

Understanding Paramedic & Crown Attorney Culture & the Impact of Trauma

This workshop is a collaboration between **EMC**, the **NS Public Prosecution Service (PPS)** and **APNS**, in response to a need for psychologists across Nova Scotia, who are trained and skilled in evidence-based treatments for PTSD, as well as having an awareness of the culture of paramedics and Crown Attorneys. The goal is to develop a **Registered Roster of Service Providers** for referral by EMC and PPS in the Annapolis Valley and SouthWest Nova area.

Workshop Overview:

The program will be divided into four sections:

1. A review of the culture facilitated by paramedics and Crown Attorneys. Also, participants will be able to have an experiential experience in the paramedic and legal environment.
2. Assessing and Diagnosing PTSD
3. Treatment of PTSD
4. Vicarious Traumatization

The facilitator will incorporate clinical examples to provide a context to help participants better understand the nuances of this illness on the lives of people being treated.

Learning Objectives:

- To better understand the culture of paramedics and Crown Attorneys in NS
- To gain a clearer understanding of diagnostic criteria for PTSD to facilitate an accurate diagnosis
- To facilitate a broader understanding of empirically-based treatments for PTSD
- To provide direction on how to apply the “gold standards” in the treatment of paramedics and Crown Attorneys.
- To better understand the potential impact on the provider when working with people suffering from the impacts of trauma.

Audience:

Open to registered or candidate registered psychologists who have some experience with treatment for PTSD.

Once participants complete this workshop and meet the established criteria, they may be placed on a **Registry of Recognized Service Providers**.

Registry Criteria:

1. Registered with NSBEP
2. Demonstrated experience and training in 1 or more of the following therapies (as per APA).
 - Cognitive Behavioral Therapy (CBT)
 - Cognitive Processing therapy (CPT)
 - Cognitive Therapy (CT)
 - Prolonged Exposure Therapy (PE)
 - Brief Eclectic Psychotherapy (BEP)
 - EMDR
 - Narrative Exposure Therapy (NET)
3. Participation in this or similar approved event
4. Completion of a subject matter expertise screening exam overseen by APNS.

Schedule:

- 8:45 am - Check-in/Refreshments
- 9:00 am - Introductions
- 9:15 - 10:45 am - Paramedic culture
- 10:45 am - 12:15 pm - Crown Attorney culture
- 12:15 pm - Lunch (included in fee)
- 1:00 - 2:30 pm - Paramedic and Crown experiential
- 2:30 pm - Break
- 2:45 to 5:30 pm - Psychological treatment of PTSD
- 5:30 - 5:45 pm - Session wrap-up

For more info contact apns@apns.ca

Understanding Culture & the Impact of Trauma

Facilitated by Dr. Dion Goodland, R.Psych

with Katherine Houde, ACP, Carla Ball & Mark Heerema, Crown Attorneys

Friday, October 27, 2023 - 9 am - 6:00 pm

Maritime Express Cider Co., 325 Main St., Kentville, N.S.



Dr. Dion Goodland completed his BScH at Acadia University in 1992 and his MA (1994) and PhD (2001) at the University of Windsor (ON). As part of his academic training, he worked for two years at the Detroit Medical Center and Wayne State University's Department of Medicine and Behavioural Sciences. During that

time, he completed assessments and treatment at Detroit Receiving Hospital, at that time the largest trauma-specific hospital in the US. After completing his training, Dr. Goodland moved back to eastern Canada and has worked in several clinical positions in Halifax and Truro. From 2002 to 2014, he worked at the Operational Trauma and Stress Support Centre (OTSSC) at CFB Halifax, where the focus was operationally-related psychological injuries, such as PTSD. He served as the Psychology Practice Leader and participated in recruiting and training new staff as well as supervised the clinical training of several psychology graduate students. Since April 2014, Dr. Goodland has been in full time private practice, and continues his focus on assessing and treating individuals with a diagnosis of PTSD. His clientele almost exclusively consists of currently serving and retired members of the military and the RCMP. In addition to his clinical work, Dr. Goodland has done several presentations and workshops related to assessing, diagnosing, and treating PTSD as well as vicarious traumatization.



Katherine Houde is an Advanced Care Paramedic (ACP) based in Dartmouth. She is a District Operations Supervisor for Emergency Health Services (EHS). Katherine has been a paramedic for over 25 years. She has practiced in different provinces and has held various positions

both in the field and within the leadership. Katherine has been and educator, a clinician, a supervisor and always an advocate for the profession



Mark Heerema is a Senior Crown Counsel in Halifax. He has worked in the Special Prosecutions Section of the Nova Scotia Public Prosecution Service since 2007. As a Crown Attorney, Mark has prosecuted cases involving a full-range of Criminal Code offences at all levels of court here in Nova Scotia.

Mark graduated with a Bachelor of Arts from Augustana University College where he majored in psychology. He subsequently graduated from Dalhousie Law School. Mark was named a Rt. Honourable Paul Martin Scholar and attended the University of Cambridge where he graduated with an LL.M. in 2006.

Mark has co-authored two books in the area of criminal law and has published various academic articles. He has taught at the Schulich School of Law and is a frequent lecturer to various justice system stakeholders. In 2017, Mark was awarded the John Kable QC Young Justice Professional Award by the International Society for the Reform of Criminal Law.



Carla Ball is a Senior Crown Attorney in Halifax. She has worked in this capacity since 2008. She prosecuted throughout Nunavut for the Public Prosecution Services of Canada, and in Calgary, Alberta for the Alberta Crown Prosecution Service, before she joined the Nova Scotia Public Prosecution

Service in 2013. Carla has prosecuted a full range of Controlled Drugs and Substances Act offences, and Criminal Code offences.

Carla graduated with a Bachelor of Arts in political science from Saint Mary's University, and an Master of Arts from Dalhousie University focusing on international relations and transitional justice. She graduated from Dalhousie Law School in 2006 and was awarded the William Johnston Grant QC Memorial Award. Carla was a board member for the Amaat Restorative Justice Society in Nunavut, and a steering committee member for the CONNECT Family and Sexual Abuse Network in Alberta. She participated in editing the Alberta Department of Justice Sexual Assault Handbook – for Police and Prosecutors in Alberta. She co-edited Chapter 18 on Jury Trials of the 9th edition of the text From Crime to Punishment. She has guest lectured at the Nunavut Arctic College law program and various police agencies including the RCMP, Calgary Police Force, Tsuut'ina Nation Police Services and the Halifax Regional Police.





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Association of Psychologists of Nova Scotia

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Presented by the Association of Psychologists of NS, EMC Inc. & NS Public Prosecution Service

Understanding Culture & the Impact of Trauma - Friday, October 27, 2023

Fees

APNS Members \$ 185
Registration after October 1st \$ 200

Please indicate any food sensitivities or mobility issues:

Contact:

Name

E-mail

Phone

Payment:

MasterCard or Visa only

Credit Card #

Expiry Date

Or e-transfer to apns@apns.ca

Deadline for registration - Noon, Oct. 25th. Please contact APNS to reserve space. A non-refundable admin fee of \$35 will be charged for all cancellations. Notification must be received by APNS **one week** prior to the workshop to be eligible for a refund. Participants may name a colleague to attend in their place at no extra cost. This person must be named before the day of the workshop.

Association of Psychologists of Nova Scotia
Suite 645, 5991 Spring Garden Road
Halifax, NS B3H 1Y6
Phone: 902 422 9183 Fax: 902 462 9801
apns@apns.ca • www.apns.ca

