since many clients seem to prefer it. Currently, some clients are seen in person, with safety measures in place.
- Anyone in our practice would be pleased to discuss our work environment and respond to questions via email or telephone, or in person. There is also an abundance of detail about us at gmPsychologists.com.
- **We are seeking a doctoral-level psychologist.** We serve adolescents, adults, couples, and families, and are particularly looking for someone who has a specialty in counselling couples and is experienced in a wide range of clinical problems. A specialty in neuropsychology would also be considered. Demand for neuropsychological assessments is high, and we are always booked about a year out for these. Halifax is a beautiful, walkable city; an ocean city with an extended, attractive waterfront. This forward-looking community is rapidly improving public transportation and building bike lanes. There is affordable housing downtown and in the suburbs, and the schools, both public and private, are good.
- **To apply, please email a CV to Anna Genest, Practice Manager: annagenest@gmail.com**



Advertisements

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Dartmouth Psychological Services Inc.



PART-TIME/FULL-TIME CHILD, ADOLESCENT AND ADULT ASSOCIATE POSITIONS AVAILABLE

Dartmouth Psychological Services Inc. (previously Jacqueline Milner-Clerk & Associates) is a team of collaborative and caring practitioners who have been providing evidence-based mental health services to children, adolescents, adults, couples and families in the HRM for over 20 years. In 2015, we became the proud parent of Breathe Mindfulness Centre, which specializes in offering mindfulness and compassion-based classes, workshops and group programs.

Given our ongoing referral demand, we are currently seeking Psychologists and/or Clinical Social Workers to join our team on a part-time basis, with the potential to grow to full-time. Day, evening and weekend hours are available as is the option to provide services either in-person and/or through telehealth (phone or virtual platforms).

The chosen associate will be ethically minded, client focused and experienced in providing evidence-based counselling to children, adolescents, adults and/or couples struggling with a range of issues. A Master's or PhD degree as well as registration (either Full, Candidate or eligible) with NSBEP or NSCSW is required. As our infrastructure is in place to offer services remotely to clients and in light of our heightened referral demand during the pandemic, practitioners living outside of the HRM within Nova Scotia and the Atlantic Provinces will also be considered to increase accessibility to clients in need.

We offer new associates an opportunity to grow their practice by providing new referrals, ongoing promotion, comprehensive administrative and team support, as well as opportunities to grow professionally. Compensation is fair and competitive. Dartmouth Psychological Services Inc. is conveniently located in Queens Square downtown Dartmouth close to the ferry and Halifax Transit and with beautiful harbour views. Ample parking is available. We are a very busy and reputable psychology practice offering a rewarding experience for the right psychologist.

For more information about our practice and new Centre, visit: www.jmcpyschology.ca and www.breathemindfulness.ca.

Please fax, email or mail resume to:

Dartmouth Psychological Services Inc., 45 Alderney Drive, Suite 1050, Dartmouth, Nova Scotia B2Y 2N6

Fax: (902) 461-0517 Email: milner-clerk@jmcpyschology.ca

Power Psychological Services



Power Psychological Services is now hiring Psychologists (Registered or Candidate Register) who wish to join our private practice team in Truro, Nova Scotia. We have openings for part-time and full-time employment.

Power Psychological Services is located in the heart of downtown Truro in the historic Arlington Place building. Our modern, fully furnished, shared office spaces provide a professional and comfortable treatment setting. Referrals are provided, as well as administrative support. Conducting virtual therapy from a different office in Nova Scotia or a home office may be considered.

Qualifications

- Masters or Doctoral degree in Psychology
- Register or Candidate Register with The Nova Scotia Board of Examiners in Psychology
- Experience providing treatment and intervention services

If you are interested in joining our team, please submit your resume and cover letter via email to powerpsych1@eastlink.ca.

Dr. C.K. Perrier & Associates

- We are currently recruiting psychologists to join our team as full-time or part-time associates, working out of our new office at 1687 Bedford Highway.
- We offer comfortable, accessible, and welcoming office space with free parking. We offer complete administrative support and use encrypted and secure web-based practice management software for managing client scheduling and clinical records. As a full-time associate with our team, you will be compensated at a starting rate of 70% of billable hours, though this is negotiable based on education and experience. We also offer a signing bonus and annual allotment for professional development.
- Work-life balance is prioritized and associates have flexibility in creating their own schedule and limiting or expanding therapy hours, as well as choosing to provide treatment in-person or via telehealth. We are receiving far more referrals and inquiries than we can accommodate and would like to add associates who prioritize fostering a strong therapeutic alliance while providing evidence-based treatment. We will also be expanding group treatment options and encourage those with an interest in same to apply. For more information about our practice, please visit www.MyPsychologist.ca.
- If you are interested in joining our team as an associate, please submit a cover letter with CV to info@PerrierWellness.ca**

- AULAKH PSYCHOLOGICAL & COUNSELLING SERVICES** is a well-established, vibrant, growing, and collegial practice in Halifax, Nova Scotia. Our recently renovated and expanded office features a large waiting area/lobby, attractively decorated and furnished offices, a kitchenette, a back entrance through the kitchen, ample free parking and wheelchair accessibility. We are centrally located in the north end of Halifax within the Gladstone Professional Building. Our lobby and offices are spacious enough to comfortably permit in-person services in adherence with Department of Health COVID-19 social distancing rules.
- We employ a full-time Practice Administrator who provides comprehensive administrative support, including direct billing to some key insurance companies to help clients who cannot afford to pay directly. We provide an online calendaring and charting system (for those who want this), regular peer consultation meetings, social events, and ad-hoc consultations between clinicians are common. We offer in-person and tele-psychology (via telephone or end-to-end encrypted video conferencing) sessions to clients. We have a steady source of referrals and there are opportunities for a psychologist to readily build a client base.
- Given the referral demands, we are seeking a qualified Registered Psychologist, or Candidate Registrar, to be a part of our team. We are looking for a client-focussed candidate who likes to work collaboratively with clients and other health care professionals. The successful candidate would be warm, ethically minded, and have a fundamental respect for the clients we work with. The successful candidate must be a Registered Psychologist, or Candidate Register, of good standing in the province of Nova Scotia and be able to/have:
- Implement evidence-based treatment with clients,
 - Previous experience working with adults and teens,
 - Experience working with couples, families, and children is considered an asset
 - Previous experience conducting mental health assessments
- Our practice encourages and provides supports for on-going professional training and consultation. This position is for either a part-time or full-time registered or candidate registrar psychologist and has flexibility around hours worked. We ask any interested psychologists to forward your information in confidence to:
- Aulakh Psychological and Counselling Service Inc., 305-6155 North Street, Halifax, NS B3K 5R3**
Phone: 902-490-0090 – Fax: 902-490-0099 Email: info@aulakhpsychology.ca Website: <https://www.aulakhpsychology.ca/>

Advertisements

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Carleen Hall Psychological Services



At Carleen Hall Psychological Services, we support professional growth and collaboration. We implement evidence-based treatments (e.g., EMDR, CBT, ACT, DBT) and encourage case consultation and educational opportunities. We offer associates a team environment, comfortable office space, and full-time administrative support. For further information about our practice, please consult our website: www.carleenhall.ca

We currently have an opening for an experienced Psychologist competent in working with the child, teenage, and young-adult populations, presenting with a variety of mental health issues. This position requires a minimal commitment of ten client hours per week with the opportunity to grow. The successful applicant will hold either a Masters or PhD degree and must be registered with NSBEP (candidate registered will be considered). Preference will be given to candidates who are comfortable working within areas of psychological assessment and the treatment PTSD/ trauma related disorders.

If you are interested, please fax, email or send resume to:

**Carleen Hall Psychological Services, 250 Baker Drive, Suite 235
Dartmouth Nova Scotia B2W 6L4
Email: carleenhall@eastlink.ca Fax: 902-406-7414**

Mindful Therapies, Inc.



MINDFUL THERAPIES

Full or Part-Time Psychologist Position — Exciting opportunities to work remote or on-site!

Mindful Therapies Inc. is now recruiting Master's or PhD Psychologists (Registered or Candidate Register) from anywhere in Nova Scotia. We are looking to expand our online service offerings, which means you can work from home fully, part-time, or on-site as you would like. Financial incentives for working from home are available.

We strive to provide Psychologists with full clinic resources, so that you can do your work, and we take care of the rest.

We offer our independent contractors:

- Full administrative support for all bookings, invoicing, tracking etc.
- All marketing materials and advertising
- Office space and equipment for on-site therapy if that is your preference
- Financial support for continued education
- Financial incentives for work-from home options and long-time service
- Bi-monthly consultation and support with the team
- Options for extended health benefits

Looking for a highly motivated, passionate therapist who values independence, high quality service delivery and a peaceful, calm work environment. We are a small and close-knit long-term team of highly-skilled therapists. We are located at 168 Ochterloney Street in downtown Dartmouth, NS. We have both Psychologists and Social Workers on our team, along with full-time dedicated office administration that makes our work and clinic run smoothly. Our small clinic strives to offer our clients a relaxing and therapeutic space to work through some of life's toughest challenges. Though our therapeutic modalities vary, we all operate from a base of mindfulness and compassionate, client-centred care. Our main areas of intervention are with general adult mental health, with particular specialization in trauma therapies.

To apply, please send your CV and a cover letter detailing what hours and type of work you are interested in to Dr. Rebecca Boehm: rebecca@mindfultherapies.org.



DR. NINA WOULFF

PSYCHOLOGIST & ASSOCIATES

Counselling for Children, Teens, Adults & Families

Private Practice Psychologist Position

Dr. Nina Woulff, Psychologist & Associates is a long established, highly respected and thriving private practice located in central Halifax. Referrals are abundant and are of a wide age range and diverse cultural backgrounds.

We have an opening for a mature Associate Psychologist with well developed clinical skills, confident clinical approach and identified areas of expertise, who can provide therapy for adult clients.

The position entails at least 18-25 client therapy hrs/week with the possibility of additional hours. Our office is a very attractively designed suite in a health services professional building.

In this practice Associates are provided referrals that fit with their areas of expertise and interest. Associates manage their own cases and consultation is readily available. We provide both in office and online therapy.

This is an excellent opportunity for a psychologist looking to work in a supportive, collegial and delightful private practice.

Applicants must have Permanent Resident or Citizen status in Canada and hold current psychologist registration in at least one Canadian jurisdiction.

Interested applicants are invited to send resume and cover letter to Dr. Nina Woulff at:

HALIFAX PROFESSIONAL CENTRE

5991 SPRING GARDEN ROAD, SUITE 345

HALIFAX, N.S. B3H 1Y6

T: 902-492-1271

F: 902-421-1990

nw@DrNina.ca

www.DrNina.ca

Advertisements

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Shift Psychological and Counselling Services



- Shift Psychological and Counselling Services is looking for a match. We are seeking a psychologist with the shared vision of having a thriving practice, engaged collegial relationships, and supportive practice management.
- Our practice is located in a thoughtful office setting, and we operate with authenticity and humanistic values at our core.
- We are an established and expanding practice that provides exceptional counselling services and administrative client care to a diverse population of young adults, adults, and couples. Our practice manager excels in providing tailored practitioner support, including best-fit client-matching and autonomy in work hours. This support also includes full-scale administrative services such as client scheduling and payment processing, which allows practitioners more time for clinical consultation and professional wellness.
- You will benefit from steady referrals working within the primary areas of clinical or counselling psychology, using empirically validated, trauma-informed practices. Experience with Emotion-Focused Therapy for couples would be an asset, but is not required.
- You will be supported in both in-person and telepsychology services. Ongoing telepsychology services will continue to be supported, which also makes this a great opportunity for psychologists who live outside of HRM and who wish to work remotely.
- Our practice is located in a renovated heritage building on vibrant Cornwallis Street within peninsular Halifax. All of our offices feature exposed brick walls, hardwood floors, and natural light from large windows. The Halifax Commons are steps away from our front door, as are a wide variety of local shops and services. Compensation is favourable, with room for growth within the practice.
- To apply for this opportunity, you must be a registered or candidate-registered psychologist with the Nova Scotia Board of Examiners in Psychology, and have proof of individual professional liability insurance. Ideal candidates will have the autonomy and drive to work independently, while also valuing connection and collaboration with colleagues.
- Interested psychologists can contact Laurie Tracey at: laurie@shifttherapy.ca.
- Please include a cover letter, references, and curriculum vitae when applying. Successful candidates will be contacted for an interview.



TRUE NORTH PSYCHOLOGICAL SERVICES is excited to announce that we are seeking both Masters or Doctoral level Psychologists and Masters Level Social Workers (MSW) with an interest and experience working with individuals and families impacted by trauma to join all three of our practices in Nova Scotia (e.g., New Minas, Halifax and Kingston).

We work closely with governmental agencies, organizations who assist veterans, military personnel, first responders and many other referral sources. However, our referrals are not limited to trauma-related challenges as we also work with adults, couples, families, and children facing a wide range of mental health and personal challenges. We regularly have a surplus of referrals and are eager to provide services to all in a timely fashion. By joining our team, you will have the opportunity to work alongside other mental health professionals, including Psychiatrists, Psychologists, and Clinical Social Workers You will also receive administrative support as well as the flexibility to create your own schedule to maintain a positive work-life balance (part-time & full-time opportunities available).

We are looking for someone who possesses the following:

- Holds a graduate degree in psychology or Social Work from an accredited university, including MA, MSc, PhD, and PsyD, MSW. Various academic backgrounds are encouraged to apply (Clinical, Counselling, Child, etc.).
- Ability to utilize empirically-validated, trauma informed practices and other evidence-based treatment modalities.
- Has relevant working experience in areas of practice, with an emphasis on trauma-related work.
- Registered (must be in good standing) with the Nova Scotia Board of Examiners in Psychology (NSBEP) or registered (must be in good standing) with the Nova Scotia College of Social Workers (NSCSW).
- Must possess Professional Liability Insurance or willingness to obtain insurance.
- Demonstrates professionalism and effective case management skills (e.g., timely reports).
- An interest in working with couples or perinatal clients will be considered an asset.

It should be noted that this position is ideally in-office, in-person sessions with the option to offer tele-health (e.g., video, phone) in the event that a client or clinician is unable to attend a session in person.

To apply for this position please send your CV to:

Lori Rose, Practice Manager & Executive Assistant at lori.rose@truenorthcr.com.

When you apply please specify the practice location for which you are applying.



Committees & Representatives

Please contact the chair or APNS office for further information or to communicate changes to the list of committees & representatives.

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 Janice Howes

GROUPS

Child & Adolescent Psychology Interest Group (CAP-I)

is comprised of psychologists who work with children and adolescents and their families. Meetings are bi-monthly during the academic year to share information on topics of interest and to provide an opportunity to get to know our colleagues who work in a range of settings (schools, hospitals, universities, private practices, forensic settings, etc).

Penny Corkum, Chair

Early Career Psychologist Group

Ena Vukatana
 Julie Wershler

Contact the APNS Office for more info on how become involved in APNS committees.

Advertising Rates

The acceptability of an ad for publication in APNS publications is based on legal, social, professional, and ethical considerations. Also, an ad must be in keeping with the generally scholarly and professional nature of the publication. All content submitted is subject to APNS approval, and may be withheld with refund for any reason.

Non-Member Print Advertising Rates

"Nova Scotia Psychologist:"

Businesses

Full Page \$500.00
 3/4 Page \$400.00
 1/2 Page \$300.00
 1/4 Page \$250.00

Business Card \$200.00

Consecutive Editions: 1st ad - regular rate, 2nd & more - 10% discount per issue; i.e. \$500, \$450, \$400, \$350, to a minimum rate of \$300 for a full page ad

Other Professionals: (physicians, lawyers, etc.)

Full Page \$400.00
 3/4 Page \$300.00
 1/2 Page \$250.00
 1/4 Page \$150.00

Consecutive Editions: 1st ad - regular rate, 2nd & more - 10% discount per issue; i.e. \$400, \$360, \$320, \$280, to a minimum rate of \$250 for a full page ad

Businesses & Professionals – calendar or text-based

Event / Workshop \$100.00
 Job Postings \$75.00
 Mass Stand-alone E-Mail \$300.00
 Monthly Member E-mail \$25

Not-for-profit (incl. schools / hospitals)

Full Page \$125.00
 3/4 Page \$100.00
 1/2 Page \$75.00
 1/4 Page \$50.00

Business card \$35.00
 Mass Stand-alone E-Mail \$200.00
 Monthly Member E-mail \$15

Non-Member Website Ad Rates

Businesses & Professionals

Event / Workshop \$100.00 per 45 days
 Job Postings \$75.00 per 30 days

Not-for-profit (incl. schools / hospitals)

Event / Workshop \$50.00 per 45 days
 Job Postings \$50.00 per 30 days

APNS Member Print Ad Rates

"Nova Scotia Psychologist"

Full Page \$90.00
 3/4 Page \$75.00
 1/2 Page \$50.00
 1/4 Page \$30.00

Business Card \$25.00
 Event / Workshop \$25.00
 Job Postings \$25.00

Mass E-Mail \$150.00

Monthly Member E-mail free

APNS Member Website Ad Rates

Event / Workshop \$25.00 per 30 days
 Job Postings \$25.00 per 60 days

For more information contact apns@apns.ca

Publication Information

The Nova Scotia Psychologist is published three times each year by the Association of Psychologists of Nova Scotia. Its purpose is to foster communication within the psychology community. Submission of articles is encouraged, as well as letters to the Editor. The Editor reserves the right to select and edit manuscripts and letters submitted for publication. Publication does not necessarily imply endorsement by APNS or by the Editorial Board of The Nova Scotia Psychologist.

Subscriptions are free to all members and Affiliates of the Association. Others may subscribe for \$25 per year. The Nova Scotia Psychologist accepts advertising of direct interest to the psychology community. Advertisers should write to the address below. Non-profit organizations may be permitted free announcements, subject to space availability.



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