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Winter 2022-23

PRESIDENT'S REPORT: Jacqueline Milner, R. Psych.



Jacqueline Milner,
R.Psych., APNS President

“In the beginner’s mind there are many possibilities, but in the expert’s, there are few”.
Shunryu Suzuki

On October 14, 2022, I had the privilege of attending the most recent APNS workshop: Creating a Culturally Safe Space in Clinical Practice: An Introduction to Cultural Competence, Cultural Humility, and Culturally-Informed Therapeutic Care. It was the first in-person workshop that I had attended in several years, partly as a result of the pandemic moving most professional endeavours virtually. I was taken with my level of genuine delight over seeing many of my colleagues whom I had not seen in person for so long and to see others whom I had only met virtually. It really felt like a reunion of sorts and enlivened a sense of professional belonging and community. Enhancing the experience (aside from the delicious lunch) was partaking in a timely, relevant and meaningful workshop with an engaging facilitator (Dr. Ben Kuo) with a focus on creating a culturally safe space in clinical practice.

Although there has always been the expectation in our profession to be culturally informed, sensitive, inclusive and competent to reduce harm and provide meaningful support, over the last few years this area has come to the forefront of awareness as we are increasingly reminded, exposed and educated to the present and evolving diversity of our clients,

communities and the world we live in. Indeed, while taking this workshop I was humbled by how much I thought I knew but didn’t and was inspired by how much more I still needed and wanted to know in this humanitarian area, both as a professional and a human being and am looking forward to attending the upcoming APNS workshop: **Building Intercultural Competence - Friday, January 20, 2023**. It is my opinion that this topic represents how knowledge is rarely complete but constantly changing and evolving over time, and when we pursue opportunities for continued learning we are remaining open to the possibility that there is more to learn. Hence, I encourage all of you to take advantage of the opportunities for continued learning (such as APNS workshops) and meet such with the attitude of a beginner’s mind; open and eager to learn more.

In other APNS news, conversations have begun regarding the NS government’s initiative to increase access for all Nova Scotians to mental health and addiction services. To date, conversations have included members of the APNS executive as well as other members. These conversations have offered an opportunity to have our profession’s perspectives and concerns voiced. More conversations are on the horizon. Finally, I would like to extend a very warm welcome to our new President Elect, Chimène Jewer. Her experience, enthusiasm and dedication to the field will be an asset to our executive and members at large.

May you be inspired to keep learning,

Jacqueline

COMING IN EARLY 2023: AWARDS NOMINATION TIME

Do you know a psychologist who deserves to be nominated for our Awards? We hope you will take a few minutes to consider who among your colleagues should receive this honour. We will be sending out our official Call for Nominations from the APNS Nominations & Elections Committee in January, with the appropriate forms, but why not get ahead of the game and prepare your nomination now? The categories for nomination are as follows:

APNS Fellow – This designation honours those members who have made significant and enduring contributions to APNS and have helped shape the Association and have contributed to the development of psychology in Nova Scotia.

Dr. J.A. Charles Hayes Lifetime Contribution Award honours Dr Charles Hayes. This award recognizes depth and engagement of long-term service and recognizes those who have spent a significant part of their professional lifetime supporting APNS, its member psychologists, and the profession of psychology at the provincial, national and international level.

APNS Excellence in Psychology Award focuses on excellence in the profession of Psychology. The recipient of this award is an APNS member who is in mid-career who has demonstrated excellence in their professional or volunteer activities while acting as a Psychologist. The award may be given for work relating to: 1) area of practice; 2) work setting; 3) population; 4) treatment area; and 5) peer-related.

Outstanding APNS Early Career Psychologist Award highlights the challenges of being an ECP, those in the first 10 years their psychology career, after graduation from a professional post-graduate psychology program. The recipient is an APNS member who has participated in APNS, has used the services of APNS to advance their career in psychology, and who plans to continue a career in psychology in NS.

Outstanding APNS Student Award highlights the challenges of preparing for a career in psychology at the Masters or Doctoral level. The recipient is an APNS student member who has not previously won this award, has participated in APNS, has used the

services of APNS and who hopes to pursue a career in psychology in Nova Scotia.

APNS Community Service Award for Psychologists recognizes the contributions of psychologists who do outstanding volunteer service in the community beyond their role as a psychologist. It acknowledges and raises awareness of the important contributions that psychologists make to the greater community. These contributions may include on-going volunteer work or commitment to a specific community or cause, e.g., fostering inclusion, promoting sensitivity and understanding of marginalized populations, poverty and health promotion initiatives.

APNS Community Service Award in Mental Health recognizes the contributions of non-psychologists who have made valuable contributions to the community in a health and wellness setting or through other activities that touch and benefit the greater community by raising awareness or advocating for mental health or wellness issues. Recipients are individuals who work on their own or as part of an organization, or organizations for their programs or initiatives.

APNS Diversity in Psychology Bursary assists Psychology students who identify as being from a diverse population and are in pursuit of post-secondary education in Psychology with a long-term goal of having a more diverse profession. The applications will be evaluated on three factors — financial need, community involvement and career goals.

The Gerald Gordon Memorial Prize for Psychology Undergrad Students is awarded for outstanding undergraduate achievement in Psychology for a Nova Scotia undergrad student in their final year of full/part-time honours psychology studies.

The Brian Dufton Memorial Prize for Psychology Grad Students is awarded for outstanding graduate achievement in Psychology for a Nova Scotia grad student in Psychology.

See pages 4 and 5 for photos of some of last year's recipients.

COMING IN EARLY 2023: EXECUTIVE NOMINATION TIME

Also coming up in January is the Call for Nominations for participation in the Executive Committee. This year the Nominations and Elections Committee of APNS is asking the membership for nominations for the following positions on the APNS Executive:

**PRESIDENT-ELECT
MEMBER-AT-LARGE
SECRETARY**

The person elected to the President-elect position will serve for a three-year term, as President-elect, President and Past-president. The other

positions are for a two-year term. Only registered psychologists may be nominated for the President-elect position, however registered and candidate psychologists are eligible for all other positions, and graduate students for the Student Rep. If more than one person is nominated for the same position, APNS will hold an election.

If you know anyone who would be a good addition to the Executive please consider nominating them.

APNS strives to foster a sense of community among all who identify with psychology by supporting inclusion, equality and celebrating diversity.

We welcome nominees in all categories who indicate that they identify as Indigenous Peoples, African Nova Scotians, and other racially visible persons, persons of the 2SLGBTQIA+ community, persons with disabilities and genders who are in occupations or positions where they are under-represented.

COMING UP EARLY 2023: PSYCHOLOGY MONTH & DIVERSITY RESOURCES

Psychology Month will be coming up in February. This year we are focusing on the **Self-care of Psychologists**. We are planning activities in which you can participate and can even win prizes!

Watch for more information coming in January.

Don't forget if your workplace is planning its own Psychology Month activities we would love to hear about them.

If you have an idea for a Psychology Month activity related to self-care please let us know.

Send information to apns@apns.ca

The APNS Member Update, which arrives in your InBox every month, will now have a new section.

It is **Diversity Link** which will contain resources, events and other information related to Equity, Diversity and Inclusion.

One of the regular items under this section will be the highlighting of special days from our Multicultural Calendar.

We encourage you to submit ideas for content in this section.

Send information to admin@apns.ca

Reports

APNS AWARD PRESENTATIONS: IN-PERSON

In the Fall newsletter we were pleased to present and profile the successful recipients of our annual awards. Some of the award recipients were also presented with engraved gifts, which could not be given by Zoom and we announced at that time that we would visit these award recipients in person to present their gifts. And of course, the opportunity to record the event with a photo.

Fellow of the Association

Recipient: Dr. Richard MacGillivray

Nominated by Dr. Shelley Goodwin



Each year, the APNS Executive may designate one member a "Fellow" of the Association, in recognition of outstanding contributions to the Association. This is intended as one way of recognizing, of saying thank you, to someone who has been doing on-going outstanding work for APNS. After his long-time service in the profession and for APNS, Rick is the obvious choice for the honour.

Dr. Shelley Goodwin was not available to present the award, but Rick and Louise MacGillivray graciously invited us into their home to present Rick with the award in person.



The Dr. Charles J.A. Hayes Lifetime Contribution Award

Recipient: Dr. Victor Day

Nominated by Lauren Marsh-Knickle

This award recognizes those who have spent a significant part of their professional lifetime supporting APNS, as well as the profession of psychology at the provincial, national and international level. The name of the award serves to honour Dr. Charles J.A. Hayes, a well-respected Psychologist and long-time APNS member and pioneer whose career may be said to be a model of lifetime commitment. We know that Charles would be delighted that Victor has received this honour.

Although Victor has retired we were able to visit his former practice, Marsh-Knickle and Associates, so that Lauren Marsh-Knickle could present Victor with the award.

(Continued on page 5)

**Excellence in Psychology Award
Recipient: Dr. Erica Baker
Nominated by Dr. Joan Backman & Dr.
Christine Chambers**



We were able to surprise Dr. Erica Baker as she lunched with the two people who nominated her, Dr. Joan Backman and Dr. Christine Chambers.

Dr. Leah Clyburn presented the award to Kay Jenson during their noon practice meeting.



*Thank you to all who nominated psychologists for the 2022 APNS awards.
If you know a colleague who deserves to be nominated for one of our awards,
please watch for the Call for Nominations that will be circulated in mid January.*

Reports

HIGHLIGHTING APNS MEMBER RESEARCH: Chimène Jewer, R.Psych.



In 2018 when APNS was developing its Strategic Plan, we identified five strategic goals, one of which was “To encourage and invite psychologists to discuss and promote science-based research” with a focus on Nova Scotian psychologists and psychology students.

As we develop the new format for the *Nova Scotia Psychologist*, we will be devoting the Fall issue to highlighting this work. In an effort to move forward with this we are presenting the following article submitted by Chimène Jewer.

Thank you Chimène, for sharing this with us. We hope it will encourage more of you to consider sharing your work, in the next Fall issue.

The deadline for submissions is July 31, 1023.

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Emerging Practices & Programs: Dialectical behaviour therapy skills training: A feasibility study with active duty military

By Chimène Jewer and Ashleigh Forsyth

Recently published in the Journal of Military, Veteran and Family Health. Vol. 8, No. 3, DOI: 10.3138/jmvfh-2022-0010

The full text is available here:

<https://doi.org/10.3138/jmvfh-2022-0010>

ABSTRACT

This study looked at the use of dialectical behaviour therapy (DBT) skills group training with military personnel. DBT skills group training teaches coping skills to manage emotions; it has been well researched and used effectively with civilians and Veterans, but less is known about its use with military personnel.

The General Mental Health (GMH) clinic receives a large volume of referrals for military personnel who have difficulty with coping skills and managing emotions. On the basis of previous research, a modified DBT skills group therapy program was developed for the clinic to offer an efficient, effective treatment program for these clients in this busy clinic. Military personnel may be a particularly good fit for this type of group-based treatment because they are familiar with working in small group settings. This treatment can also allow for a timelier return to work, minimizing interruptions to military deployments and operations. Study results showed that program participants had lower levels of depression and a greater ability to manage emotions and cope more effectively after the program. Treatment gains were largely maintained at six-month follow-up. This research suggests that DBT skills group training may be an effective treatment for military personnel.

Dialectical behaviour therapy (DBT) skills training is an evidence-based intervention for patients with emotion dysregulation or personality disorder. There is a dearth of research investigating DBT with active duty military populations. The purpose of this study was to develop and evaluate the feasibility of a DBT skills training program for active duty military members.

The 16-week program teaches four core skills: mindfulness, distress tolerance, emotion regulation, and interpersonal effectiveness. A quasi-experimental design was used, including pre and posttreatment questionnaires and focus group discussion. Participants completed the Patient Health Questionnaire-9 (PHQ-9), General Anxiety Disorder-7 (GAD-7), Difficulties in Emotion Regulation Scale (DERS), and Borderline Evaluation of Symptoms over Time (BEST).

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HIGHLIGHTING APNS MEMBER RESEARCH: Chimène Jewer, R.Psych.

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Fifteen patients were referred to the group, and 9 completed treatment. Paired t-tests indicated that depression, anxiety, and emotion dysregulation significantly decreased with treatment (PHQ-9, GAD-7, and DERS; $p < 0.01$). Follow-up evaluations at 6 months posttreatment found that treatment gains were largely maintained, except for anxiety. Participants reported that coping and emotional regulation skills training were beneficial.

The findings suggest that DBT skills training groups for active duty military members are feasible.

Chimène Jewer, MSc, RPsych, is a psychologist at Canadian Forces Base Halifax. She has more than 17 years of experience in military and civilian settings. Jewer is also a clinical associate at Dalhousie University and incoming president-elect of the Association of Psychologists of Nova Scotia. She is past recipient of an award for Outstanding Early Career Psychologist and a Social Sciences and

Humanities Research Council graduate scholar. Her research interests include dialectical behaviour therapy skills training with military and delivery of mental health care.

Ashleigh Forsyth, MSc, served more than five years in the Canadian Armed Forces. She completed an undergraduate degree in psychology from Thompson Rivers University and a Master of Science from Queen's University. Forsyth is currently completing her PhD at the Centre for Neuroscience Studies at Queen's University (2023). In 2015, she received the Royal Canadian Legion's Masters Scholarship in Veteran Health Research. Forsyth's research interests include novel mental health programs for military members and Veterans to treat or prevent operational stress injuries.



Get involved in APNS

Our committees
are always looking
for new members.

If you want to find out more
about volunteer opportunities
with APNS please contact
Susan at apns@apns.ca

Reports

CONTINUING EDUCATION: UPCOMING WORKSHOPS 2023

The main focus of this issue of the *Nova Scotia Psychologist* is to feature our plans for upcoming workshops for 2023.

After over two years of no workshops at all, we have begun to ramp up to our regular schedule of workshops.

The pandemic taught us all a lot about doing Zoom and Teams meetings and presentations. With this knowledge we plan to offer a hybrid of full-day and half-day, in-person workshops and on-line webinars,

We were a little nervous about our first in-person workshop being held in October, 2022.



Would psychologists want to attend an in-person workshop? Would we be able to go back to our usual format?

Judging from the response to that workshop: ***Foundations of Cultural Competence, Cultural Humility, and Culturally-Informed Practice*** presented by Dr. Ben C. H. Kuo, the answer was yes, absolutely.

For those of you who were not able to attend, we have invited one of the attendees, and member of the APNS Culture & Diversity Committee, Hilary Green, to provide us with her review. Following that is information on up-coming workshops and webinars for 2023. If there is a particular topic or speaker that you would like to see, please contact apns@apns.ca.

REVIEW: Creating a Culturally Safe Space in Clinical Practice: An Introduction to Cultural Competence, Cultural Humility, and Culturally-Informed Therapeutic Care ~ Hilary Green, R.Psych.

In October, APNS hosted Dr. Ben Kuo, Full Professor of Clinical Psychology at the University of Windsor and a Licensed Psychologist in Ontario, to lead a workshop on culture and diversity in clinical practice. This was APNS' first in-person training since before the pandemic and it was great to be able to all be together after such a long hiatus!

The two main frameworks that were the foundation of the training were cultural competence and cultural humility. It is important to have skills and knowledge around specific culture and diversity issues, including understanding and acknowledging that these populations experience a great deal of inequity and unmet needs in healthcare leading to a lack of access to adequate care, understandable mistrust in providers/the system, and higher incidences of mental illness, addiction, and suicide.

Beyond skills and techniques, cultural competence and humility is a way of being and being with, which includes an awareness of our attitudes and

beliefs, perspectives and values, power and privileges, and implicit and explicit biases. We were able to see how our own experiences and cultural and identity factors influence our work with clients, which was very valuable.

Using examples from research and clinical practice, we explored ways of making our offices and settings more culturally safe, that no matter what work we do cultural adaptations and attunement should be imbedded into and actively integrated into the therapeutic process.

There was also an important emphasis on social justice and advocacy for our clients. Modalities and goals of therapy or assessment should recognize the unique experiences, histories, identities, and values of the client on individual, systemic, and universal dimensions through a multicultural lens.

Examples of how to do this included opening up dialogue with clients about culture and its

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APNS WORKSHOPS 2023: The Minds, Lives and Motivations of Mass Attackers

As a result of the long-standing association with APA, APNS has been able to partner with the Council of Executives of State and Provincial Psychological Associations (CESPPA), a division of APA to participate in what we expect will be an ongoing series of webinars. The first, *Don't Let the "TR" Fool You: The DSM-5-TR is Far More Than a Text Revision* presented by Dr. Greg Neimeyer was very successful.

The next is *The Minds, Lives and Motivations of Mass Attackers*, presented by Dr. Peter Langman, Friday, January 27 – 3 pm to 6 pm Atlantic time

This webinar will start with a review of the justifications cited by perpetrators of mass attacks, as well as a consideration of underlying psychological dynamics. Next, 3 psychological types of mass attackers will be presented to demonstrate the intersection of their internal dynamics and life experiences. Then, 4 additional cases will be reviewed to highlight the variability in functioning among perpetrators and the need to look

behind superficial accomplishments to detect risk factors for violence.

Course Objectives:

At the conclusion of this course, participants will be able to:

1. Identify three psychological categories of mass attackers.
2. Explain the role of identity issues and aspirations in mass attackers.
3. Discuss the intersection of psychological dynamics and life experiences as risk factors for violence.

Audience

This workshop is open to Psychologists and Psychology students and other health professionals with an interest in the topic.

The registration brochure is available here.

<https://apns.ca/wp-content/uploads/2022/11/WEBINAR-Mass-Attackers.pdf>

REVIEW: Creating a Culturally Safe Space in Clinical Practice: An Introduction to Cultural Competence, Cultural Humility, and Culturally-Informed Therapeutic Care ~ Hilary Green, R.Psych.

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importance in helping the client feel seen, safe, and understood, incorporating questions in our intake or assessment/alliance building process, and broaching the topic of cultural differences between us and our clients and inviting feedback.

The Culture and Diversity Committee will continue to help support APNS in bringing more workshops on culture and diversity topics,

including hopefully having Dr. Kuo back in the future! He brought a wealth of knowledge and experience from his research, teaching, and clinical work and made the material interactive and safe to explore amongst peers.



Reports

CONTINUING EDUCATION 2023: Building Intercultural Competence - January 20,

We are pleased to partner with the Immigrant Services Association of Nova Scotia (ISANS) to present ***Building Intercultural Competence*** presented by Colleen Belle, M.A., Coordinator, Welcoming Communities Program ISANA.

Friday, January 20, 2023 – 9 am to 4 pm.
Venue: Dalhousie Student Union Building, 2nd FL., 6136 University Ave, Halifax.

Description

As Nova Scotia becomes more culturally diverse, it is important to learn how to welcome, work with and serve immigrants so that we can build a better community together, create safer spaces, and provide more inclusive clinical/medical care. This full-day introductory workshop is designed with an immigrant lens, and will include concepts such as intersectionality, implicit bias, micro-aggressions, culture, cultural awareness, cultural humility, cultural sensitivity, and equity, diversity & inclusion (EDI).

It will be an interactive session, utilizing numerous modalities such as quizzes, videos, activities, small break-out sessions, and large group discussions.

This will be an opportunity for you to:

- Increase your understanding of settlement and integration barriers
- Explore practical ways to welcome and support new immigrant clients and colleagues
- Develop intercultural skills for caring for and working with new immigrants

Audience

This workshop is open to Psychologists, Psychology students, as well as other health professionals with an interest in the topic.

The registration brochure is available here.

<https://apns.ca/wp-content/uploads/2022/11/Building-Intercultural-Competence.pdf>

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APNS WORKSHOPS 2023: When You Dread Your Next Session - June 9, 2023

(Continued from page 10)

This year we will be holding our Annual General Meeting as an in-person event. It will be held the same day as our next in-person workshop.

When you dread your next session: Applying DBT principles to therapy with clients that leave you feeling helpless, demoralized, and resentful is presented by Dr. Jacquie Cohen & Dr. Marie-Eve Couture.

Friday, June 9, 2023 - 9 am - 4:30 pm.
Venue: Dalhousie Student Union Building,
Room. 307, 6136 University Ave, Halifax.

Dr. Jacquie Cohen, R.Psych., is the Provincial Leader of Training and Education and for NSH's Mental Health and Addictions Program.

Dr. Marie-Eve Couture, Psychologist, Candidate Register, has worked at the Borderline Personality Disorder Treatment Program at NSH for nearly 5 years.

Description

We all work with clients who test our capacity to connect with them, feel compassionate, and act competently. Clients may present as relentlessly hopeless, passive, and incapable. They may direct their anger toward us or accuse us of being ineffective. Or they may be especially high-risk, causing us to worry that they will harm themselves or someone else, and that we will face professional or legal consequences.

These behaviours can leave us feeling anxious, ashamed, and resentful, resulting in us emotionally detaching and giving up. How do we manage this?

Dialectical behaviour therapy (DBT) provides a model. But doesn't DBT require multiple modes of treatment and intensive consultation? What do clinicians do when they don't have such a structure in place?

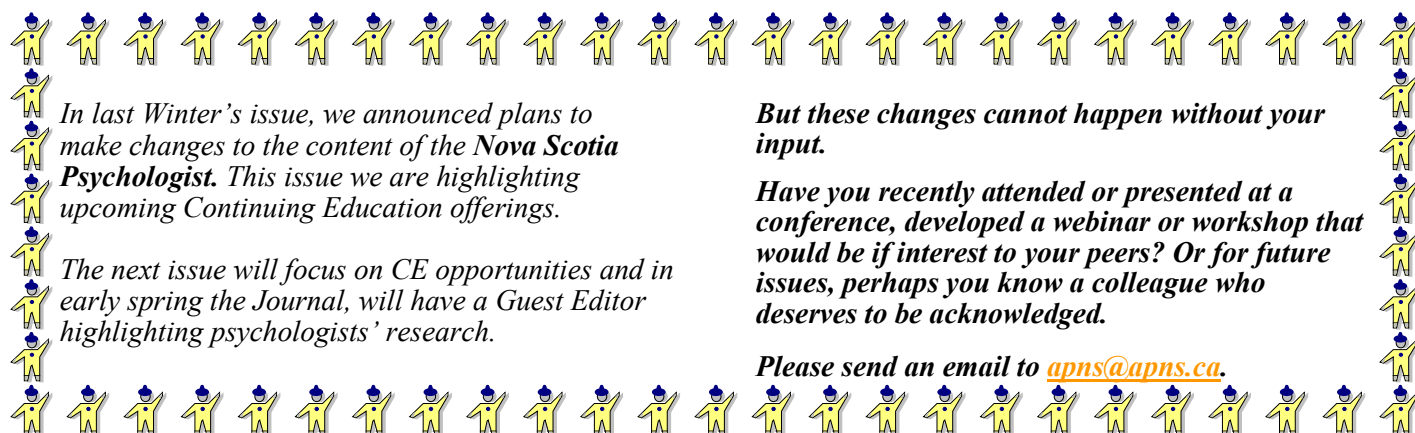
This workshop will present principles and strategies from DBT that clinicians can integrate into their therapeutic work with so-called "demanding" clients. Participants will learn to apply DBT's biosocial model to their own experience and use acceptance, change, and dialectical paradigms to treat their own burnout and strengthen their capacity to work with the clients that most challenge them.

Audience

This workshop is open to Psychologists, Psychology students as well as other mental health professionals with an interest in the topic.

Watch for the registration brochure coming soon. For more information please contact:

apns@apns.ca



In last Winter's issue, we announced plans to make changes to the content of the Nova Scotia Psychologist. This issue we are highlighting upcoming Continuing Education offerings.

The next issue will focus on CE opportunities and in early spring the Journal, will have a Guest Editor highlighting psychologists' research.

But these changes cannot happen without your input.

Have you recently attended or presented at a conference, developed a webinar or workshop that would be of interest to your peers? Or for future issues, perhaps you know a colleague who deserves to be acknowledged.

Please send an email to apns@apns.ca.

Reminders

MEMBERSHIP RENEWAL

The APNS Membership term is September 1st to August 31st.

- * If you have **not yet renewed** please contact apns@apns.ca or 902-422-9183 now.
- * If you have renewed but **have not received your receipt** please contact admin@apns.ca.
- * If you do **not intend to renew** please also let us know.

You have several options for payment:

- * You may pay over the phone by calling 902-422-9183 between 7 am and 2 pm.
- * If you recently paid by credit card we may have your number on file; we need you to give permission for this to be processed.
- * You may pay by e-transfer to apns@apns.ca
- * If you are **unsure about your membership status** please contact admin@apns.ca.

Volunteering with APNS

Active committee members receive a volunteer voucher that may be used for any APNS workshop or APNS membership fees.

Please also note that participation in an APNS committee can count towards your NSBEP Continuing Competence credits.

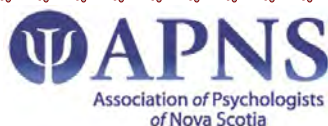
Voucher value:

- Executive Committee Members - \$175
- Chairs of Other APNS Committees - \$100
- Committee Members - \$50
- APNS Designated Representatives - \$100

Criteria:

- Volunteer must have served for a minimum of 1 year.
- Volunteers must take an active role in the committee.
- Volunteers accrue no more than \$250/year in benefits.
- Benefits must be used within 1 year of being awarded.

We have some interesting opportunities for you.
For more information please contact apns@apns.ca



Welcomes its Latest Members as of December 15, 2022

Alicia Berze-Butts, M.A.
Jamesie Coolican, Ph.D.
Faith Comeau, M.A.S.P.
Stéphanie Deveau, M.A.
Jordan Ferguson, M.Sc.
Jeannine Guenette, M.Sc.
Pascale Haidar, M.A.S.P.
Noah Hann (student)

Anastasija Jemcov (student)
Sarah Lewis, M.A.S.P.
Rhonda McInnis (student)
Miguel Robichaud, Psy.D.
Toni Spinella (student)
Aleksandra Usyatynsky, Ph.D.
Rhona Wolkins, Ph.D.

We would like to thank the membership for supporting APNS in its efforts to promote the interests of Nova Scotia psychologists through advocacy, continuing education and the support of special interests in the field.

Congratulations to the following who have recently become Registered Psychologists*

Kerry Bernes, Ph.D.
Olivia Brown, M.A.
Hayley Ellwood, Psy.D.
Georgina Faddoul, M.A.
Jeremy Frank, Ph.D.
Ivy-Lee Kehayes, Ph.D.
Jennifer Khoury, Ph.D.
David Kurzman, Ph.D.
Breanna Lane, Psy.D.

Lynn MacKenzie, Ph.D.
Robyn McClure, Ph.D.
Jacqueline Meisner, M.Sc.
Shea O'Bertos, M.Sc.
Tammy Piers, M.Sc.
Chelsea Quinlan, Ph.D.
Annie Richard, Ph.D.
Gregory Williams, Ph.D.
Rhonda Wolkins, Ph.D.

Congratulations to the following who have recently become Candidates*

Sara Bartel, Ph.D.
Alicia Berse-Butts, M.A.
Allison Britten, M.A.S.P.
Debra Campbell, Ph.D.
Faith Comeau, M.A.S.P.
Erin Dempsey, Ph.D.
Stéphanie Deveau, M.A.
Jordan Ferguson, M.Sc.

Sarah Goegan, Ph.D.
Pascale Haidar, M.A.S.P.
Sarah Lewis, M.A.S.P.
Ioan Mahu, Ph.D.
Kathleen Merwin, Ph.D.
Aleksandra Usyatynsky, Ph.D.
Matthew Wakefield, Ph.D.

**This information provided by NSBEP as of December 15, 2023*

Advertisements

PSYCHOLOGY POSITIONS AVAILABLE IN NOVA SCOTIA

You may also visit the full listings on the APNS website.

<https://apns.ca/Publications/career-opportunities/#main>

Office space available — Bedford

Office rental for an individual professional practitioner in a furnished psychologist office at Sun Tower. <https://apns.ca/publications/news/office-space-available-bedford/>

Office space available—Halifax

Office space is available in our lovely Hydrostone-area building, in Halifax's vibrant north end. <https://apns.ca/publications/news/office-space-available-part-time-full-time-halifax/>

Annapolis Valley Psychological Services are seeking Registered Psychologists and a Psychologist (Candidate Register) to provide evidence-based psychotherapy and assessments to adult clientele, but also to further expand our services to include children, adolescents, couples, groups, and families. <https://www.annapolisvalleypsychologicalservices.ca>

Dr. C.K. Perrier & Associates is currently recruiting psychologists to join our team as full-time or part-time associates, working out of our new office at 1687 Bedford Highway. <https://www.perrierwellness.ca>

Dr. Daniel Chorney & Associates is currently seeking a PhD or PsyD in Psychology (Clinical or Counselling Psychology). <http://www.chorneyandassociates.com>

Dr. Nina Woulff, Psychologist & Associates has an opening for a mature Associate Psychologist with well developed clinical skills, who can provide therapy for adult clients. The position entails at least 18-25 client therapy hrs/week with the possibility of additional hours. <https://drnina.ca>

Dr. S Gerald Hann Psychological Services are seeking qualified applicants to work as contract psychologists at our practice. We have immediate opportunities for clinical, school and counselling psychologists to provide services across the lifespan. <https://hannpsychologicalservices.com>

PSYCHOLOGY POSITIONS AVAILABLE IN NOVA SCOTIA

You may also visit the full listings on the APNS website.

<https://apns.ca/Publications/career-opportunities/#main>

Fenwick Psychology and Wellness Associates is growing and we are hoping to welcome a Psychologist with an interest in working part-time (with potential for full-time) with adults or children in our practice.

Greenleaf is expanding and we are now accepting applications for full-time and part-time psychologists who wish to join our practice. <https://www.greenleafpsychological.com>

Marsh-Knickle & Associates would like to invite a Registered Psychologist who works with Children and Adolescents to join our team of independent practitioners. <https://www.marshknickleandassociates.com>

Mindful Therapies Inc. is now recruiting Psychologists (Registered or Candidate Register) who wish to join our practice in the heart of Dartmouth, Nova Scotia. <http://www.mindfultherapies.org>

Power Psychological Services is now hiring Psychologists (Registered or Candidate Register) who wish to join our private practice team in Truro, Nova Scotia. We have openings for part-time and full-time employment. <https://powerpsychservices.ca>

Seagram and Associates / Landing Strong are currently looking for a part-time/full-time Registered Psychologists. We want someone who is interested in being a leader within this evolving organization. <http://seagramassociates.com> / <https://landingstrong.com>

True North Psychological Services is seeking both Masters or Doctoral level Psychologists and Masters Level Social Workers (MSW) with an interest and experience working with individuals and families impacted by trauma to join all three of our practices in Nova Scotia (e.g., New Minas, Halifax and Kingston). <https://truenorthpsychological.com>



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Please contact the chair or APNS office for further information or to communicate changes to the list of committees & representatives.

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GROUPS

Child & Adolescent Psychology Interest Group (CAP-I) is comprised of psychologists who work with children and adolescents and their families. Meetings are bi-monthly during the academic year to share information on topics of interest and to provide an opportunity to get to know our colleagues who work in a range of settings (schools, hospitals, universities, private practices, forensic settings, etc).
Penny Corkum, Chair

Early Career Psychologist Group

Ena Vukatana
Julie Wershler

Contact the APNS Office for more info on how to become involved in APNS committees.

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For more information contact apns@apns.ca

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