

Telepsychology Panel: Managing the Challenges

Workshop Overview:

The number of psychologists using telepsychology have increased dramatically in the past five years. This panel brings together several psychologists from various areas of practice to discuss their experiences and issues with telepsychology in Nova Scotia today.

Below is a general outline of the topics we plan to address. In addition to discussion among the panelists, we will open the floor to the audience for questions, comments and will organize discussion groups, both in person and on-line.

Agenda:

1. Brief history and background on Telepsychology, with current evidence of efficacy.

2. CPA Telepsychology Guidelines (2023). Follow up Q & A.
3. New Association of Canadian Psychology Regulatory Organizations (ACPRO) guidelines in process. Follow up Q & A.
4. Teleassessment
5. Ethical considerations of Telepsychology. Addressing consent, confidentiality, and adapting therapeutic practices for virtual care.
6. Discussion – break-out groups. Each group will be asked to discuss and identify risks, benefits and ethical issues encountered when practicing telepsychology, then report back to the larger group for further discussion.

Audience:

This workshop is appropriate for registered psychologists and psychologists in training.

The panel is followed by the APNS Annual General Meeting and Award Ceremony; participants are invited to stay for lunch.

For more information about this workshop please contact: apns@apns.ca



Telepsychology Panel: Managing the Challenges - A half-day hybrid panel discussion

Friday, May 31, 2024 - 9 am - 12:30 pm, Dalhousie University, McCain Bldg., Room 2130, Halifax (or by Zoom)

Dr Marcie Balch, R.Psych. is a Clinical Psychologist and the Professional Practice Leader for Psychology at the IWK. In her clinical role, she provides assessments and intervention services for children, youth and families and was actively involved in pivoting to virtual care in Mental Health and Addictions during the pandemic. In addition to this, she works in a virtual private practice serving clients out of Ontario and teaches a web-based course at Saint Mary's University.

Dr. Elizabeth Church, R. Psych, is Professor Emeritus at Mount Saint Vincent University in Halifax and in clinical practice with Genest MacGillivray Psychologists. Previously, she was a faculty member in School Psychology (2003-2023), and VP Academic and Provost (2010-2019) at Mount Saint Vincent University and a faculty member at Memorial University of Newfoundland 1987-2003. In her research, she has focused on women in families and has been actively involved in community and professional service, including most recently as Chair of the CPA Working Group on Telepsychology Guidelines, Guest Co-Editor of the Synopses Special Issue on Telepsychology in 2023, and a Board member for the CPA and the Canadian Mental Health Association (NS). She was also Board Chair at Phoenix Youth, Chair of the Quality Assurance Committee of the Maritime Provinces Higher Education Commission (MPHEC), and Chair of the CPA Education and Training Committee. She is a Fellow of the CPA.

Carlye Smith-Burke, R.Psych. is a registered psychologist and a current member of the APNS. Carlye completed her Master of Arts in School Psychology from Mount Saint Vincent University in 2010 and worked as a psychologist with the Chignecto-Central Regional Centre for Education from 2010 until 2021. During her time with the school board, Carlye provided psychological services for the Colchester East Hants ADHD Clinic in collaboration with the school board and the Child, Adolescent, and Family Service (Mental Health Clinic, CEHHA). In addition to her role in the CCRCE, Carlye has been working in private psychology practices since 2011 and has been operating Smith-Burke Psychology since 2019. Carlye specializes in comprehensive psychological assessments with children, adolescents, and young adults.

Dr. Natalie Stratton, R.Psych. is a clinical psychologist working as a full-time faculty member within the Department of Psychology and Neuroscience at Dalhousie University and the co-director of Coastal Psychology in Halifax, NS. She received her Ph.D. in Clinical Psychology from Toronto Metropolitan University (formerly Ryerson University; Toronto, ON) and completed her pre-doctoral residency at the Nova Scotia Health Authority (Halifax, NS). Dr. Stratton specializes in the delivery of evidence-based treatments, specifically Cognitive Behavioural Therapy (CBT) and Dialectical Behaviour Therapy (DBT) and provides psychological services to adults and couples. Dr. Stratton enjoys providing trainings and supervision to healthcare students and professionals.

Moderators (On-line and in person)

Dr Robin McGee and

Tracy Whittaker Taggart, R.Psych., graduated in 2000 and began working for the Chignecto Central Regional Center for Education. She has been a practicing School Psychologist for almost 24 years, and is currently working as both a School Psychologist and a Behavior Specialist. Tracy also works in private practice focussing on assessments for learning disorders and ADHD. She has taught in the Masters of Education program, and for several years taught graduate students in the School Psychology program at Mount Saint Vincent University. Tracy has been an advocate for School Psychologists and was president of the Psychologist in Schools Association for 3 years. Tracy currently serves as Vice Chair on the Nova Scotia Board of Examiners in Psychology.

Schedule:

8:30 am - Registration -- Refreshments will be available
9:00 am - Workshop begins - Introductions
10:30 to 10:45 am -- 10-min Refreshment Break
10:45 - Workshop resumes
12:15 to 12:30 pm -- Wrap-up
1:00 pm -- Lunch with the AGM
3:00 to 6:00 -- ED's 'Drop-in' Retirement Reception

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APNS Members \$150
Non-Members \$160
Student APNS Members \$ 25

* APNS Student membership is free. Join now by emailing admin@apns.ca

*Are you a student who would like to attend this workshop, but has limited funds? Contact us, we may be able to help.

Are you attending

In person? Or on-line?

Do you have any food sensitivities?

Do you have any mobility issues?

Name

MasterCard or Visa

E-mail

Credit Card #

Phone

Expiry Date

You may pay by e-transfer to admin@apns.ca

Deadline for registration - 12 noon, May 29.
Please contact APNS to reserve space. A non-refundable admin fee of \$15. may be charged for all late cancellations. Notification must be received by APNS 2 days prior to the workshop to be eligible for a refund.

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