

# Building Intercultural Competence

## Workshop Overview:

As Nova Scotia becomes more culturally diverse, it is important to learn how to welcome, work with and serve immigrants so that we can build a better community together, create safer spaces, and provide more inclusive clinical/medical care.

This full-day introductory workshop is designed with an immigrant lens, and will include concepts such as intersectionality, implicit bias, micro-aggressions, culture, cultural awareness, cultural humility, cultural sensitivity, and equity, diversity & inclusion (EDI).

It will be an interactive session, utilizing numerous modalities such as quizzes, videos, activities, small break-out sessions, and large group discussions.

This will be an opportunity for you to:

- Increase your understanding of settlement and integration barriers
- Explore practical ways to welcome and support new immigrant clients and colleagues
- Develop intercultural skills for caring for and working with new immigrants

**This workshop is presented in partnership with the Immigrant Services Association of Nova Scotia. (ISANS)**

## Audience:

This workshop is open to Psychologists, Psychology students as well as other health professionals with an interest in the topic.

For more information about please contact: [apns@apns.ca](mailto:apns@apns.ca)



## Building Intercultural Competence ~ presented by Colleen Belle, M.A., Coordinator, Welcoming Communities Program, Immigrant Services Association of Nova Scotia (ISANS)

Friday, January 20, 2023 - 9 am - 4 pm, Dalhousie Student Union Building, 2nd Fl., 6136 University Ave, Halifax



Colleen Belle is the Co-ordinator of the Welcoming Communities program at the Immigrant Services Association of Nova Scotia (ISANS), where she has worked since 2019.

She has a Master of Arts (with merit) in Cross-Cultural Communication and International Relations from the UK. Colleen develops and delivers a variety of workshops inclusive of Building Intercultural Competence, Unconscious & Implicit Bias, Power & Privilege, and Micro-aggressions. She also participates in working groups and consults on Steering Committees in an effort to dismantle systemic racism and provide equitable opportunities for marginalized communities.

Colleen utilizes her knowledge and expertise in 6 fields, her diverse back-ground, and her experiences from managing, marketing, consulting, and tutoring at a university, to provide practical and engaging learning opportunities for various audiences. She is looking forward to interacting with you and assisting you in your understanding of Intercultural Competence.

ISANS is the leading immigrant settlement service agency in Atlantic Canada, serving 10,000+ clients annually in 104 communities across Nova Scotia, through many kinds of services—language, settlement, community integration, and employment—both in person and online.

## Schedule:

8:30 am - Registration with refreshments

9:00 am - Workshop begins

10:30 to 10:40 am – 10-min Break

12 to 1:00 pm – Lunch (provided)

1:00 pm - Workshop resumes

2:30 – 2:40 – 10-min Break

4:00 - Workshop ends



## Building Intercultural Competence

<b>Members - Earlybird</b>	\$185
<b>Members after Dec. 16th</b>	\$200
<b>Non-members - Earlybird</b>	\$200
<b>Non-members after Dec. 16th</b>	\$215
<b>Early Career Members (1-9 years)</b>	\$150
<b>Student members</b>	\$50
<b>Student non-members</b>	\$75
<b>Interns/Residents</b>	\$100
<b>Groups of 4 or more - \$25 off rate as above.</b>	
<i>(Please contact <a href="mailto:apns@apns.ca">apns@apns.ca</a> to arrange payment)</i>	

Do you have any food sensitivities?

Do you have any mobility issues?

Name	Cheque	MasterCard	Visa
E-mail	Credit Card #		
Phone	Expiry Date		
<i>Please be advised that we continue to take precautions in regard to COVID-19</i>			
You may also pay by e-transfer to <a href="mailto:apns@apns.ca">apns@apns.ca</a>			

**Deadline for registration - 12 noon, January 19.**  
Please contact APNS to reserve space. A non-refundable admin fee of \$35 will be charged for all late cancellations. Notification must be received by APNS 3 days prior to the workshop to be eligible for a refund.

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