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Spring 2022

PRESIDENT'S REPORT: Dr. Jennifer Richards, R. Psych.



Dr Jennifer Richards,
APNS President

It is a truth universally acknowledged, that ... an APNS President in possession of a good Executive, must be in want of their exceptional successor to take the reins. Jane Austen sacrilege and 19th century satire aside, it is with genuine gratitude that I welcome President Elect, Jaqueline Milner, into the role of President – what a thoughtful, and bright successor for our Association! Moving forward, our APNS Executive has retained some friendly faces (Lesa Douglas, Dr. Melissa McGonnell, Nicole MacKenzie, and Tammy Piers), and we are excited to have new members joining the Executive as well (Grace Schwenk, Dr. Frank Fedde, Dr. Marcie Balch, and Paula Winstanley)! With heartfelt appreciation, we thank Dr. Bev Butler for serving as our Treasurer (and former President!), Carol Shirley (Past President), Dr. Elaine Ply (Member-at-Large HR), and Meghan Rossi (Student Rep). Your enthusiasm, time, and perspectives have been greatly appreciated. Indeed, APNS continues to be a hub for exceptional volunteers.

Moreover, “exceptional” is something I’ve been contemplating lately, due to a virtual Psychology

Supervision Workshop I am attending. One of the presenters, Dr. Michael Ellis operationally distinguished between the provision of “adequate” and “exceptional” supervision, based on his research. Dr. Ellis highlighted that even “just adequate” supervision requires significant planning, deliberateness, and ability. In considering this, I found myself thinking of the “Government Plans for Access to Mental Health” survey that APNS disseminated to our members in early March. We had an unprecedented response rate of nearly 70%, plus members who submitted letters, or connected with APNS for discussion – thank you for participating. Our elected government committed to supporting Nova Scotians’ with timely access to psychological services. APNS asked our members to weigh-in about MSI coverage for psychological services. There was a theme of members wanting the government to be planful, deliberate, and have the ability to truly enhance accessibility of psychological services without creating new barriers and problems for Nova Scotians needing services, and without burdening an already strained profession. The parallels between Dr. Ellis’ research on what it takes to provide adequate supervision, and what it will take

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government to provide adequate psychological services to Nova Scotians means the solution will not be simple or quick. APNS is advocating to have continued opportunities to represent your hopes, concerns, and questions. In addition to the strong response rate to our survey, we have had incredible support from our Private Practice and Advocacy Committees to help interpret and conceptualize the survey data. Thank you all!

While a considerable amount of time has been dedicated to the development and compilation of the government survey data, I'll highlight a few of APNS's other undertakings over the last few months. We continue our discussions with the Atlantic Policy Congress of First Nations Chiefs Secretariat, including extending opportunities to collaborate on a workshop to help prepare psychologists to work with Indigenous clients and support psychologists with the Non-Insured Health Benefits Program (stay tuned!).

Additionally, APNS plans to share BMS webinars in the spirit of elucidating liability coverage for our members; BMS and CPA will release these soon, which is timely given that renewals for professional liability insurance are just around the corner. Additionally, the APNS family tree sprouted a couple of branches since the last

newsletter. We are happy to announce Kathleen White has accepted a permanent Administrative Assistant position to support the Executive Director, and Najah Dhuny has accepted a 16-week PR Co-Op Student placement [see pages 10-11]. Both bring excellent skills to our Association – welcome!

APNS continues to collaborate with agencies and engage in varied endeavours on behalf of our members. As I move into the Past President role, I am grateful to have had a rewarding opportunity to work alongside wonderful volunteers, and to grow - both professionally and personally. Finally, welcome again, Frank, Grace, Kathleen, Marcie, Najah, and Paula; and thanks again: Bev, Carol, Elaine, and Meghan for all you have given to APNS. I hope to see you all virtually at the AGM (Friday May 27). Until next time! - Jenn



Dr. Jennifer Richards, R. Psych
APNS President

Member Statistics at April 30, 2022			
Type	2020-21	2021-22	change
Full	490	514	+24
Retired/Inactive	16	12	-4
In Absentia	6	2	-4
Student	17	11	-6
Honourary	7	7	0
	536	546	+10 net

ANNUAL GENERAL MEETING MINUTES - May 28, 2021

Present: Executive Committee.

Bev Butler (Treasurer); Elaine Ply (Member-at-Large-HR); Todd Leader (Secretary); Carol Shirley (President); Kat Merwin (Student Rep); Meghan Rossi (Student Rep); Jeannette Kennedy (Past President); Toni Campagnoni (Member-at-Large); Tammy Piers (Member-at-Large). Minutes taken by Todd Leader, APNS Secretary. Regrets: Jenn Richards (President Elect); Staff: Susan Marsh (Executive Director); Sara Brushett (Volunteer Manager).

Members: Harpreet Aulakh, Marcie Balch, Francine Burke, Gordon Butler (NSBEP), Anne Sophie Champod, Penny Corkum, Victor Day, Lesa Douglas, Joanne Gillespie, Shelley Goodwin, Jason Isaacs, Jeannette Kennedy, Todd Leader, Farley MacLeod, Jacqueline Milner, Patrick O'Neil, Marcel Peloquin, Heather Power, Brian Reid, Natalie Rosen, Madeleine Stobbe, Karen Tang, Barry Wiser, Ena Vukatana, Daniel Chorney, Joanne Gusella
Guest: Sherry Bernard

1.0 Call to Order

Meeting called to order at 12:00 p.m. by Carol Shirley. Acknowledgement of First Peoples & Traditional Territory.

2.0 Approval of Agenda

Motion to approve the Agenda, as circulated by email on May 21st.

Motion: Shelly Goodwin/Bev Butler/Carried

3.0 Approval of Minutes

Motion to approve the minutes of the AGM June 26, 2020 as published in Nova Scotia Psychologist, 33(2) p3, with one amendment to include the Treasurer position.

Motion: Bev Butler/Shelly Goodwin/Carried

4.0 Business Arising

Motion to approve the proposed Amendments to Constitution, as published in Nova Scotia Psychologist, 33(2) p4, circulated May 14, 2021.

Motion: Toni Campagnoni/ Bev Butler/Carried

5.0 President's Report

Key messages:

Carol Shirley reported her pride in being part of APNS, and having the opportunity to serve as its President. She expressed thanks to members of the Executive for support. She expressed thanks to staff for the extremely hard work they do day in and day out. She extended sincere thanks to the members for being engaged and involved, and supporting the mission of the organization.

6.0 Treasurer's Report

Motion to approve the Treasurer's report as

circulated May 21, 2021.

Motion: Bev Butler/Shelley Goodwin/Carried

Motion to approve the proposed budget as circulated May 21, 2021

Motion: Bev Butler/Tammy Piers/Carried

7.0 Auditor's Report

Motion to approve the Auditor's Report as circulated May 21, 2021

Motion: Bev Butler/Shelley Goodwin/Carried

8.0 Committee Reports

Motion to accept the Committee reports as published in the Nova Scotia Psychologist, 33(2) p 10-17.

Motion: Carol Shirley/Bev Butler/Carried

9.0 Election of Officers

Motion to approve the slate of officers as per the report submitted by the Chair of the Nomination & Elections Committee, Shelley Goodwin, as published in the Nova Scotia Psychologist 33(2) p5.

- Carol Shirley, Past President
- Jennifer Richards, President
- Bev Butler, Treasurer
- Elaine Ply, Member-at-Large Human Resources
- Tammy Piers, Member-at-Large
- Meghan Rossi, Student Rep

New to the Executive are:

- President Elect, Jacqueline Milner
- Secretary, Melissa McGonnell
- Member-at-Large, Lesa Douglas
- Co-Student Rep, Nicole MacKenzie

Motion: Shelley Goodwin/Tammy Piers/Carried

10.0 New Business

10.1 Appointment of Auditor

Motion to appoint the Auditor, Lyle, Tilley, Davidson for 2021-2022.

Motion: Bev Butler/Todd Leader/Carried

10.2 Appointment of Electoral Officers 2021-2022

Motion to appoint the Electoral Officers
Recommended: Harpreet Aulakh, Shelley Goodwin, (Chair) Jeanette Kennedy, Jenn Richards.

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ANNUAL GENERAL MEETING MINUTES - May 28, 2021

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Motion: Bev Butler/Victor Day/Carried

11.0 Awards

Awards presented as published in the Nova Scotia Psychologist, 33(2) p 6-7.

11.1 The APNS Community Service Award for Psychologists: Madeleine Stobbe; nominated by Harpreet Aulakh.

11.2 The APNS Community Award in Mental Health: Sherry Bernard, President, Loon Lake Cherry Brook Dev. Assoc; nominated by Harpreet Aulakh.

11.3 The Dr. J.A. Charles Hayes Lifetime Contribution Award: Dr. Patrick O'Neill; nominated by Shelley Goodwin.

11.4 The APNS Excellence in Psychology Award: Dr. Joanne Gillespie; nominated by Dr. Jenn Richards.

11.5 The APNS Outstanding Early Career Psychologist Award: Dr. Jenn Richards; nominated by Marcie Balch.

11.6 The APNS Outstanding Student Award: Jason Isaacs; nominated by Dr. Jenn Richards.

11.7 The Diversity in Psychology Bursary: Karen Tang.

11.8 The Gerald Gordon Undergrad Prize: Lindsay Wyatt (Acadia); nominated by Dr. Anne Sophie Champod.

11.9 The Brian Dufton Grad Prize: Meghan Rossi (Dalhousie); nominated by Dr. Natalie Rosen.

11.10 Fellow of APNS: Dr. Shelley Goodwin; nominated by Barry Wiser.

12.0 Adjournment at 1:00 p.m. Bev Butler

Please join us for the

**APNS Annual General Meeting by Zoom
Friday, May 27th, 12:00 Noon to 1:15 pm**

<https://us06web.zoom.us/j/87470760385>

**In addition to the annual business meeting
we will be awarding the annual APNS awards.**

To attend please rsvp to apns@apns.ca

NOMINATIONS & ELECTION REPORT 2022 *(Also see pages 6 and 7 for Awards)*

Committee members: Shelley Goodwin (Chair), Harpreet Aulakh, Jeannette Kennedy Jenn Richards.

The Nominations & Elections Committee is responsible for soliciting nominations for positions on the Executive as they become available, and for conducting elections. It is also their responsibility to solicit and review nominations for APNS Awards and Honours. The Award winners will be presented at the AGM on May 27th by Zoom: <https://us06web.zoom.us/j/87470760385>

This year we have five positions to fill on the Executive: President Elect, Treasurer, Member-at-Large Human Resources, Member-at-Large and one Co-Student Representative. We have received one nomination for each of the positions and so will not be holding an election.

The new Executive members are:

Paula Winstanley, President Elect

Marcie Balch, Treasurer

Frank Fedde, Member-at-Large Human Resources

Grace Schwenck, Co-Student Representative

Tammy Piers, Member-at-Large (returning for another term).

At the AGM on May 27th the new APNS Executive Committee will be presented and acclaimed as follows:

Jennifer Richards, Past President

Jacqueline Milner, President

Paula Winstanley, President Elect

Marcie Balch, Treasurer

Melissa McGonnell, Secretary,

Frank Fedde, Member-at-Large Human Resources

Tammy Piers, Member-at-Large

Lesa Douglas, Member-at-Large

Nicole MacKenzie and Grace Schwenck, Co-Student Representatives

Jennifer Richard will be moving to the Past President position and Tammy Piers will be returning for another term as Member at Large.

Bev Butler will be stepping down. She has served for five years on the Executive, most recently as Treasurer, prior to that as President Elect, President and Past President.

Carol Shirley will be stepping down after three years as President Elect, President and Past President.

Elaine Ply will be stepping down as Member-at-Large Human Resources.

Meghan Rossi will be stepping down as Co-Student Representative

Thank you Bev, Carol, Elaine and Meghan for your contribution and commitment to the Executive. You will be missed.

Submitted on behalf of Shelley Goodwin, chair of the APNS Nominations & Elections Committee.

It's Spring!



Reports

APNS AWARDS AND HONOURS REPORT

The APNS Nomination & Elections Committee and the Executive Committee is pleased to announce that we have received nominations in all our award categories.

As we did last year, we will present these awards virtually at the AGM on Friday, May 27th at 12 noon. The successful Award recipients and those who nominated them are extended a special invitation to attend.

APNS Fellow

Each year, the APNS Executive may make one member a "Fellow" of the Association, in recognition of that person's outstanding contributions specifically to APNS as an organization. It is intended as one way of recognizing, of saying thank you, to someone who has been doing outstanding work for us for many years.

Excellence in Psychology Award

This award is for the mid- to late-career psychologist, in the 11 to 30-year professional range. The award is given on the basis of contributions to professional and volunteer activities while acting as a psychologist. The award may be given for work in a broad range of areas, e.g., area of practice (health, forensic, neuropsychology, addictions, assessment, etc.); work setting (school, hospital, private practice, teaching, research, rural, etc.); specific populations (child, teen, geriatric, couple, diverse groups, first responders, veterans, marginalized populations, etc.); specific treatment area (PTSD, pain, grief, workplace, etc.); and peer-related (supervision, mentoring, peer support, consultation, collaboration, etc.).

The Dr. J.A. Charles Hayes Lifetime Contribution Award

This honour recognizes those who have spent a significant part of their professional lifetime supporting APNS, as well as the profession of psychology at the provincial, national and international level. The name of the Award serves

to honour Dr. Charles J.A. Hayes, a well-respected Psychologist and long-time APNS member, volunteer and pioneer whose career may be said to be a model of lifetime commitment.

The Community Service Award for Psychologists

This award recognizes the contributions of psychologists who do outstanding volunteer service in the community beyond their role as a psychologist. It acknowledges and raises awareness of the important contributions that psychologists make to the greater community. These contributions may include on-going volunteer work or commitment to a specific community or cause, e.g., fostering inclusion, promoting sensitivity and understanding of marginalized populations, poverty and health promotion initiatives.

Community Award in Mental Health (non-Psychologist or Organization)

This award recognizes the contributions of non-psychologists who have made valuable contributions to the community in a health and wellness setting or through other activities that touch and benefit the greater community by raising awareness or advocating for mental health or wellness issues. Award recipients are individuals who work on their own or are closely associated with organizations, or organizations for their specific programs or initiatives.

Outstanding APNS Early Career Psychologist Award

This award recognizes the challenges of being an Early Career Psychologist in the first 10 years of their career. The recipient of this award is an APNS member who has actively participated in APNS at the committee or Executive level and has used the services of APNS to advance their career in psychology.

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APNS AWARDS AND HONOURS REPORT

(Continued from page 6)

Outstanding APNS Student Award

This award recognizes the challenges of preparing for a career in psychology at either the masters or doctoral level. The recipient of this award is an APNS student member who has participated in the association at the committee or Executive level and has actively used the services of APNS and who hopes to pursue a career in psychology in Nova Scotia.

The Gerald Gordon Prize for Undergraduate Psychology Students

This prize is awarded for outstanding undergraduate achievement in Psychology in Nova Scotia. It is named for Dr. Gerald Gordon to honour the contribution he made to APNS and to the development of the Psychology Act, which resulted in the creation of the Nova Scotia Board of Examiners in Psychology. The terms of reference for the award were designed to reflect his belief in the importance of rewarding excellence at the undergraduate level as one means of encouraging promising students to consider a career in psychology.

The Brian Dufton Prize for Graduate Psychology Students

This prize is awarded for outstanding graduate achievement in Psychology in Nova Scotia. It is named for Dr. Brian Dufton to honour the contribution he made to the education of Psychology students. Dr. Dufton was employed with the Western Regional Health Boards as a health psychologist at Valley Regional Hospital when he died in 2000 at the age of 45. He coordinated health promotion development for the Western Regional Mental Health program and was second author/reviewer of the Provincial Mental Health Review, *Mental Health: A Time for Action*.

The Diversity Bursary for Psychology Students

This Bursary aims to assist students enrolled in a graduate Psychology program at Nova Scotia universities, who identify as African Nova Scotian, Indigenous, Immigrant, having a disability, LGBTQ+2S, or other defined minority in their pursuit of post-secondary education in the profession of Psychology. The long-term goal is to have a more diverse profession.



Reports

APA COUNCIL OF REPRESENTATIVES REPORT - February 25 –26 2022

Shelley Goodwin, Ph.D., APA Council Rep for APNS

As your representative I am pleased to present to you the February 2022 APA Council of Representatives (COR) meeting summary. Unfortunately, due to zoom difficulties, power outages due to weather and scheduling conflict, I was not able to attend all of the meeting. However, here is a version of the official meeting minutes published so that you can be updated on the significant progress that COR are accomplishing.

During this meeting we received a comprehensive audit of current anti-racism activities by APA, including policies, practices and procedures aimed at stemming racial inequities and promoting equity, diversity and inclusion. This was the next step in a process detailed in a resolution Council passed in October that accompanied an apology for past racist actions and omissions by APA and the discipline of psychology.

The audit opens the door to the next phase of APA's work in this area: creation of a roadmap of prioritized actions aimed at dismantling racism. Those proposed actions will be presented to the Council in August, as directed in the resolution passed in October 2021.

Other key actions

During the Council's meeting Feb. 25-26 included accepting a report by the Task Force on Climate Change; adopting new standards for the teaching of high school psychology; adopting a policy on population health; reaffirming APA's support for women's health, including the right to legal abortion; and eliminating a question on the association's membership application regarding whether an applicant has been convicted of a felony.

Ukraine

In response to the escalating situation in Ukraine, the Council quickly drafted and passed a motion voicing solidarity with the National Psychological Association of Ukraine, the Ukrainian people, and colleagues in the Eastern European region, as the

Ukrainian nation defended itself against military invasion. The vote was 167-0, with one abstention.

Climate Change

The Council received the report of the APA Task Force on Climate Change, "Addressing the Climate Crisis: An Action Plan for Psychologists." The report calls on the discipline of psychology to strengthen its capacity to address climate change and collaborate with other fields and sectors for maximal impact. The report was received by a vote of 155-6 with one abstention.

Reproductive Rights

The Council adopted a Resolution for Reproductive Justice: Affirming Abortion Access, committing the association to continuing to work for and support reproductive justice. This includes helping to preserve the right to legal abortion and supporting equal access to affordable contraception, comprehensive sex education, and freedom from sexual violence for women and child-bearing individuals, with particular emphasis on those from marginalized groups. The measure passed by a vote of 145-14 with five abstentions.

Population Health

The Council voted 154-6 with three abstentions to pass a policy regarding psychology's role in advancing population health. The measure calls for working within and across diverse systems to advance population health, which focuses on improving the health, health equity, safety, and well-being of entire populations, including individuals within those populations. The policy also advocates for working upstream by promoting prevention and early intervention strategies. It also urges psychologists to enlist and educate a diverse array of community partners.

High School Psychology Standards

The Council voted unanimously to adopt revised National Standards for High School Psychology Curricula, with an increased focus on the scientific

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APA COUNCIL OF REPRESENTATIVES REPORT - February 25 –26 2022 Shelley Goodwin, Ph.D., APA Council Rep for APNS

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underpinnings of the field and the importance of incorporating diversity into understanding mental health. The revised standards promote the scientific nature of psychology by making scientific inquiry and research methods the foundation for content cutting across all units in high school psychology courses, including biological bases for behavior, cognition, development and learning, social and personality, and physical and mental health.

Interrogation of Criminal Suspects

The Council adopted, by a vote of 160-1 with one abstention, an updated resolution regarding the interrogation of criminal suspects. The new measure will strengthen APA's standing as an authoritative voice for psychology by providing more up-to-date scientific evidence on this topic, especially in light of issues related to false confessions.

Poverty and Socioeconomic Status

In recognition of later research into these issues, the Council voted to archive a policy from 2000 and adopt a new resolution recommitting APA to advocate for culturally sensitive and inclusive research that examines the causes and impact of poverty across the lifespan, including structural racism, economic disparities, and related intersectional issues. The new policy was adopted by a vote of 162-0 with two abstentions.

Changes to Membership Policy and Procedures

The Council voted to remove the question on the APA membership form asking if applicants have been convicted of a felony. Proponents of removing the question argued that it was discriminatory, deterred otherwise qualified people from joining the association and needlessly stalled the process of becoming a member. The policy change passed by a vote of 157- 9, with two abstentions.

The Council passed a motion to request APA membership to vote to amend the APA Bylaws to update the mission of the Membership Board and related amendments to the Association Rules.

Additionally, the Council voted to request APA membership vote to amend the APA Bylaws to allow associate members voting privileges after one year of associate membership.

Guidelines Adopted as APA policy

The Council voted unanimously to adopt revised Guidelines for Assessment and Intervention with Persons with Disabilities.

The Council also adopted Guidelines for Child Custody Evaluations in Family Law Proceedings, which promote ethically informed practice in disputes over decision making, parenting time, and access to children when relationships dissolve. The vote was 162-1 with four abstentions.

The Council adopted revised Guidelines for Ethical Conduct in the Care and Use of Nonhuman Animals in Research, which are widely used in the education and training of psychological scientists. The guidelines passed by a vote of 163-0 with one abstention.

And the Council adopted revised Guidelines for Ethical Conduct of Behavioral Projects Involving Human Participants by High School Students by a vote of 147-9 with six abstentions.

If you have any questions please do not hesitate to contact me.

Respectfully Submitted,
Dr. Shelley Goodwin, R. Psych.

Reports

APNS ANNOUNCES NEW STAFF: Kathleen White, Administrative Assistant



Kathleen White has been hired as a permanent part-time Administrative Assistant for APNS. She started on May 2nd and will be in the office 3 days a week. I am sure she will be a wonderful addition to APNS. I have asked Kathleen to introduce herself to you.

Hi! I'm Kathleen, and I'm excited to join the Association of Psychologists of Nova Scotia as your administrative assistant.

So ... who am I? That dear reader depends on who's asking! I am a daughter, wife, and mother to my family. My 80-year-old mother lives with us and is beginning to show signs of dementia; my husband of 13 years (and who is legally blind), I couldn't do without, and my almost 19-year-old daughter.

I volunteer as a photographer (really, I'm just learning) and as the Secretary to the Sackville Branch (305 Sea Cadets and 210 Navy League) where my daughter is a Chief Petty Officer 2nd Class, RPO, first chair flute to the top cadet military band and member of the top cadet drill team of Nova Scotia. And yes, I consider all the band and drill team members my children as well. Am I proud of my daughter (and her Corp?) Without a doubt!

Up until a year (or so) ago, I held a multi-page title: Kathleen White, Administrative Assistant to: Head of the Dalhousie Department of Emergency Medicine and Chief of the Central Zone Network of Emergency Departments of NSHA; COO; IT Manager; Senior Medical Director of the Emergency Program of Care; Senior Academic / Emeritus Emergency Physicians; the Appointments and Promotions Coordinator for the Maritime Department of Emergency Medicine and the Internal Communications Officer.

I loved fulfilling these roles for about 11 years. I enjoyed thinking outside the box and innovating new methods and ideas that made for a better department. And I know that the Department Head (of which I served under two) took pride in saying that I came to them as a paramedic. Yes, 22 years as a Triage / Communications Paramedic within the QEII and VG Hospital Emergency Departments. I dispatched ambulances, transfer vans and fire departments. I provided medical assistance over the phone before Nova Scotia had 911 and even saved a five-year-old in cardiac arrest. I triaged walk-in patients to the Emergency Department using the Canadian Triage Acuity Scale. I accompanied patients being transferred for tests and listened to their fears of what those tests may find. I worked with a private ambulance service, long before the days of EHS and EMC, and put in the hours that were required to become certified. And I loved every minute, right up to the day when the phone rang, and my heart rate didn't rise, and then the patient that walked in and I went through the motions of taking the information, and felt nothing. I knew it was time for a change.

I have listened and counselled many a patient while providing medical assistance. I did that because I looked at the face of suicidal depression and I survived. To be honest, up until a year ago I used the services of a psychologist for 18 years. He saved me and I named my daughter for him (different spelling though); I truly believe I would not be here if it weren't for him and professionals like you.

So ... thank you for all you do. I'm ready, willing, and able to assist in however I can in providing the people of this province the comprehensive health care, both physically and mentally, that they deserve.

APNS ANNOUNCES NEW STAFF: Najah Dhuny, Co-op Student - Public Relations



Najah Dhuny is a Public Relations student at MSVU and has been hired for a 16-week co-op work term. She also started on May 2nd and will be primarily working virtually. Here is Najah, introducing herself to you.

Hey everyone! My name is Najah. I joined the APNS as a Public Relations Specialist this month, and I am beyond excited to be here. I am from a minuscule island, in the Indian Ocean, on the East coast of Madagascar called Mauritius (Google it! You'll be pleasantly surprised — especially if you love warm, sandy beaches!)

I am currently pursuing a degree in Public Relations, from the Mount Saint Vincent University and this is my first co-op position.

I have been studying online since 2020 and I recently made the move to Canada in April this year, and it has been cold spring and I'm really looking forward to summer! I love learning languages; I am fluent in 3 languages (English, French, Kreol) and I am learning Arabic and Spanish, hoping to add these to my list of fluent languages I speak!

As a Public Relations specialist, I essentially work to develop and maintain positive relationships with the public and media and plan and oversee events. I am eager to get working on new projects, learn and grow throughout the next few months.

When I'm not working, you'll probably catch me baking something in the kitchen (usually cakes! I love cakes.) I also started exploring the city on my own, and I'm loving it so far!

Aside from being my boss, Susan is also my trip advisor/tourist guide and I'm grateful for that because otherwise it would've really taken me a long time to get to know the city. This is going to be an awesome summer, can't wait!

In the short time that Najah will be with APNS she will be busy working on several projects.

Her major focus is updating and extending our communication plans. This will include:

- Review of existing plans
- Prioritizing of key future initiatives
- Data collection
- Development and writing of a plan

In addition she will be updating our social-media procedures and platforms and developing key social media content and images. Also she will help us to maintain a consistent profile for APNS on social media while she is with us. Finally she will be developing tools for our members and volunteers to increase their knowledge and awareness of APNS and our activities.

Najah is in the process of developing a brief social media survey to find out how active APNS members are on social media. Watch for that coming this summer.

Reports

COMMITTEE REPORTS 2021-2022

As the pandemic went on we continued our virtual committee meetings. All committees were back on schedule with regular virtual meetings every few months. The next pages provide a summary Committee activity as well as a summary of the Strategic Planning activities.

All Committees play a role in APNS advocacy work and committee members are important to APNS. We are always looking for volunteers to help accomplish tasks and provide fresh, or new ideas.

This is especially true, now more than ever, as we proceed with work on an extended Strategic Plan that will address on-going development and growth as well as succession planning for all committees and staff. If you are interested in being an APNS volunteer I encourage you to contact apns@apns.ca to discuss possibilities.

The pandemic not only made it necessary, but also easier, for committee meetings to be held virtually.

If you are interested in being involved in APNS activities, don't let distance stop you.

Or, if you have a group of psychologists in your region, let us know and we can discuss ways that your group can connect to our committees.

As a participant in an APNS committee you benefit in several ways.

1. Advocating for your profession benefits all psychologists.
2. Participating in group discussion and networking helps keep you connected.
3. Being active on a committee is an easy way of earning points for NSBEP Continuing Competence.
4. Active volunteers earn credits to apply against APNS membership and workshop fees. *[see below]*

Thank you to all the Committee members and their Chairs who help us advocate for psychology in Nova Scotia.

Benefits to Volunteering with APNS

Active committee members receive a volunteer voucher that may be used for any APNS workshop or APNS membership fees. Voucher value and criteria are below:

- Executive Committee Members - \$175
- Chairs of Other APNS Committees - \$100
- Committee Members - \$50
- APNS Designated APA and CPA Representatives - \$100

Criteria:

- Volunteers must have served for a minimum of 1 year
- Volunteers must take an active role in the committee
- Volunteers may accrue no more than \$250 in benefits per year
- Benefits must be used within one year of having been awarded.

We have some interesting opportunities for you.

For more information please contact apns@apns.ca

Please also note that participation in an APNS committee can count towards your NSBEP Continuing Competence credits

STRATEGIC MANAGEMENT TEAM 2021-2022

The Strategic Management Team is a sub-Committee of the Executive, made up of the Past President (Chair), President Elect, Treasurer, Member-at-Large for Human Resources and Executive Director (staff). This sub-committee was created to provide oversight and on-going management of the Strategic Plan. It has also been tasked with the strategic goal of Sustainability of the Association which includes an on-going review of policies and structure, as well as the development of long-term fiscal, staff management and volunteer management plans. The Team reports regularly to the full Executive on progress and for final approval of actions where necessary. Since April 2021, when we last reported we have made significant progress in our review of APNS policies. The following policies have been finalized and approved by the Executive.

The Advocacy Policy and Guidelines combines various versions of older documents with a few additions. The General Committee Guidelines have been updated and combined with existing Committee Terms of Reference, which also been update. The above updated policies have been presented to most of the committees for their information.

The Communications Strategy and the Communications Committee Terms of Reference are both new documents. The Strategy is an addendum to the overall Strategic Plan and the Communication Committee is a new structure combining all aspects of communications in order to have a framework for volunteer involvement. The Advertising Policy and Guidelines and Social Media Policy and Guidelines have been updated and the guidelines have been significantly developed.

The Conduct, Safety, Confidentiality, and Privacy Policy, the Volunteer Orientation Guidelines and Procedures, and the Staff Recruitment and Orientation Guidelines are all new policies

developed to provide a clear structure to how we organize, recruit and supports both volunteers and staff. There are still a few more procedures to put in place and forms to be created and this work will proceed over the next few months.

The APNS Advisory Board mandate and responsibilities have been approved. The APNS Executive and staff have always relied on the expertise of our members to ensure they have the best information to make decisions and to serve the membership. The creation of the Advisory Board will formalize these arrangements by creating a roster of a few psychologists with diverse experience who can be a resource on issues that are not represented on the current Executive.

We are also currently reviewing and updating our guidelines and procedures for Staff Performance reviews.

Finally, we have reviewed the Strategic Plan goals and objectives set down in 2019. This involved reviewing each objective, assessing the progress we have made and what adjustments should be made to ensure that we are continually moving forward with our Plan. Here are our updated objectives for 2022-2023.

1. Develop a diversity strategy for APNS and outreach plan to marginalized populations.
2. Develop a detailed communication strategy to increase public knowledge of Psychologists
 - Identify and disseminate (using social media) what we do that differs from other professions.
 - Encourage psychologists to discuss and promote science-based research.
 - Outreach to the public about evidence/science-based practice by developing a speaker/panel discussion series.
 - Advocate to government for more psychologists in the public/private sector.

(Continued on page 14)

Reports

COUNCIL OF PROVINCIAL ASSOCIATIONS OF PSYCHOLOGISTS (CPAP)

As a member of the Council of Professional Associations of Psychologists (CPAP) APNS sends two people to meetings in Spring and Fall. Bev Butler will be stepping down from this role after the June 2022 meeting. Jenn Richard who is moving into the Past President position after the AGM on March 27th, will become our official CPAP Representative. Executive Director Susan Marsh will continue in the Observer role.

Over the past year we have continued to meet virtually, with meetings divided into two sections as to make the Zoom meetings more manageable. We held Zoom Board meetings in June 2021 and had interim Round table check-in meetings in October 2021. We also met in November for our Board meeting, as well as a CPAP Strategic planning session in December. In March 2022 we had another Round table check-in. In June CPAP will be moving to a hybrid meeting model. The meeting will be held in Charlottetown.

Charlottetown is not our typical meeting location, however it was chosen in honour of a CPAP member who passed away. Rhonda Matters was a long-time CPAP member who represented Prince Edward Island for many years. There will be a gathering in her honour following the June meeting.

A big part of our work with CPAP this year focused on updating the strategic plan and the activities of two working groups, one on Advocacy initiatives

and one on issues across the country around Stepped Care. In addition, over the past year CPAP has been in discussions with the Association of Canadian Psychology Regulatory Organizations (ACPRO) in order to identify an issue that the two organization could work on collaboratively. Our initial shared project is to develop a shared national definition of psychologist impairment.

CPAP is composed of 12 provincial and territorial psychology associations, as well as a Canadian Psychological Association Representative. You may not often hear about CPAP but it is an important partner, allowing for sharing of resources and collaboration on projects and advocacy initiatives among all its member organizations.

CPAP's primary activities centre around:

- *Knowledge Exchange: Facilitating knowledge exchange amongst member associations.*
- *Best Practices: Identify and share best practices amongst member associations.*
- *Advocacy: Advocating for the needs of Canadian psychologists and the people that they support.*
- *Leadership Development: Develop leadership potential and capacity in Canadian psychologists.*

STRATEGIC MANAGEMENT TEAM 2021-2022 (continued from p 13)

(Continued from page 13)

3. Encourage members to participate in public awareness activities to increase visibility of Psychology; help our members learn how to engage in effective communication & collaboration.
 4. Provide training and information to inform and engage members to support and participate in APNS' mandate and strategic goals, e.g., diversity, advocacy, collaboration, etc.
 4. Advocate for students access to evidence-based therapies in the school day, and in so doing support & advocate for school psychologists.
 5. Advocate for insurance coverage to be increased through advocacy to corporate entities.
 6. Advocate for appropriate telehealth to improve access by providing on-going training.
- These objective will be developed and acted upon during 2022 and 2023. The next review will be conducted in Spring 2023.

ADVOCACY COMMITTEE

Committee members: Chair: Bev Butler, Victor Day, Jason Isaacs, David Pilon, Laura Scallion, Natalie Stratton, and Sydney Walker.

Over the past year the Advocacy Committee's focus has largely been on election and government advocacy.

Public Awareness Campaign on Social Media

APNS continues the public awareness campaign developed last year. Staff initiated social media posts on a regular basis through the summer, and when Sara Brushett left APNS for another position, Susan continued in a lesser degree and was supported by committee member Natalie Stratton's Dalhousie students who developed targeted Instagram/Twitter posts.

Election Advocacy

Last year we reported on our initial preparation for the August 2021 provincial election. This year we developed materials to reach out to our membership informing them of issues of the election, reached out to the four political parties asking questions about their platforms in regard to mental health issues, and contacting individual MLAs. All 4 parties responded to our letter with feedback. The document distributed to members was also positively received. The election resulted in a change of government with the PC Party getting a small majority. APNS sent the usual congratulatory letter to the new Premier Houston.

Post-election Government Advocacy

The new government presented plans to address mental health issues and suggested the possibility of MSI coverage of private practice mental health professionals including Psychology. This provided an opportunity for APNS to ramp up an advocacy campaign to ensure that we had a voice in those plans. After discussion among APNS committees, and consultation with CPA CEO Karen Cohen and CPA Director of Policy and Public Affairs, Glenn Brimacombe, who offered support and helped draft a letter for the Premier and Ministers

This led to a meeting with Brian Comer Minister of the newly established Office of Mental Health. The meeting indicated an openness to discuss this initiative. It was clear that APNS had a responsibility to inform our members of what was learned, but also to ascertain the opinion of psychologists. We developed a Background document and Extensive survey to accomplish this two-fold task.

Response to the survey was close to 70%. We are now reviewing the results and developing a Summary Report for government, to request further meetings and involvement. We hope to have a more detailed report ready for the membership by the next newsletter.

If you are interested in advocacy we encourage you to consider joining the Advocacy Committee. Please contact apns@apns.ca.

EARLY CAREER PSYCHOLOGIST GROUP

The Early Career Psychologist (ECP) group is composed of psychologists in the first 10 years of their career. It does not have formal meetings but seeks to connect ECPs through discussion groups and information sessions. Ena Vukatana and Julie Wershler are the ECP Group Leaders. Over the past year, they have focused on providing peer support.

In October 2021 they led two information sessions. An Oral Exam Information Session providing information and advice for those who are preparing to complete the NSBEP oral exam, and an EPPP Information Session intended for individuals who are studying for and will write the EPPP soon.

They are presenting similar sessions this Spring, including a repeat of the EPPP session in April 2022 and an Oral Exam Information Session in May.

If you have suggestions for other information sessions please contact Ena and Julie directly at ecp.apns@gmail.com. If you are in the first 10 years of your career and you want to be added to the Group list, or are interested in being a mentor to ECPs please contact apns@apns.ca. Also consider joining our ECP FaceBook group: <https://www.facebook.com/groups/218906661461167/>

Reports

CULTURAL DIVERSITY COMMITTEE

Committee members: Harpreet Aulakh (Chair), Jason Chatman, Christine Ellsworth, Eileen Donahoe, Hilary Green, Joanna Hessen-Kayfitz, Erica Lundberg, Jackie Normand, Alissa Pencer, Marissa Walter, Natasha Yorke

This year the Cultural Diversity Committee continued to focus on two items which were identified in last year's committee plan.

Committee Priorities

Equity and Diversity Committee Sustainability

- Preventing burnout among committee members.
- Ongoing recruitment for the committee.
- Ongoing evaluation of how the committee is working, achieving goals, and promoting sustainability and health.

The committee decided to schedule regular social gatherings to develop a supportive connection among committee members. The first was held in person in February of 2022. Another is planned for June. The Committee's focus on sustainability aligned well with the Strategic Management Team's updating of sustainability policies, specifically in APNS Committee Guidelines which were discussed at the committee.

Professional Training

- Cultural Competence Training: Cultural competence should be interwoven into our

training and learning at all levels. It is necessary for us to have a framework that factors in cultural competency.

- Focus on evidence-based Cultural Competence Practice.
- Supervision is a means of promoting and supporting continuing Cultural Competence.

This second priority will be addressed with on-going discussion around cultural competency and developing a framework of evidence-based workshop opportunities.

Collection of Data on Diversity with NSBEP

The chair of the newly-formed NSBEP Diversity group reached out to request input on their Demographic Survey which was provided. We have committed to regular communication with this group so that resources may be shared.

Partnering with ISANS

The Committee Chair met with the Immigrant Services Association of Nova Scotia (ISANS) to discuss possible training around how to work with interpreters as part of mental health treatment, as well as other topics. We are in the process of on-going discussions to explore the potential of offering relevant training for psychologists.

PRIVATE PRACTICE COMMITTEE

Committee members: Shelley Goodwin (Chair), Tara Forgeron, Dion Goodland, Mary McGrath, Shauna Sutherland, Pam Wambolt, Paula Winstanley, Sydney Walker.

Over the last year the Private Practice Committee has been discussing several issues.

WCB

APNS has regular meetings with WCB. These meetings give us the opportunity to provide feedback from psychologists who take WCB clients, making WCB an on-going agenda item for the Private Practice committee. We have discussed the latest contract, problems with reporting and payment of invoices, and issues with case workers. These items will be brought to the attention of WCB.

Fee Increase

The Committee reviews the APNS recommended rate annually. In April 2021, APNS recommended an increase in the rate to \$210. We notified 3rd-party payers and were pleased to see that most insurers increased their rate in alignment with APNS. This year we once again reviewed the rate and agreed that no increase to the rate was needed.

Advocacy on Government MSI plan

The Private Practice committee has also been involved in government advocacy, as described in the Advocacy Committee report. The joint Private Practice - Advocacy Committee developed a Backgrounder and Survey and will continue to do collaborate over the next months as we advocate on this important issue.

POST DISASTER COMMITTEE REPORT

*Committee members: Janice Howes (Chair), Victor Day
Disaster Response Co-ordinator, Dean Perry.*

The Post Disaster Committee (PDC) has continued to be attentive to large scale, major emergencies and disasters that can affect Nova Scotians and can overwhelm existing resources sanctioned to provide psychological/psychosocial support to those affected. The last few years have been especially challenging, not only in Nova Scotia, but throughout the world. Fortunately, there has not been a specific, large scale disaster in Nova Scotia that overwhelmed existing public resources in the past several months. Recall that in order for our Post Disaster Volunteer Response to be activated at the request of the Department of Health and Wellness (through Nova Scotia Health), there must be a large scale disaster or major emergency that affects many people to the point of traumatization and exceeds the capacity of agencies or systems sanctioned to respond (i.e., provide psychological/mental health care/support).

The PDC continues to network and consult when needed with relevant organizations (e.g., Canadian Red Cross, Department of Health and Wellness, Nova Scotia Health) to facilitate communication and understanding of our respective roles in the event of a disaster. This is important for our ongoing preparation for future disasters. As you know, Nova Scotia Health and the APNS collaborated, both in 2020 and 2021, to make support available to Nova Scotians affected by the horrific mass casualty that occurred in Colchester County in April, 2020.

Another area that we continue to address is identifying relevant educational resources, both for psychologists and Nova Scotians affected by disasters. For example, the CPA has recently published a “Psychology Works” Fact Sheet: Coping with Emergencies, Disasters and Violent Events (Canadian Psychological Association, 2022) that also includes helpful links to other resources.

We would like to thank all the psychologists in Nova Scotia who are willing to volunteer their expertise and time to help victims, survivors, community members, and responders following disasters. If you are not on the Post Disaster Volunteer Roster and would like to be, please contact APNS at apns@apns.ca and we will gladly welcome you.

The current PDC members include: Victor Day, Ph.D., Dean Perry, M.Sc., and Janice Howes, Ph.D. All are longstanding members of this Committee and feel strongly about the role psychologists can expertly provide following a disaster, especially in regard to Psychological First Aid. I thank Dean and Victor for their continued dedication and service.

We would be very pleased to welcome new members to the PDC. If this is something you are interested in, please contact apns@apns.ca or Janice.Howes@nshealth.ca.

Respectfully submitted by Dr. Janice Howes, Chair

Reports

CONTINUING EDUCATION: UPCOMING WORKSHOPS - October 2022



In spite of all my hopes we weren't able to kick-off 2022 with a workshop. But we do have a workshop confirmed for Friday, October 14th 2022.

Topic: Foundations of Cultural Competence, Cultural Humility, and Culturally-Informed Practice

Who: Dr. Ben C. H. Kuo, University of Windsor
For more information on Dr. Kuo see:

<https://www.uwindsor.ca/people/benkuo/>

This will be a one-day, in person workshop. The content of the workshop is still under discussion but will include:

- Intersection of culture and diversity issues and health care
- Definition and delineation of multicultural competence and cultural humility

- Issues of clinicians' implicit biases and intersectionality of identities
- Strategies to enhance individual-level and institutional /organizational-level changes to promote racial equity
- Applicable, relevant ways psychologists can learn to support diverse clients in feeling culturally safe when these clients come in for therapy and/or assessment work.
- Learning ways that clinicians can create culturally safe spaces in their work.

We expect to announce more workshops over the next few months as we finalize our plans for late 2022 and early 2023.

Watch for the brochure and registration form for this workshop coming soon.

APNS AWARDS 2021 ~ Shelley Goodwin, APNS Fellow



You may remember that at last year's AGM we named Dr. Shelley Goodwin a Fellow of the Association. This honour, in recognition of her outstanding contributions to APNS is one way of recognizing and saying thank you, to someone who has been doing outstanding work for us for many years.

It took a while, but we were finally able to present Shelley's plaque to her. It was fitting that Barry Wiser, the APNS member who nominated her, was able to help us with that.

Congratulations Shelley and thank you Barry!

IN MEMORIAM: Kanak Prava Majumder 1925-2022

With sadness, we announce the passing of our aunt Kanak Majumder on April 13, 2022 at the age of 96.

Kanak was born in the remote village of Chandkathi (West Bengal, India) on October 6, 1925 to Biraja Majumder and Krishna Hari Majumder. After her father passed away, her maternal grandfather took on the responsibility of caring for Kanak and her mother. Kanak was the first girl in her village to graduate from high school thus preparing her for higher studies. She graduated from Scottish Church College with a Bachelor of Science, Honors Psychology and from the University of Calcutta with a Master of Science in Clinical Psychology. Her eventual international career commenced with a position as School Psychologist at the Hindi High School where she remained for 15 years.

Her innate curiosity about life extended to the western world so she applied for a position as a psychologist for the Digby Mental Health Clinic in Digby, Nova Scotia, Canada. She was hired without being interviewed on the strength of her credentials. She would work there for three years during which time she sponsored her nephew and two nieces so they could settle in Canada. Always seeking new challenges, Kanak then began her career as a school psychologist for the Halifax and Bedford County School Board, serving them for 25 years.

Aside from her career, Kanak was known for her love of animals, music and nature. Throughout her life, she cared for cats, dogs and even deer. She played the organ, enjoyed long walks and had a particular fascination with trees.

Kanak is survived by her nieces, Aparajita and Anindita, and her many grand nieces and nephews. She was predeceased by her parents, her sisters (Sabitri and Smriti), and her nephew (Kalyan). She was a true pioneer of her family and will be remembered for her courage. She will be dearly missed by her family, friends and all who knew her. A huge thank you to the staff at Whitehills Long Term Care Centre who took great care of her in her final months and to her close friends who kept her company in her final weeks and provided support during this difficult time. Memorial date to be posted at a later time.

Published in Dignity Memorial website

<https://www.dignitymemorial.com/obituaries/halifax-nb/kanak-majumder-10713229>

Acknowledgements



Welcomes its Latest Members as of April 30, 2022

**Alim Awadia, D.Clin.Psy.
Shannon Bedford, Psy.D.
Dawn Comeau, M.A.
Gillian Potter, Ph.D.**

**Brandi Milligan, M.Sc.
Will Shead, Ph.D.
Grace Schwenck (student)
Karen Tang (student)**

We would like to thank the membership for supporting APNS in its efforts to promote the interests of Nova Scotia psychologists through advocacy, continuing education and the support of special interests in the field.

Congratulations to the following who have recently become Registered Psychologists*

**Dawn Comeau, M.Ed.
Laura Devlin, M.A.
Jessica Ferro, M.C
Val-Marie Fillier,
Elizabeth Fraser, M.Sc.
Katlyn Gerrior, M.A.S.P.
Alana Lord, Psy.D.**

**Hugh MacDonald, M.A.S.P.
Derrick Neubauer, M.Sc.
Ashton Parker, M.A.S.P.
Troy Rieck, Ph.D.
Celine Robert, M.Sc.
Wilma Veenhof, M.A.**

Congratulations to the following who have recently become Candidates*

**Raquel Chater, M.A.S.P.
Tricia-Lee Halamay, Ph.D.
Brandi Milligan, M.Sc.
Will Shead, Ph.D.
Hannah Stewart, Ph.D.
Marissa Walter, M.Sc.**

**This information provided by NSBEP as of April 28, 2022*

PSYCHOLOGY POSITIONS AVAILABLE IN NOVA SCOTIA

You may also visit the full listings on the APNS website.

<https://apns.ca/Publications/career-opportunities/#main>

Acuity Counselling & Therapy Services is currently recruiting a clinical or counselling psychologist to join our team. www.acuitytherapy.ca

Annapolis Valley Psychological Services are seeking Registered Psychologists and a Psychologist (Candidate Register) to provide evidence-based psychotherapy and assessments to adult clientele, but also to further expand our services to include children, adolescents, couples, groups, and families. <https://www.annapolisvalleypsychologicalservices.ca>

Bird & Associates Psychological Services Inc. is seeking a Full/Part Child/Adolescent Psychologist who is proficient in evidence-based treatment modalities. <https://birdpsychological.com>

Carleen Hall Psychological Services currently has an opening for an experienced Psychologist competent in working with the child, teenage, and young-adult populations. This position requires a minimal commitment of ten client hours per week with the opportunity to grow. <https://www.carleenhall.ca>

Dartmouth Psychological Services Inc. is currently seeking Psychologists to join our team on a part-time basis, with the potential to grow to full-time. <https://dartmouthpsychological.ca>

Dr. C.K. Perrier & Associates is currently recruiting psychologists to join our team as full-time or part-time associates, working out of our new office at 1687 Bedford Highway. <https://www.perrierwellness.ca>

Dr. Daniel Chorney & Associates is currently seeking a PhD or PsyD in Psychology (Clinical or Counselling Psychology). <http://www.chorneyandassociates.com>

Advertisements

PSYCHOLOGY POSITIONS AVAILABLE IN NOVA SCOTIA

You may also visit the full listings on the APNS website.

<https://apns.ca/Publications/career-opportunities/#main>

Dr. Nina Woulff, Psychologist & Associates has an opening for a mature Associate Psychologist with well developed clinical skills, who can provide therapy for adult clients. The position entails at least 18-25 client therapy hrs/week with the possibility of additional hours.

<https://drnina.ca>

Dr. S Gerald Psychological Services are seeking qualified applicants to work as contract psychologists at our practice. We have immediate opportunities for clinical, school and counselling psychologists to provide services across the lifespan. <https://hannpsychologicalservices.com>

Fenwick Psychology and Wellness Associates is growing and we are hoping to welcome a Psychologist with an interest in working with adults/children to our practice.

<https://fenwickwellness.ca>

Genest MacGillivray Psychologists is seeking a doctoral-level psychologist. We serve adolescents, adults, couples, and families, and are particularly looking for someone who has a specialty in counselling couples and is experienced in a wide range of clinical problems.

<https://www.halifaxpsychologists.com>

Greenleaf is expanding and we are now accepting applications for full-time and part-time psychologists who wish to join our practice. <https://www.greenleafpsychological.com>

Lesley Hartman & Associates Inc. is looking for an experienced Behavior Tech trained DBT clinician, <https://www.lesleyhartmanassociates.ca>

Marsh-Knickle & Associates would like to invite a Registered Psychologist who works with Children and Adolescents to join our team of independent practitioners.

<https://www.marshknickleandassociates.com>

PSYCHOLOGY POSITIONS AVAILABLE IN NOVA SCOTIA

You may also visit the full listings on the APNS website.

<https://apns.ca/Publications/career-opportunities/#main>

Marsh-Knickle & Associates would like to invite a Registered Psychologist who works with Children and Adolescents to join our team of independent practitioners.

<https://www.marshknickleandassociates.com>

Milestones Psychological Services is seeking Registered Psychologists who are interested in providing assessment and counselling services for individuals of varying ages on an occasional contract basis. <https://www.milestonespsychology.com>

Mindful Therapies Inc. is now recruiting Psychologists (Registered or Candidate Register) who wish to join our practice in the heart of Dartmouth, Nova Scotia.

<http://www.mindfultherapies.org>

Power Psychological Services is now hiring Psychologists (Registered or Candidate Register) who wish to join our private practice team in Truro, Nova Scotia. We have openings for part-time and full-time employment. <https://powerpsychservices.ca>

Seagram and Associates / Landing Strong are currently looking for a part-time/full-time Registered Psychologists. We want someone who is interested in being a leader within this evolving organization. <http://seagramassociates.com> / <https://landingstrong.com>

True North Psychological Services is seeking both Masters or Doctoral level Psychologists and Masters Level Social Workers (MSW) with an interest and experience working with individuals and families impacted by trauma to join all three of our practices in Nova Scotia (e.g., New Minas, Halifax and Kingston). <https://truenorthpsychological.com>



Committees & Representatives

Please contact the chair or APNS office for further information or to communicate changes to the list of committees & representatives.

EXECUTIVE

President: Jenn Richards
 Past President: Carol Shirley
 President Elect: Jacqueline Milner
 Secretary: Melissa McGonnell
 Treasurer: Bev Butler
 Member at Large: Tammy Piers
 Member at Large: Lesa Douglas
 Member at Large HR: Elaine Ply
 Student Representatives:
 Meghan Rossi & Nicole MacKenzie

EXECUTIVE DIRECTOR

Susan Marsh apns@apns.ca

REPRESENTATIVES

Council of Provincial Associations in Psychology/ Practice Directorate Rep:
 Beverly Butler

Psychology in the Workplace Network:
 Arla Day

Public Education Campaign Coordinator:
 vacant

APA Council of Representatives:
 Shelley Goodwin

COMMITTEES & INTEREST GROUPS

Advocacy:

Chair: vacant

Victor Day
 Jason Isaacs
 Laura Scallion

Bev Butler
 David Pilon
 Natalie Stratton

Cultural Diversity

Harpreet Aulakh, Chair

Jason Chatman
 Neera Datta
 Hilary Green
 Erica Lundberg
 Harman Singh
 Marisa Walter

Christine Ellsworth
 Eileen Donahoe
 Joanna Hessen-Kayfitz
 Alissa Pencer
 Seth Wahlin-Stern
 Natasha Yorke

TRC Working Group

Carol Shirley (Chair)

Christine Ellsworth
 Joanna Hessen-Kayfitz
 Sarah Peverill

Toni Campagnoni
 Brenda Harrop
 Susie McAfee
 Seth Wahlin-Stern

Continuing Education:

Eileen Donahoe (Chair)

Nominations & Elections:

Shelley Goodwin (Chair)

Jenn Richards
 Elaine Ply (Member-at-Large HR)

Harpreet Aulakh

Jeannette Kennedy

Private Practice Committee

Shelley Goodwin, Chair

Dion Goodland
 Reg Landry
 Shauna Sutherland
 Paula Winstanley

Tara Forgeron

Mary McGrath

Pamela Wambolt

Post Disaster Committee:

Janice Howes (Chair)

Victor Day (Disaster Response Co-ordinator)
 Dean Perry

GROUPS

Child & Adolescent Psychology Interest Group (CAP-I)

is comprised of psychologists who work with children and adolescents and their families. Meetings are bi-monthly during the academic year to share information on topics of interest and to provide an opportunity to get to know our colleagues who work in a range of settings (schools, hospitals, universities, private practices, forensic settings, etc).

Penny Corkum, Chair

Early Career Psychologist Group

Ena Vukatana
 Julie Wershler

Contact the APNS Office for more info on how become involved in APNS committees.

Advertising Rates

The acceptability of an ad for publication in APNS publications is based on legal, social, professional, and ethical considerations. Also, an ad must be in keeping with the generally scholarly and professional nature of the publication. All content submitted is subject to APNS approval, and may be withheld with refund for any reason.

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 1/4 Page \$50.00
 Business card \$35.00
 Mass Stand-alone E-Mail \$200.00
 Monthly Member E-mail \$15

Non-Member Website Ad Rates

Businesses & Professionals

Event / Workshop \$100.00 per 45 days
 Job Postings \$75.00 per 30 days

Not-for-profit (incl. schools / hospitals)

Event / Workshop \$50.00 per 45 days
 Job Postings \$50.00 per 30 days

APNS Member Print Ad Rates

"Nova Scotia Psychologist"

Full Page \$90.00
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 1/2 Page \$50.00
 1/4 Page \$30.00
 Business Card \$25.00
 Event / Workshop \$25.00
 Job Postings \$25.00

Mass E-Mail \$150.00

Monthly Member E-mail free

APNS Member Website Ad Rates

Event / Workshop \$25.00 per 30 days
 Job Postings \$25.00 per 60 days

For more information contact apns@apns.ca

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