

PSYCHOLOGIST

A Journal Published by The Association of Psychologists of Nova Scotia

Inside...

PRESIDENT'S REPORT: Dr. Jennifer Richards, R. Psych.

Winter 2021-2022

President's Report	1
Call for Nominations: Executive	3
Call for Nominations: Honours, Awards & Bursaries	4
APNS Awards 2021: Presented in Person	5
Psychology Month 2022	6
The Nova Scotia Psychologist: New Format	8
Upcoming APNS Survey	9
APNS is Hiring	10
In Memoriam: Dr Patrick O'Neill	11
Acknowledgements	12
Advertisements	13
Committees and Representatives	16



Dr Jennifer Richards,
APNS President

*In the bleak
midwinter, frosty
wind made moan
Earth stood hard as
iron, water like a
stone
Snow had fallen,
snow on snow, snow
on snow
In the bleak
midwinter, long ago.*

~ Christina Rossetti

As I'm writing this, it's an uncharacteristically cold and dazzlingly sunny day. I'm appreciative of the beauty of frost-kissed trees in a scintillating snow-capped world. I am appreciative, too, of how APNS has welcomed the New Year with gusto. While Winter can seem bleak and never ending, inside the busy workings of APNS, time has been flying since our last newsletter! I look forward to updating you on our efforts, which are largely due to the tireless efforts of our many, enthusiastic volunteers, along with our Executive Director, Susan, at the helm.

One endeavour has been APNS's advocacy efforts with government; efforts which have been mirrored in nation-wide advocacy to enhance access to psychological services. You'll read more of this in a separate, more detailed email, but the gist is: due to APNS's advocacy, government has consulted with APNS to discuss

how to help all Nova Scotians' acquire timely, appropriate, access to evidence-based psychological services. It has been exciting to participate in these conversations with a government as we thoughtfully consider how to prioritize mental health and addictions in the province. This is theme at a national level and has captured the attention of the Council of Professional Associations of Psychologists (CPAP) and the Canadian Psychological Association (CPA) – both of whom have offered to support APNS with ongoing advocacy efforts.

The political landscape is ripe for enhancement to mental health services, with all parties in the most recent federal election (2021) committing to improving and expanding access to mental health services – including psychological services. The expectation is to make the inaccessible (e.g., psychological services) more accessible now that government has committed to introducing universal mental health and addictions coverage and new billing codes for providers. Nova Scotia is not the only province to advocate for improved access to mental health services. Indeed, other provinces (Quebec, Ontario, and British Columbia) have been

(Continued on page 2)



Vol. 34• N° 1

Winter 2021-2022

Reports

PRESIDENT'S REPORT

(Continued from page 1)

working to integrate mental health services into the broader health system in the spirit of effectively and efficiently providing mental health services. Although we are still in the (very!) early stages, APNS feels encouraged; we will circulate more information along with a survey so we can understand your thoughts on this topic.

As noted in my last report, we continue to have many irons in the fire (e.g., collaborating with NSBEP, policy development, working with BMS to enhance our members understanding of liability insurance, etc.). In the interest of keeping this report brief, I will focus my last update on APNS's ongoing relationship with the Atlantic Policy Congress of First Nations Chiefs Secretariate. They presented a free Indigenous Mental Wellness & Addictions virtual training conference (February 8-10). By the time this report circulates, I hope to have taken the opportunity to enhance my knowledge of how mental health services can, and should be for Indigenous peoples. This is a chance to participate in awareness raising in the spirit of culturally

sensitive care, which aligns with our Code of Ethics and CPA's response to Canada's Truth & Reconciliation report. Additionally, APNS has circulated various learning opportunities; I hope your appetite has been whetted.

In closing, it has been a busy Winter – and it's not over. For those of us who are feeling the weight of the pandemic, heavy professional loads, short days and long shadows, I understand it has felt (and can feel) bleak. I also believe it's darkest before it's dawn, and so I'll keep returning my attention to the feeling of gratitude and appreciation. I'm grateful and appreciative of opportunities through APNS to consult, learn, and continue to collaborate with skilled and compassionate volunteers. Until next time!



Dr. Jennifer Richards, R.Psych
APNS President

Get involved in APNS



Spring is coming and all of our committees are looking for new members.

If you want to find out more about volunteer opportunities with APNS please contact Susan at apns@apns.ca

APNS CALL FOR NOMINATIONS: EXECUTIVE COMMITTEE

The Nominations and Elections Committee of APNS is asking the membership for nominations for the following positions on the APNS Executive:

PRESIDENT-ELECT
MEMBER-AT-LARGE (Human Resources)
MEMBER-AT-LARGE
TREASURER
STUDENT REPRESENTATIVE

The person elected to the President-elect position will serve for a three-year term, as President-elect, President and Past-president. The other positions are for a two-year term. Only registered psychologists may be nominated for the President-elect position, however registered and candidate psychologists are eligible for Secretary and Member-at-large, and graduate students for the Student Rep. If more than one person is nominated for the same position, APNS will hold an election.

If you know anyone who would be a good addition to the Executive please consider nominating them.

Download and complete the [Executive Nomination Form](#).

For more information please contact Shelley Goodwin, Chair, Nominations & Elections Committee at slgoodwin@eastlink.ca or apns@apns.ca

APNS strives to foster a sense of community among all who identify with psychology by supporting inclusion, equality and celebrating diversity. We welcome nominees who indicate that they identify as Indigenous People, African Nova Scotians and other racially visible persons, persons of the 2SLGBTQIA+ community, persons with disabilities and genders in occupations or positions where they are under-represented.

Submitted on behalf of the APNS Nominations & Elections Committee.

Volunteering with APNS

Active committee members receive a volunteer voucher that may be used for any APNS workshop or APNS membership fees.

Please also note that participation in an APNS committee can count towards your NSBEP Continuing Competence credits.

We have some interesting opportunities for you.

Voucher value:

- Executive Committee Members - \$175
- Chairs of Other APNS Committees - \$100
- Committee Members - \$50
- APNS Designated Representatives - \$100

Criteria:

- Volunteer must have served for a minimum of 1 year.
- Volunteers must take an active role in the committee.
- Volunteers accrue no more than \$250/year in benefits.
- Benefits must be used within 1 year of being awarded.

For more information please contact apns@apns.ca

Reports

APNS CALL FOR NOMINATIONS: HONOURS, AWARDS and BURSARIES

The APNS Nomination & Elections Committee encourages you to submit nominations for the following awards. To submit please download and complete the appropriate form and email to: apns@apns.ca The deadline for all nominations is April 18, 2022 at 5 pm.

- [Fellow](#)
- [Lifetime Contribution](#)
- [Excellence in Psychology](#)
- [Outstanding Early Career Psychologist](#)
- [Outstanding Student](#)
- [Community Service by Psychologists](#)
- [Community Service in Mental Health](#)
- [Diversity Bursary](#)

APNS Fellow – This designation honours those members who have made significant and enduring contributions to APNS and have helped shape the Association and have contributed to the development of psychology in Nova Scotia.

Dr. J.A. Charles Hayes Lifetime Contribution Award honours Dr Charles Hayes, a respected Psychologist whose career may be said to be a model of lifetime commitment. This award recognizes depth and engagement of long-term service and recognizes those who have spent a significant part of their professional lifetime supporting APNS, its member psychologists, and the profession of psychology at the provincial, national and international level.

APNS Excellence in Psychology Award focuses on excellence in the profession of Psychology. The recipient of this award is an APNS member who is in mid-career (~11 to 30 years) who has demonstrated excellence in their professional activities or in their volunteer activities while acting as a Psychologist. The award may be given for work relating to: 1) area of practice (health, forensic, neuropsychology, addictions, assessment); 2) work setting (school, hospital, private practice, teaching, research); 3) population (child, teen, geriatric, couple, diverse groups, 1st responders, marginalized populations); 4) treatment area (PTSD, pain, grief, workplace); and 5) peer-related (supervision,

mentoring, peer support, consultation, or collaboration).

Outstanding APNS Early Career Psychologist (ECP) Award highlights the challenges of being an ECP, those in the first 10 years of their psychology career, after graduation from a professional post-graduate psychology program. The recipient is an APNS member who has actively participated in APNS at the committee or Executive level, has used the services of APNS to advance their career in psychology, and who plans to continue a career in psychology in NS.

Outstanding APNS Student Award highlights the challenges of preparing for a career in psychology at the Masters or Doctoral level. The recipient is an APNS student member who has not previously won this award, has participated in APNS at the committee or Executive level, has actively used the services of APNS and who hopes to pursue a career in psychology in Nova Scotia.

APNS Community Service Award for Psychologists recognizes the contributions of psychologists who do outstanding volunteer service in the community beyond their role as a psychologist. It acknowledges and raises awareness of the important contributions that psychologists make to the greater community. These contributions may include on-going volunteer work or commitment to a specific community or cause, e.g., fostering inclusion, promoting sensitivity and understanding of marginalized populations, poverty and health promotion initiatives.

APNS Community Service Award in Mental Health recognizes the contributions of non-psychologists who have made valuable contributions to the community in a health and wellness setting or through other activities that touch and benefit the greater community by raising awareness or advocating for mental health or wellness issues. Recipients are individuals who work on their own or as part of an organization, or organizations for their programs or initiatives.

(Continued on page 5)

APNS AWARDS 2021 ~ Presented in Person

The APNS Awards for 2021 were presented virtually at the AGM. Four of the Awards: the Excellence in Psychology Award, the Community Service Award in Mental Health, the Community Service Award for Psychologists and the Lifetime Contribution Award also include engraved gifts. We had the pleasure of presenting three of those awards in person. We arranged that the person who nominated those awards also presented them, along with the Executive Director.

The Excellence in Psychology Award

Recipient:
Dr. Joanne Gillespie

Nominated by:
Jennifer Richards



The Community Service Award in Mental Health

Recipient:
Sherry Bernard, President
Loon Lake Cherry Brook
Development Association

Nominated by:
Harpreet Aulakh

The Community Service Award for Psychologists

Recipient:
Madeleine Stobbe

Nominated by:
Harpreet Aulakh



Sadly, the fourth Award Recipient, Dr Patrick O'Neill passed away before we could present him with his award in person. He was able to attend the virtual AGM in May and expressed his gratitude for the award, and was especially pleased that it was named after his long-time friend, Charles Hayes.

Please see page 11 for his obituary. He will be greatly missed.

APNS CALL FOR NOMINATIONS: HONOURS, AWARDS and BURSARIES

(Continued from page 4)

APNS Diversity in Psychology Bursary assists Psychology students who identify as being from a diverse population and are in pursuit of post-secondary education in Psychology with a long-term goal of having a more diverse profession. The applications will be evaluated on three factors — financial need, community involvement and career goals.

APNS strives to foster a sense of community among all who identify with psychology by supporting inclusion, equality and celebrating diversity. We welcome nominees who indicate that they identify as Indigenous People, African Nova Scotians and other racially visible persons, persons of the 2SLGBTQIA+ community, persons with disabilities and genders in occupations or positions where they are under-represented.

Submitted on behalf of the APNS Nominations & Elections Committee.

Reports

PSYCHOLOGY MONTH 2022

It's already February and it is Psychology Month. Once again with the pandemic still around us, we have not attempted to do the public presentations that were so successful in the past. We are continuing our public awareness social media campaign.

A few psychologists have offered to share their personal webinars, so here are the presentations we are featuring this month:

Podcast: "This Is Your Pandemic Brain on Steroids". Presented by Dr. Dayna Lee-Baggley, Ph.D., R. Psych. <https://tinyurl.com/2p95rus7>

Webinar: "Exploring Mindfulness". Presented by Jacqueline Milner, R. Psych. <https://tinyurl.com/5c5f9ujx>
Please note this presentation will be available only for the month of February.

Webinar: "But I'm Not Tired – Sleep in Childhood". Presented by Dr. Ayala Gorodzinsky, R. Psych. Posted on the APNS YouTube Channel. <https://youtu.be/xhK33zVtfQQ>

Webinar: [IRest Practice](#). Presented by Jeannette Kennedy, R. Psych. <https://vimeo.com/657767413>

Webinar: "The Pandemic Echo". Presented by Dr Kiran Pure, R. Psych. and Kathleen Smith, R. Psych. Posted on the APNS YouTube Channel. <https://youtu.be/z-00BWGSURk>

In addition to these presentations, are postings on Twitter, Instagram, Facebook, YouTube, and LinkedIn. with bi-weekly posts primarily focused on self-care for the public.

Thanks to Natalie Stratton and her students at Dalhousie University who have been providing me with ready-to-post social media messaging and images since the Fall. The most recent was on Valentine's Day, so became part of our Psychology Month posts.

Here is "Keep it off-line on Valentine's Day"



On the opposite page you will see CPA's Psychology Month Poster. This year CPA is highlighting how psychology touches all our lives. They are profiling each of their 34 sections, and the work they do. <https://cpa.ca/psychologymonth/>

Why not follow us on social media. We encourage you to visit us on Facebook, Twitter, Instagram, YouTube and LinkedIn. We need you to help get the message out. Here are the links.

- <https://www.facebook.com/AssociationofPsychologistsofNovaScotia>
- <https://twitter.com/apnsPsych>
- <https://www.instagram.com/apnspsycho/?hl=en>
- <https://www.youtube.com/channel/UCjpfHHXUzclrEXdDW7iYPVQ>
- <https://www.linkedin.com/company/association-of-psychologists-of-nova-scotia/?viewAsMember=true>



ADDICTION PSYCHOLOGY | ADULT DEVELOPMENT AND AGING | BLACK PSYCHOLOGY | BRAIN AND COGNITIVE SCIENCES | CLINICAL NEUROPSYCHOLOGY | CLINICAL PSYCHOLOGY | COMMUNITY PSYCHOLOGY | COUNSELLING PSYCHOLOGY | CRIMINAL JUSTICE PSYCHOLOGY | DEVELOPMENTAL PSYCHOLOGY | EDUCATIONAL AND SCHOOL PSYCHOLOGY | ENVIRONMENTAL PSYCHOLOGY | EXTREMISM AND TERRORISM | FAMILY PSYCHOLOGY | HEALTH PSYCHOLOGY AND BEHAVIOURAL MEDICINE | HISTORY AND PHILOSOPHY SECTION | INDIGENOUS PEOPLES' PSYCHOLOGY | INDUSTRIAL/ORGANIZATIONAL PSYCHOLOGY | INTERNATIONAL AND CROSS-CULTURAL PSYCHOLOGY | PSYCHOLOGISTS IN HOSPITALS AND HEALTH CENTRES | PSYCHOLOGY IN THE MILITARY | PSYCHOLOGY CAREER AND PROFESSIONALS | PSYCHOLOGISTS AND RETIREMENT | PSYCHOPHARMACOLOGY | QUANTITATIVE METHODS | QUANTITATIVE ELECTROPHYSIOLOGY | RURAL AND NORTHERN PSYCHOLOGY | SEXUAL ORIENTATION AND GENDER IDENTITY | SOCIAL AND PERSONALITY SECTION | SPORT AND EXERCISE PSYCHOLOGY | STUDENTS | TEACHING OF PSYCHOLOGY | TRAUMATIC STRESS SECTION | SECTION FOR WOMEN AND PSYCHOLOGY (SWAP)



#PsychologyMonth #PsychologyMakesADifference

Reports

THE NOVA SCOTIA PSYCHOLOGIST NEW FORMAT: Coming 2022-2023

There are changes coming to this newsletter starting in 2022 through 2023. The look and content for the *Nova Scotia Psychologist* has not changed in many years. We intend to make significant changes over the next few months. Most of the changes will be in content rather than format, at least for now. There may be future changes to the design and layout of each issue, e.g., fonts, colour, or layout, but that will be decided as the new format is being developed.

Currently, the newsletter is published 3 times a year in winter, spring and summer. All issues contain the same topics, including the President's message, NSBEP Reports, Committee updates, workshops, job ads, etc. Our plan is to increase the issues from three to four, making each one smaller, with content that is more focused and specific to the time of year the issue is published - January, April, July, October.

All issues will still contain the President's message and NSBEP Reports. Instead of the job opportunity display ads, repeating what is already on the APNS website, there will be a text-based list of the ads, with linked to the APNS website, and each practice website. (Similar to those in this issue). A small amount of space will be devoted to paid ads from external sources. The Acknowledgement page will also remain, which recognizes new APNS members, candidates and newly registered psychologists. Everything else will be assigned to a specific Issue. The Monthly Updates will continue to be emailed monthly with time-sensitive information.

January Issue: Professional Development

This will be a calendar summarizing the upcoming workshops, webinars, events and opportunities, including are those presented by APNS, those presented by APNS members, and relevant non-APNS workshops. It will also highlight future CE opportunities and include Calls for suggestions, participation or registration. This will also be where you will find notices and reports from APNS regional representatives or APNS interest groups

(CAP-I, ECP, etc.) on CE-related activities happening in their region or specialty.

April Issue: The Annual Report

This will be much like the existing Spring issue that we publish prior to the Annual General Meeting. It will contain all of the required reports and documents that are addressed at the AGM, including Committee Reports, the Treasurer's Report, Auditor's Report, and the annual budget.

July Issue: Member Recognition

This issue will profile the APNS Award winners, new members of the Executive Committee, or other committees. It will also feature other volunteers and profile members from across the province and the highlight their work (research, publications, community outreach, etc.) or their private practice. This newsletter will also promote volunteer opportunities. APNS external partnerships and outreach initiatives may also be highlighted.

October Issue: The Journal

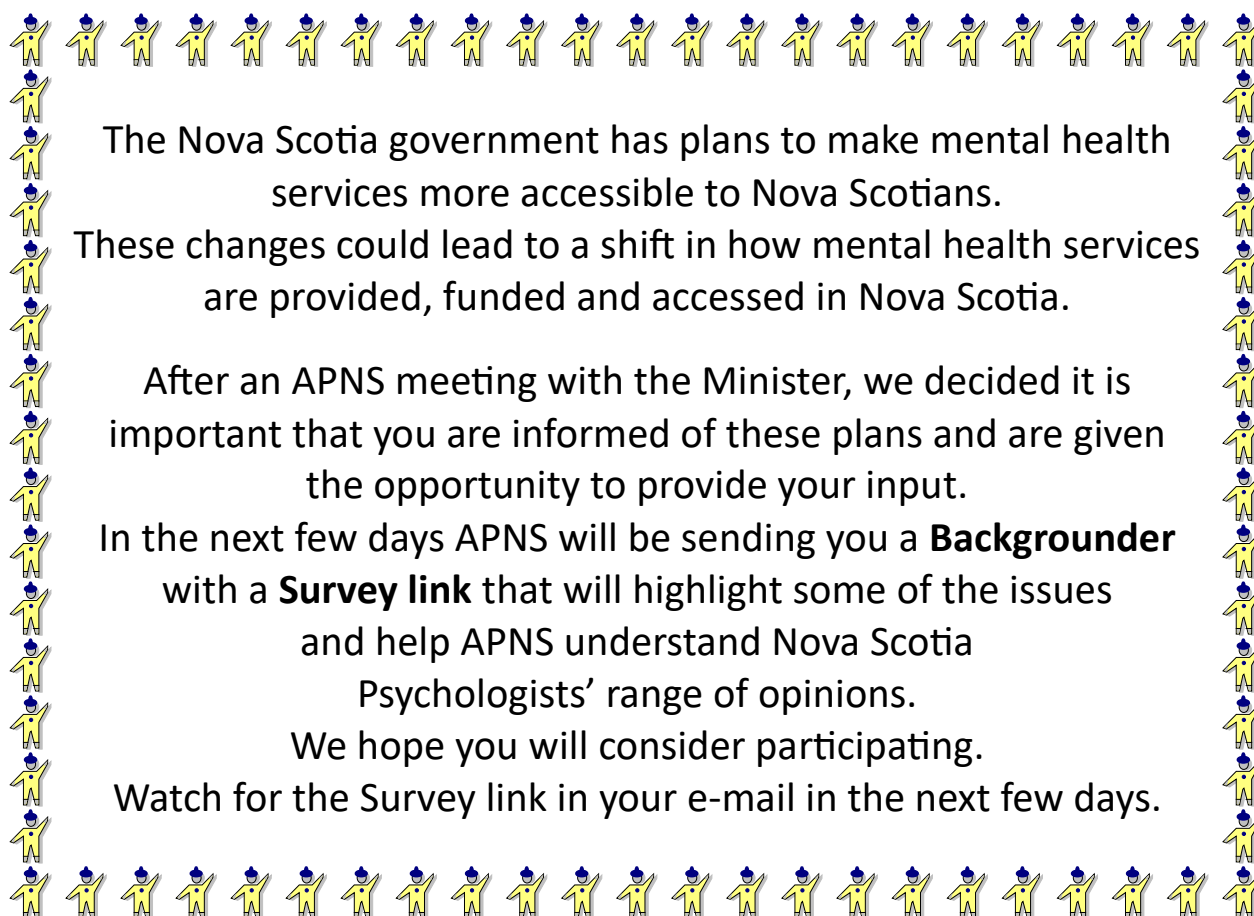
This issue will focus on reports from conferences that members and student members have attended over the preceding year. It will also highlight APNS member participation in these conferences, and will contain book reviews, notices and publications of relevant research studies, particularly those of student members. Guest editors will be invited to "host" on a particular topic, encouraging their colleagues to write articles on topics common to their special interests, e.g., ethics, diversity, technology, self-care, population-based or methodology-based therapies, etc.

This new format will require a bit more work to put together, which we are addressing in two ways.

- We have created a permanent part-time Administrative Assistant position, (page 10) and a n on-going summer PR/Communications position to be filled by a co-op student. These two positions will contribute some of their time to the creation of the newsletters.
- We have also added a volunteer position for an Executive Editor who will work with and advise

(Continued on page 9)

WATCH FOR UPCOMING APNS SURVEY



The Nova Scotia government has plans to make mental health services more accessible to Nova Scotians. These changes could lead to a shift in how mental health services are provided, funded and accessed in Nova Scotia.

After an APNS meeting with the Minister, we decided it is important that you are informed of these plans and are given the opportunity to provide your input.

In the next few days APNS will be sending you a **Backgrounder** with a **Survey link** that will highlight some of the issues and help APNS understand Nova Scotia Psychologists' range of opinions.

We hope you will consider participating.

Watch for the Survey link in your e-mail in the next few days.

THE NOVA SCOTIA PSYCHOLOGIST NEW FORMAT: Coming 2022-2023

(Continued from page 8)

the Executive Director in obtaining and editing content. This position will oversee all issues but with a particular emphasis on the Journal issue.

And finally, more than anything else, we will need your input. As you can see from the above descriptions, we are making more space for the recognition of all our members and the work that they do. This means that, whether as a volunteer or a yet-to-be-involved member, we want to hear from you. So we encourage you to provide suggestions for content.

- Are you attending a conference in the coming year? Why not write a brief review of the conference, or a summary of one interesting session.
- Are you presenting at a conference or doing a

webinar that would be of interest to your colleagues? Let us know and we will share the information.

- Do you know a colleague who is doing great work in their area of practice? Send us an email and we will reach out to them for a profile.
- Is there a particular evidence-based practice that you want to highlight? Submit an article.
- Want to address you specific area of practice? Offer to be a Guest Editor and get your colleagues to write on an aspect of that.
- Do you have an idea for an article, a suggestion or a comment? Take 5 minutes to send an email to apns@apns.ca

We hope the new format will inspire you to reach out to us. For the *Nova Scotia Psychologist* to be relevant to you needs, we will need your input.

Reports

JOB OPPORTUNITY: APNS is Hiring a Permanent Part-time Administrator

If you know someone who might be a good fit for this position, please contact apns@apns.ca. We will be posting this position externally soon.

APNS Administrative Manager

Primary Duties

The Administrative Manager is responsible for the coordination of all APNS office activities. As the primary point of contact for APNS members and the general public, the Administrative Manager carries out all administrative and clerical duties, and provides support for the activities of the Executive Director and other staff. Responsibilities include bookkeeping, communications, membership services, and event support.

Office Administration

- Handles general bookkeeping duties, including preparing materials for the Accountant/Auditors, invoicing, processing payments, and receipting.
- Maintains appropriate organizational records; updates filing, mailing and databases.
- Manages all information that comes through the APNS office and ensures it is acknowledged and forwarded to the appropriate individual for action.
- Provides general information to members and the public on a daily basis.
- Handles specific requests for private practice referrals, media, roster, and other requests; identifies those that should be referred to the Executive Director or other staff, as appropriate.
- Maintains and updates membership and private practice databases and all rosters.
- Handles all details relating to the membership and private practice renewals, and workshop registration.
- Manages all office technical issues, including business equipment, computer hardware and software upgrades, and website content updates.
- Works with the Executive Director to design, layout and coordinate the dissemination of the Nova Scotia Psychologist and the Member Updates.

- Assists the Executive Director in various projects, events and initiatives, as required.

Committee Support

Regularly interacts with committees to coordinate activities, including:

- Attending committee meetings on behalf of the Executive Director.
- Reporting to the Executive Director on committee issues and requirements for office-based support.
- Acting as a resource to committees by providing materials and other support needed for the execution of committee projects, as authorized by the Executive Director.
- Working with committee chairs to arrange meeting dates and circulate meeting agendas; taking notes at meetings as required.

Reporting & Supervision

The Administrative Manager will report to and be supervised by the Executive Director. The Executive Director will conduct an annual evaluation and report to the Executive Committee.

Job Requirements

- Interpersonal skills and ability to coordinate with others
- Organizational and prioritization skills
- Verbal and written communication skills
- Ability to perform basic bookkeeping
- Ability to work independently
- Proficient in basic computer skills; knowledge of Microsoft Apps, database management
- A sense of professional ethics; particularly in dealing with secure, confidential or sensitive information.
- Experience in a related administrative occupation.

Hours

Part-time, Monday to Friday, 20-25 hours per week.

IN MEMORIAM: Dr. Patrick O'Neill



Patrick Terence Hugh O'Neill died peacefully at the Valley Hospice on October 1, 2021.

Pat was born in Vancouver on March 25, 1942. He was raised by his mother, Catherine, with help from other relatives, when his father did not return to Canada after the Second World War. Pat spent his childhood in Vancouver, Whitehorse Yukon, and Vanderhoof BC.

He left school early to become a radio announcer on CFWH in Whitehorse, then for CBC Northern Services. The job ended when the CBC discovered that he was underage. He worked as a newsman on various private stations in BC: CJAT in Trail, CKOV in Kelowna, CFCP in Courtenay, CHUB in Nanaimo. His most memorable experience was working with the legendary Jack Webster in the newsroom of CKLG in North Vancouver. He switched to print media in the 1960s, working as reporter and then as Island Editor of what was then the Daily Colonist in Victoria.

He was an actor, director, and playwright in Victoria. His plays were produced by Bastion Theatre, and four were featured on the CBC – three on television and one, *The Great Canadian Preface*, on national radio.

Pat switched careers in 1967, becoming a childcare worker at Sevenoaks Children's Centre. This led him, in 1969, to go back to school to train as a psychologist. He completed his B.A. (Honours) at the University of Victoria, and went to Yale University for his M.S. and Ph.D. He specialized in community-clinical psychology and was attached to the Psychoeducational Clinic while at Yale. He did a clinical internship at Illinois State Psychiatric Institute in Chicago.

Pat came back to Canada to join the psychology department at Acadia University in 1974. He worked there for 29 years before taking early retirement and becoming professor emeritus. Pat was the Chief Negotiator for the Acadia University Faculty Association (AUFA) on the first Collective Agreement. He remained active in union affairs, serving on four other negotiating teams for AUFA. He was also the Vice-President of Local 3912 Canadian Union of Public Employees from 2018 – 2020. He was a member and then Chair of the Academic Freedom

and Tenure Committee of the Canadian Association of University Teachers (CAUT) for most of the 1990s. He was an Adjunct Professor at Dalhousie University, taught Ethical Decision-Making in Psychology at Dalhousie University, at Mount Saint Vincent University and at the University of Alberta.

Pat was also active in the profession of psychology. He was the Chair of the Nova Scotia Board of Examiners in Psychology (NSBEP), Editor of Canadian Psychology, President of the Canadian Psychological Association, Executive Director of the Canadian Council of Chairs of Psychology Departments and Nova Scotia representative to the governing Council of the American Psychological Association (APA). He was on APA Council during the controversy over psychologists participating at Guantanamo Bay; Pat joined those who took a strong stand against such activities. He was the 2021 recipient of the APNS Dr. Charles J. A. Hayes Lifetime Contribution Award for outstanding service to the discipline and profession of Psychology provincially, nationally, and internationally.

His primary research interests were in Community Psychology and Ethical Decision-Making. He was the author of *Negotiating Consent in Psychotherapy* (N.Y. University Press) and, with Ed Trickett, *Community Consultation* (Jossey-Bass). He was a member of the Federal government's Interagency Panel on Research Ethics (PRE).

In addition to his professional activities, Pat also loved attending live opera and other performing arts. He enjoyed testing his eclectic knowledge by watching episodes of Jeopardy, testing theories of game psychology by playing poker with friends, accompanying his partner Janice on her annual research trips to Paris, and following the careers of his children and grandchildren both from close by and from afar.

Pat leaves behind his loving family, including his partner of over 30 years, Janice Best and three children, Terry (Gail), Seanna (Mark), and Chris (Ken). He was a proud grandfather of seven grandchildren, Teri, Meaghan, Kirstin, Hugh, Aliah, Eamonn, and Malachy, and of five great-grandchildren, Dominick, Dylan, Grace, Patrick, and Maxine. He will be missed terribly.

[White Family Funeral Home and Cremation Services]

Acknowledgements



Welcomes its Latest Members as of Jan. 31, 2022

Nicole Ali, Ph.D.	Christian Hahn, Ph.D.
Jill Aucoin, M.A.	Kayla Kilborn, M.A.
Conor Barker, Ph.D.	Laura Lambe, Ph.D.
Sarah Campbell, M.A.	Sonia Smith, M.Ed.
Emily Côté, M.A.S.P.	Lindsay Uman, Ph.D.
Marie-Eve Couture, Ph.D.	Marissa Walter, M.Sc.
Abigail Howard-Gosse, M.Sc.	

We would like to thank the membership for supporting APNS in its efforts to promote the interests of Nova Scotia psychologists through advocacy, continuing education and the support of special interests in the field.

Congratulations to the following who have recently become Registered Psychologists*

Souha Bawab, M.A.	Jessica Parker, Ph.D.
Patrick Bazinet, M.Sc.	Gillian Potter, Ph.D.
Katrina Bouchard, Ph.D.	E Alice Prichard, Ph.D.
Etta Brodersen, Ph.D.	Wafa Saoud, Ph.D.
Fiona Davidson, Ph.D.	Erika Rachel Skerrett, Ph.D.
Jackie Huberman, Ph.D.	Stephanie Snow, Ph.D.
Nitin Makwana, Ph.D.	

Congratulations to the following who have recently become Candidates*

Nicole Ali, Ph.D.	Abigail Howard-Gosse, M.Sc.
Sarah Brine, M.A.S.P.	Sonia Smith, M.Ed.
Sarah Campbell, M.A.	Shannon Squarey, M.A.S.P.
Emily Côté, M.A.S.P.	Christiane Whitehouse, Ph.D.
Adena Cox, M.A.S.P.	

**This information provided by NSBEP as of Jan. 22, 2022*

PSYCHOLOGY POSITIONS AVAILABLE IN NOVA SCOTIA

You may also visit the full listings on the APNS website.

<https://apns.ca/Publications/career-opportunities/#main>

Annapolis Valley Psychological Services are seeking Registered Psychologists and a Psychologist (Candidate Register) to provide evidence-based psychotherapy and assessments to adult clientele, but also to further expand our services to include children, adolescents, couples, groups, and families. <https://www.annapolisvalleypsychologicalservices.ca>

Bird & Associates Psychological Services Inc. is seeking a Full/Part Child/Adolescent Psychologist who is proficient in evidence-based treatment modalities. <https://birdpsychological.com>

Carleen Hall Psychological Services currently has an opening for an experienced Psychologist competent in working with the child, teenage, and young-adult populations. This position requires a minimal commitment of ten client hours per week with the opportunity to grow. <https://www.carleenhall.ca>

Crux Psychology has a position available to a part-time or a full-time psychologist with a doctoral degree in clinical, school or counselling psychology. <https://cruxpsychology.ca>

Dartmouth Psychological Services Inc. is currently seeking Psychologists to join our team on a part-time basis, with the potential to grow to full-time. <https://dartmouthpsychological.ca>

Dr. C.K. Perrier & Associates is currently recruiting psychologists to join our team as full-time or part-time associates, working out of our new office at 1687 Bedford Highway. <https://www.perrierwellness.ca>

Dr. Daniel Chorney & Associates is currently seeking a PhD or PsyD in Psychology (Clinical or Counselling Psychology). <http://www.chorneyandassociates.com>

continued on page 14-15

Advertisements

PSYCHOLOGY POSITIONS AVAILABLE IN NOVA SCOTIA

You may also visit the full listings on the APNS website.

<https://apns.ca/Publications/career-opportunities/#main>

Dr. Hubley Carruthers & Associates Counselling & Psychological Services is seeking a Registered Psychologist, or Candidate Registered Psychologist, to join her team of highly qualified, independent practitioners. <https://www.hubleycarruthers.com>

Dr. Nina Woulff, Psychologist & Associates has an opening for a mature Associate Psychologist with well developed clinical skills, who can provide therapy for adult clients. The position entails at least 18-25 client therapy hrs/week with the possibility of additional hours. <https://drnina.ca>

Dr. S Gerald Psychological Services are seeking qualified applicants to work as contract psychologists at our practice. We have immediate opportunities for clinical, school and counselling psychologists to provide services across the lifespan. <https://hannpsychologicalservices.com>

Fenwick Psychology and Wellness Associates is growing and we are hoping to welcome a Psychologist with an interest in working with adults/children to our practice. <https://fenwickwellness.ca>

Genest MacGillivray Psychologists is seeking a doctoral-level psychologist. We serve adolescents, adults, couples, and families, and are particularly looking for someone who has a specialty in counselling couples and is experienced in a wide range of clinical problems. <https://www.halifaxpsychologists.com>

Greenleaf is expanding and we are now accepting applications for full-time and part-time psychologists who wish to join our practice. <https://www.greenleafpsychological.com>

Lesley Hartman & Associates Inc. is hiring clinicians, and those interested in getting DBT training, with/without Foundational or Intensive training in DBT. As a teaching practice, we provide opportunities for students in local Clinical Psychology, Social Work and Counselling graduate schools to pursue practicum and internship placements with us. <https://www.lesleyhartmanassociates.ca>

PSYCHOLOGY POSITIONS AVAILABLE IN NOVA SCOTIA

You may also visit the full listings on the APNS website.

<https://apns.ca/Publications/career-opportunities/#main>

Marsh-Knickle & Associates would like to invite a Registered Psychologist who works with Children and Adolescents to join our team of independent practitioners.

<https://www.marshknickleandassociates.com>

Milestones Psychological Services is seeking Registered Psychologists who are interested in providing assessment and counselling services for individuals of varying ages on an occasional contract basis. <https://www.milestonespsychology.com>

Mindful Therapies Inc. is now recruiting Psychologists (Registered or Candidate Register) who wish to join our practice in the heart of Dartmouth, Nova Scotia.

<http://www.mindfultherapies.org>

Power Psychological Services is now hiring Psychologists (Registered or Candidate Register) who wish to join our private practice team in Truro, Nova Scotia. We have openings for part-time and full-time employment. <https://powerpsychservices.ca>

Seagram and Associates / Landing Strong are currently looking for a part-time/full-time Registered Psychologists. We want someone who is interested in being a leader within this evolving organization. <http://seagramassociates.com> / <https://landingstrong.com>

True North Psychological Services is seeking both Masters or Doctoral level Psychologists and Masters Level Social Workers (MSW) with an interest and experience working with individuals and families impacted by trauma to join all three of our practices in Nova Scotia (e.g., New Minas, Halifax and Kingston). <https://truenorthpsychological.com>



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Child & Adolescent Psychology Interest Group (CAP-I)

is comprised of psychologists who work with children and adolescents and their families. Meetings are bi-monthly during the academic year to share information on topics of interest and to provide an opportunity to get to know our colleagues who work in a range of settings (schools, hospitals, universities, private practices, forensic settings, etc).

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